

WIN AWENEN NISIT'OT'UNG

Official newspaper of the Sault Ste. Marie Tribe of Chippewa Indians



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Binaakwe Giizis • Falling Leaves Moon

Cathy Abramson joins the National Indian Health Board

WASHINGTON, D.C. – As hundreds of American Indians and Alaskan Natives visited the nation's capitol to engage in the discussion about health care reform, Cathy Abramson of the Sault Ste. Marie Tribe of Chippewa Indians was introduced as the newest member of the National Indian Health Board (NIHB) during the organization's 26th annual consumer conference in Washington, D.C., last Sept. 14-18.

Abramson will represent the tribes of Michigan, Wisconsin and Minnesota on the NIHB. She has a bachelor of science degree in business administration and was elected to the Sault Tribe's board of directors in 1996 representing Unit I.

"The greatest gift the Creator has given me is my family," said Abramson, who has demonstrated a strong commitment to her community by serving on her tribe's committees on traditional living and foods program planning, culture, higher educa-



tion, conservation and serving as an advisor to Sault Tribe's youth councils.

Abramson served as a moderator in this year's conference for a session on contract support costs, about how chronic funding has starved the Indian Health Service delivery system and the difficulty that tribes face when they are required to come up with administrative costs support to access funds through the Indian Self-Determination and Education Assistance Act.

"We are excited about Cathy's appointment to the our board," said Stacy Bohlen, NIHB executive director. "She brings a wealth of knowledge and enthusiasm to the board and understands the difficulties tribal programs have in accessing funds to provide for the basic health care needs of their people."

Bohlen also noted that Abramson's service on the Tribal Leaders Diabetes Committee has benefited Indian Country through formulating recommendations to address this critical health issue.

Members of the NIHB attend quarterly meetings and carry out assigned duties, which may require traveling.

It is important to note that all travel that NIHB members take on behalf of the organization is fully paid by National Indian Health Board under strict federal guidelines set by the Government Service Administration.



Photo by Brenda Austin

Courtenay and Bryce Carr, 3, at the September employee dress down picnic. Behind them, Carol Pavlat checks out her can of iced tea — is it really all gone?

Ghost Hunters spy out suspected spookery

Hear them go
into action on
October 30th

By Rick Smith

Been getting the heebie-jeebies from strange phenomena in your midst? Don't want to tell anyone lest they think you've gone feeble . . . or worse? Then quietly contact the Ghost Hunters, officially known as the Upper Peninsula Paranormal Research Society (UPPRS) of Michigan, at help@upprs.org.

The primary mission of the society is to investigate and research places of suspected spookery. They try to help those who want physical evidence of either paranormal activities or natural causes of any noticeable eeriness, and their services are free. The society has no similarity to *Ghost Busters*, nor are they versed in exorcisms.

The organization is based in Sault Ste. Marie and consists of nine young folks ranging in age from their late 20s to late 30s, mostly natives of the eastern Upper Peninsula. All of them hold college degrees, have livelihoods not associated with the society and the majority are long-time friends. You could almost say ghost hunting is their hobby; but that isn't accurate, all of them have hobbies normally enjoyed by many in the U.P. Their ghost hunting is



Photo courtesy UPPSR

Upper Peninsula Paranormal Research Society members (L-R) Lance Brown, Brad Blair, Jason Fegan, Ryan McLeod, Steve LaPlaut, Tim Ellis, Michelle Carrick and Matt Barr pose at the Great Lakes Shipwreck Museum.

more of a well-equipped, morbid obsession.

"Since I have been a kid, I have always enjoyed the adrenaline rush and feeling of being scared with a good ghost story, or scary movie," said field director Tim Ellis, who is otherwise part of the on-air morning crew and program director of YES-FM in Sault Ste. Marie. "I would ride my bike to the local library every day I could to check out books on ghosts, reading the same ones over and over and over. As I grew up, I never grew out of ghosts, much to the dismay of my parents, I am sure."

Ellis related how, eventually,

"instead of riding my bike to the library, we were driving our cars to old abandoned houses, trying to find a good scare. Most of the time we were just scaring ourselves, but there was always an 'incident' or two we still talk about even today."

These days, "We're the biggest skeptics of paranormal activity," said Ellis. The society's roots go back about 10 years starting with Ellis and Brad Blair. The others joined along the way over time. "We're a tight-knit group," said Blair. And the UPPRS is gaining some big-time notice. The group is a family member of The Atlantic Paranormal

Society (TAPS). The UPPRS fields requests from TAPS for services throughout the state. In addition, Ellis indicated they're coming into demand for interviews and other attention from major print, radio, television and Internet concerns.

The UPPRS conducts two types of hunts, residential and historical. Details surrounding hunts in private homes are closely guarded secrets and the hunts are conducted with great care in respect to client sensitivities. Other hunts, such as in reputedly haunted lighthouses, old schools or other public places, are more open and relaxed but still carried out with profes-

sionalism and consideration for the clients.

According to TAPS, members bring professionalism, personality and confidentiality to each investigation and understand it can be tough to call for an investigation. TAPS affiliates are not amateurs and have extensive experience. Recording devices brought to investigation scenes in homes to capture evidence of paranormal activity are used only by permission of the homeowners. All evidence and conclusions are shared with the proprietors asking for the hunts.

Ellis said the UPPRS became an official non-profit organization last year and is available for lectures and presentations.

Besides "researching to know the unknown," the UPPRS crew takes pride in supporting their favorite cause, the Chippewa County Animal Shelter. They recently conducted a bidding contest with an opportunity to go on a hunt with the society as the main prize. They've sponsored annual golf scrambles for the past three years to raise their own operating funds and to help the county's disenfranchised population of pets.

People within range of YES-FM, 99.5, in Sault Ste. Marie can hear the Ghost Hunters in action on Oct. 30 beginning at 9 p.m. Visit the Ghost Hunters online at www.upprs.org to learn all about them, their exploits and much more, including subscribing to their free newsletter, *Northern Frights*.

GET ON THE PATH

To Breast Wellness

Women Are Special And Important To Their Families.

Three Steps To Regular Breast Health Care:

- ★ **Do a self breast exam once a month.**
- ★ **Get a yearly clinical breast exam by your health care provider after the age of 20.**
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- ★ Get a yearly mammogram
- ★ Do your monthly self breast exam
- ★ Keep Spiritual balance
- ★ Maintain family harmony
- ★ Laugh often
- ★ Stay tobacco free
- ★ Walk, dance, move your body
- ★ Avoid Alcohol
- ★ Eat healthy
- ★ Share your story

What Your Sault Tribe's Kinoownaakwe "Navigator Woman" Can Do To Help You

- ★ Help you schedule appointments.
- ★ Provide or arrange transportation to and from your appointments.
- ★ Provide assistance with working through your insurance.
- ★ Help and address any of your questions or concerns.
- ★ Provide you with emotional support.
- ★ Accompany you to your appointment.

AMANDA LEONARD, LPN
(906) 632-5237
aleonard@saulttribe.net



Sault Tribe member Michelle Teeple, Traditional Dancer

Women eligible for care within the Tribal Health Clinics and meet the states eligibility requirements can apply for the Breast and Cervical Cancer Control Program (BCCCP) which assists women with the screening and treatment costs for breast and cervical cancer.



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Break the cycle of domestic abuse

BY BECKY PATZWALD, VICTIM ADVOCATE

The month of October is dedicated to shedding light on the issue of domestic violence, a universal problem hidden behind closed doors for far too long.

Although common perceptions of domestic violence are limited to physical abuse among intimate partners, domestic violence is defined as a pattern of learned behaviors by one person in a relationship used to control another. These maladapted, controlling behaviors may be manifested in various forms includ-

ing physical, sexual, emotional, economic and cultural abuse.

Domestic violence affects individuals from all walks of life; it is not restricted to certain social parameters such as age, sex, race, economic status or creed.

The National Coalition Against Domestic Violence estimates approximately one in four women will experience some degree of domestic violence in her lifetime. This exposure to abuse often leaves victims with severe emotional scars, including lower self-esteem and feelings of despair. Furthermore,

the negative implication of this exposure is not limited to the direct recipient of the abuse.

Domestic violence affects all aspects of life, including other interpersonal relationships such as family and friends as well as workplace productivity.

Now is the time to break the cycle of domestic abuse. Use your voice, take a stand.

For more information regarding the signs and symptoms of an abusive relationship and the resources available, please call the Advocacy Resource Center at 632-1808 or toll-free at (877) 639-7820.

Sault Tribe committee openings

The following are current vacancies for tribal committees. Please call Tara Benoit (906) 635-6050 for any questions.

CONSERVATION COMMITTEE — The Sault Ste. Marie Tribe of Chippewa Indians Conservation Committee has one vacant seat for a non-commercial fisherman. Interested Sault Tribe members should submit one letter of intent and three letters of recommendation to Tara Benoit at 523 Ashmun St., Sault Ste. Marie, MI 49783.

SPECIAL NEEDS/ENROLLMENT COMMITTEE — The Sault Ste. Marie Tribe of Chippewa Indians Special Needs/Enrollment Committee has four vacant seats, one in each unit, for units II, III, IV and V. Interested Sault Tribe members should submit one letter of intent and three letters of recommendation to Sault Tribe Special Needs/Enrollment Committee, attn: Tara Benoit, 523 Ashmun Street, Sault Ste.

Marie, MI 49783.

ELECTION COMMITTEE — The Sault Ste. Marie Tribe of Chippewa Indians Election Committee has one vacant seat for a four-year term. Interested Sault Tribe members should submit one letter of intent and three letters of recommendation to Sault Tribe Election Committee, attn: Tara Benoit, 523 Ashmun Street, Sault Ste. Marie, MI 49783.

HOUSING AUTHORITY BOARD OF COMMISSION — The Sault Tribe Housing Authority Board of Commissioners has two vacant seats for Unit I. One term expires in January 2012 and the other expires in January 2013. Interested Sault Tribe members should submit one letter of intent and three letters of recommendation to Sault Tribe Housing Authority Board of Commission, attn: Tara Benoit, 523 Ashmun Street, Sault Ste. Marie, MI 49783.

Now accepting applications for Odenaang lease to purchase homeownership program

BY RYAN MADIGAN, HOMEOWNERSHIP SPECIALIST

The Sault Tribe Housing Authority Lease to Purchase Homeownership Program is leasing with the option to purchase and is designed to meet a goal of homeownership for low-income families of Sault Tribe.

This program is designed to have the home paid off between 15 and 30 years. Payments are based on the value of the home and include a \$115 administration fee. Lease to Purchase homes are in Sault Ste. Marie, Kincheloe, St. Ignace and Newberry and there are now openings at Odenaang in Sault Ste. Marie.

Total household income must not exceed NAHASDA guidelines at the time of admission to the program. These guidelines are posted in the housing office as they are updated annually by the federal government.

Total household assets cannot exceed \$10,000 for a non-elderly family and \$35,000 for an elderly family. Assets include, but are not limited to, cash in checking or savings accounts, stocks, bonds, and equity in property or real estate.

If you have any questions or would like to apply, please call Dana Patrick or Ryan Madigan, homeownership specialists at 495-1450 or (800) 794-4072.

Miigwech —

The Hessel elders would like to thank Shirley Brown, Richard Hollowell, Richard Royer, Jim Huffman, Dorothy Royer, Mona Gugin, Dorothy Currie, Lilly Huffman and Mr. and Mrs. Summers for their help in making our powwow food booth a success. We would also like to thank our fine customers for coming to our booth. We hope to see you all again in 2010.

Thanks again,
Leona M. Litzner Brown

Live Music at Market Corner

The Downtown Development Authority in Sault Ste. Marie, along with Grooves Music, is providing a new musical option for the downtown area. Every Friday evening through the fall, until it gets too cold, there will be live music at the new Market Corner on Ashmun and Portage from 7 to 9 p.m. with different performers and groups.

There is no charge. Enjoy the park and stroll through beautiful downtown area while you visit the shops, restaurants and taverns along Ashmun and Portage.

For more information about the Friday night performances, call Lee Brown at the Downtown Development Authority office at 635-6973.

Annual Memory Walk Oct. 11

The second annual Memory Walk is set for Sunday, Oct. 11, 2009, at the Faith Lutheran Church on Park Place in Sault Ste. Marie. This event is an opportunity for the community to memorialize their babies and infants who have died through miscarriage, stillbirth or early infant death in recognition of October as National Pregnancy and Infant Loss Awareness Month.

Together we will listen to poems, stories and beautiful music and walk in their memory and celebrate their lives. It is a chance to spend an afternoon with others who share your experience and to create a supportive atmosphere as we recognize October as National Pregnancy and Infant Loss Awareness Month. All are encouraged to attend and make the Memory Walk a celebration of life.

Hospice of the E.U.P. Bereavement Program and WMH are hosting the Memory Walk. Registration is at 1 p.m. with the program starting at 2 p.m. For more information call the hospice office at 253-3151.

Classified advertising here!

Advertise in *Win Awenen Nisitotung* for only 25¢ a word*! Call us at (906) 632-6398 or e-mail for more information. Send in your ad and check or money order to Sault Tribe Newspaper Office, 531 Ashmun St., Sault Ste. Marie, MI 49783. Be sure to include your phone number in case of questions. Or, stop in the office with check, cash or money order (please bring the right change.)

* Any group of characters constitutes a word.

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THE SAULT TRIBE NEWS
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Brenda Austin.....Staff Writer
Rick Smith.....Staff Writer
Sherrie Lucas...Administrative Secretary

Win Awenen Nisitotung welcomes submissions of news articles, feature stories, photographs, columns and announcements of American Indian or non-profit events. All submissions are printed at the discretion of the editor, subject to editing and are not to exceed 400 words. Unsigned submissions are not accepted.

Please note the distribution date when submitting event information for our community calendar. Submissions can be mailed, faxed or e-mailed. The distribution date is the earliest the newspaper can arrive in the seven-county service area.

Win Awenen Nisitotung is not an independent newspaper. It is funded by

the Sault Ste. Marie Tribe of Chippewa Indians and is published 12 times a year. Its mission is to inform tribal members and non members about the activities of the tribal government, membership programs and services and cultural, social and spiritual activities of Sault Tribe members.

Our name: *Win Awenen Nisitotung*, in our native language, means, “One who well or fully understands,” pronounced “Win Oh-weh-nin Nis-toe-tuhng”

Visit us online: This issue can be viewed online at www.saulttribe.com beginning on its publishing date.

Subscriptions: The regular rate is \$13 per year, \$10 for senior citizens,

\$25 to Canada and \$35 to other foreign countries. Subscribe by sending your name and mailing address to the address below with your check or money order made out to the Sault Tribe of Chippewa Indians.

Advertising:

Display: \$8.50 per col. in with many discounts available. Classified: \$.25 per word. Please call or email for details.

Contact Information:

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Tribe to develop community-driven master plan

FROM THE SAULT TRIBE PLANNING DEPARTMENT

The Sault Ste. Marie Tribe of Chippewa Indians was recently awarded a grant to plan and conduct a community assessment to assist in the development of a tribal master strategic plan. The grant was awarded through the Bureau of Indian Affairs Office of Trust Services under the title of Integrated Resource Management Planning in Indian Country.

The key concept is to approach resource management as a whole systems approach by identifying natural, social, cultural and economic resources as being interrelated in that each resource affects the others. In other words, a comprehensive strategic management plan for the tribe's resources.

Grant funds will be used to bring together focus groups and develop a membership survey. The purpose of focus groups is to elicit general overall infor-

mation from four age groups regarding how the tribe should manage its resources over the next seven generations.

The information obtained from the focus groups will be used to develop a survey to the membership. The information obtained from the survey will be integrated together with external and internal information of current membership services and tribal resources for analysis and development of a master strategic plan for

the efficient use of the tribe's resources.

Focus groups will be developed and conducted over the next few months. The membership survey is anticipated to be administered about mid-winter. As an efficient and cost effective measure, a scientific random selection method will be used to develop the focus groups and administer the survey.

A team to administer the

grant consists of representatives from the various internal departments and the membership including planning and development, housing, inland fish and wildlife, culture, the executive office, youth and elders representatives. The team is responsible for facilitating focus groups and development and administration of the survey.

For more information, please call Michelle Hank at (906) 635-6050.



Photos by Rick Smith

Students in grades 1 through 4 from JKL Bahweting PSA sing a song in Anishinaabemowin about wild rice at the conclusion of their luncheon with tribal elders on Sept. 24 in Sault Ste. Marie.

Moving ?



Tribal members!

Before you move to your new address, call tribal enrollment to let them know where you are headed! That way you won't miss one issue of your tribal paper.

Call (800) 251-6597



Old timers Ray LaTour and Don Rose (L-R) chat with youngsters from JKL Bahweting PSA, from right, Autumn Jewel St. Onge, Katy Nisner and Scott Jarvis.

Sault Tribe improves, updates employment application process

FROM HUMAN RESOURCES-RISK MANAGEMENT

In an effort to improve services and efficiencies within Sault Tribe's employment process, paper applications are being phased out in favor of a new computer-based application process. Why the change? The reasons are many, but to name a few purposes:

- Improved customer service;
- More user friendly process;
- Available 24/7;
- Accessible from anywhere in the world;
- No misfiled or outdated paperwork;
- Ability for you to showcase your talents more effectively;
- Employment staff will have more time to spend with you to assist you with your job search.

Some nice features we will be able to provide is automatic notification to applicants as positions become available and speeding up communication by using e-mail.

More employers throughout the area are relying on computer-based application processes.

If we find ourselves without employment opportunities in your chosen profession, we can assist you by teaching you

vital computer skills that will allow you to continue with your employment searches.

This process will allow you to apply for openings in the convenience of your home, if you have Internet access.

If you don't have access to the Internet, computer applications stations will be made available throughout Sault Ste. Marie, St. Ignace, Hessel, Manistique, Christmas and Newberry, MichiganWorks! and public libraries nearest you are great places to access the Internet to search for employment opportunities.

Not sure where to go to access a computer? Haven't ever used a computer? Afraid the mouse might bite? We understand and we're here for you. Our friendly staff will be happy to help you.

You can reach our staff members by calling our employment offices in Sault Ste. Marie at 635-4937 and St. Ignace at 643-4176, or call us toll free at 1(866) 635-7032. We can also be reached via e-mail messages at stemployment@saulttribe.net

We look forward to hearing from you and helping you with your employment opportunities and ambitions with Sault Tribe.

JOSEPH K. LUMSDEN BAHWETING SCHOOL INVITATION TO BID

AUDIT SERVICES BID

The JKL Bahweting Anishnabe Public School Academy Board of Education and the Sault Tribe Fiduciary Committee are accepting sealed bids for audit review of the fiscal years 1995 through present.

Sealed bids will be received at the JKL Bahweting Anishnabe Public School Academy, 1301 Marquette Ave., Sault Ste. Marie, MI 49783 until 4 p.m., Oct. 16, 2009, at which time bids will be publicly opened. Bids must be sealed and clearly marked "Response to Audit Services Bid" and addressed to the attention of the School Board President and the Sault Tribe Comptroller.

Bid specifications may be found at: www.jklschool.org/rfp

The JKL Bahweting Anishnabe Public School Academy Board of Education and the Sault Tribe Fiduciary Committee reserve the right to accept or reject any bids received and are not bound to accept the low bid.

Patti Paris, School Board Secretary,
Joseph K. Lumsden Bahweting School



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Seven Feathers adopts bylaws

By RICK SMITH

Cementing the organization of the Sault Tribe Alive Youth Seven Feathers Partnership Board, the organization adopted bylaws on Aug. 28 in Sault Ste. Marie. The partnership is made up of representatives involved in aspects of supporting children and young people from throughout Sault Tribe's service area.

The primary objective of the board, according to the bylaws, is to reduce suicides and deaths among young American Indians

by developing broad support and collaboration, addressing area strengths and weaknesses in preventing suicide and developing comprehensive suicide prevention plans.

The bylaws further establish the board is a separate entity from the Sault Ste. Marie Tribe of Chippewa Indians Board of Directors and created by grant funding.

Representatives on the board must be associated with public offices, schools, community agencies, juvenile justice sys-

tems, foster care services, medical professions and the like.

Organizational and meeting rules and regulations define most of the remaining portions of the bylaws. The conclusion is a confidentiality statement requiring discretion by board members in the treatment of information received in connection with duties.

If anyone has questions or would like to join in STAY efforts, please call (906) 635-8629 or e-mail stayproject@saulttribe.net.



Photo by Rick Smith

Members of the Seven Feathers Partnership Board met on Aug. 28 in Sault Ste. Marie to adopt its bylaws and work on other matters.

Michigan tribes' purchasing alliance saves money

By BRENDA AUSTIN

SAULT STE. MAIRE, Mich. — The Northern Michigan Tribal Purchasing Alliance met for the first time in the spring of 2008 in an effort to help member tribes receive the best pricing on goods and services from vendors and suppliers.

The Alliance consists of purchasing representation from the Sault Tribe, Bay Mills Indian Community, Hannahville Indian Community, Little Traverse Bay Bands of Odawa Indians and the Grand Traverse Band of Ottawa and Chippewa Indians.

The Alliance represents 11 casinos, more than 15 food services facilities, (restaurants and delis) eight hotel/resorts, 12 health centers and three golf courses.

Bradley Pringle, director of the Sault Tribe Purchasing Department, was made the chairman and point of contact for the group. In May of 2008 the tribes met for their first project at the Grand Traverse Resort and Casino and interviewed eight office supply companies. The field was narrowed down to their current supplier at the time and Staples. Based on an analysis of the top 100 items, the decision was made to go with Staples as their supplier of choice, saving the tribes an estimated 50 percent on their annual purchases. The Sault Tribe spends about \$300,000 a year on office supplies, for an estimated savings of about \$150,000.

The Alliance meets once a month and holds weekly conference calls. Other projects they have worked on together

include switching to a local vendor for printer and copy machine toner, Ink and Toner Alternative, which has saved the tribe about 34 percent or \$48,000 a year. Bidding on casino TITO tickets used in casinos in place of cash has saved an estimated \$12,000.

Thanks to the efforts of the Alliance, Sault Tribe is in the middle of implementing a large food and beverage project. Pringle said the tribes met with the three biggest food distributors in Michigan: Reinhardt, Sysco and Gordon's Food Service (GFS). After doing some price comparisons on their top 100 items it was found that by using GFS there was an estimated six-percent savings. "Sysco was about 35 percent of our business and GFS about 60 percent. So if we move GFS up to 80 percent of our business, we will see a cost savings of about six-percent. Based on over five-million dollars worth of food a year, that could realistically be a \$200,000 to \$300,000 cost savings in our food and beverage departments," he said.

Their next project is working with slot directors and the casinos to reduce the cost of purchasing slot machines and related programming. Slot machines represent a huge portion of casino expenses. "The casinos have been looked at for a long time by vendors as an open checkbook, that if they send us an invoice we pay it. In the current economic conditions now is the time for us to take advantage of our buying power," Pringle said.

"There are many unsuccessful projects that haven't happened," said Pringle, "but we need to get credit for turning those stones. For instance, there was a green initiative around here for a while. The fact is, by the time you purchase recycled plastic containers such as bags, there was a minimum 20 percent increase in the out of pocket cost to the tribe."

The group has also reviewed and solicited local utility companies, Coke and Pepsi distributors, drug testing kits, hotel amenities, cleaning products, paper, health center suppliers, pest control, player club cards, bingo supplies, light bulbs and even travel agents.

Some vendors have solicited the group only to realize there wasn't enough buying volume for a particular product to make it cost effective to deliver their products to businesses in the Upper Peninsula. Some unsuccessful projects include vendors to dispose of medical waste, recycled plastic bags, a fish distributor from Menomonee and several Native food vendors.

Sault Tribe Construction and Northern Hospitality also made presentations to the group, offering their products and services to the other tribes. Pringle receives about 12 phone calls a week from vendors who would like to work with the Alliance.

Pringle said, "The Northern Michigan Tribal Purchasing Alliance is expecting to finish strong in 2009 and have new ideas planned for 2010 that will benefit all tribes alike."



Photo by Jennifer Dale-Buron

TRADITIONAL MEDICINE DONATION — Sault Tribe Community Health administrative secretary Brandy McCoy is pictured with a "gi-normous" wasp nest, donated to the Sault Tribe Traditional Medicine Program by Mike Burton. Burton found the nest and put it in his shop, Iroquois Grocery in Bay Mills. When people offered to buy it, Burton demurred. He decided to donate it after learning it was a medicine needed by the program.

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Mackinac Animal Aid Association is a 501C3 non-profit — all donations are tax deductible. All donations are greatly appreciated. Send to: Mackinac Animal Aid, P.O. Box 92, Moran, MI 49760

Members' business enjoys an amazing year

SAULT STE. MARIE

— This year has been an eventful year for the three Sault Tribe members who own Sault Printing Company. The company turned 40, garnered a prestigious printing award, printed for the Smithsonian's National Museum of the American Indian and printed a program for a prominent Native American golf outing featuring Notah Begay III and Tiger Woods.

Earlier this year, the business hosted an open house and dedicated its building to founders Theodore "Ted" and Barbara Maleport. Ted's Anishinaabe roots hail from Sugar Island. Now the couple's three children — Ron and Mick Maleport and Cindy (nee Maleport) Albon — own and operate Sault Printing, which has grown from a two-person enterprise in 1969 to an employer of 18.

The company traces its beginnings to Sault Ste. Marie's daily newspaper, *The Evening News*. In the 1960s, the paper operated a commercial printing business known as Sault News Printing. Ted Maleport bought the print shop when it became available, changing the name to just Sault Printing. Four decades later, the award-winning company has kept pace with changes in printing technology, added an office supply and business machines line and continues to be a family affair.

Each of the Maleport children credits their parents with instilling a work ethic that is at the root of the company's success.

"My dad always told us not to be afraid of work," recalled Mick, who manages production. Ron, who manages business operations, said the commitment to quality is traced directly to their father. "Dad was always motivated by doing things right. He believed that with hard work and commitment, you could deliver quality to the customer and that was a great lesson that guides us still today," he said.

Cindy followed her mother's footsteps into the business by taking over the bookkeeping. Cindy began working in the family business while still in high school. "My mom was very organized and she kept my father organized, too. She would always help wherever needed, which helped us to realize that you had to be prepared to do anything for the good of the business," she said.

Barbara Maleport passed away in August 2006 and Theodore in May 2008. Upon their passing, Sault Printing employees presented the Maleport siblings with a bronze plaque honoring the company's founders, which has since been affixed to the store entrance.

"I can't say enough about our staff. We have many long-term employees who are committed to our customers and they care about the quality of the services they provide to those customers. Even our more recent hires bring renewed energy and commitment to our business," Ron said. "Together it feels like one big, extended family."



Photo by Brenda Austin

Owners Cindy Albon, Mick Maleport and Ron Maleport (L-R) are celebrating Sault Printing's 40th anniversary this year and have commemorated the anniversary by dedicating the building to their parents and company founders, Ted and Barb Maleport, pictured right, at the Chippewa County Fair.

Honoring their parents, thanking their customers and celebrating with employees is important to the Maleports. "People have supported Sault Printing for all of these years and we want them to know we appreciate it. We couldn't have done it without them," Maleport said.

The company is having an amazing year. Working with Red Hand Media, owned by Osage graphic artist Ryan Red Corn, Sault Printing printed invitations with response cards, envelopes and programs, for the National Museum of the American Indian's 20th anniversary gala celebration this fall.

Sault Printing and Red Hand have worked together before. Red Corn initially found Sault Printing in a registry of Native American owned businesses and now they've done several projects together.

"We've had a great working relationship with Ryan and even recently worked with him printing a program for the Notah Begay III Foundation golf outing that Notah Begay III and Tiger Woods played in," Maleport said. The recent golf event was held in Verona, N.Y., as a fundraiser for the health and well being of Native American youth.

This year's high point in achievement for Sault Printing and staff was the 2009 Premier Print award received for outstanding achievement in the production of booklets. The graphic arts industry's largest and most prestigious worldwide 60-year-old printing competition, hosted by Printing Industries of America, recognized Sault Printing with a certificate of merit for its work on *Ghosts of the Shipwreck Coast*, a 32-page publication produced for the Great Lakes Shipwreck

Historical Society. *Ghosts of the Shipwreck Coast* is available at the Great Lakes Shipwreck Society's new location at the main entrance of the Soo Locks on Portage St.

Sault Printing was among just a few companies worldwide chosen for technical excellence.

"We are very honored to be recognized within our industry for the quality of work produced by our staff every day," Maleport said. "Our parents would have been very proud of this recognition."



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Time stands still in photo essay book on Indians

BY RICK SMITH

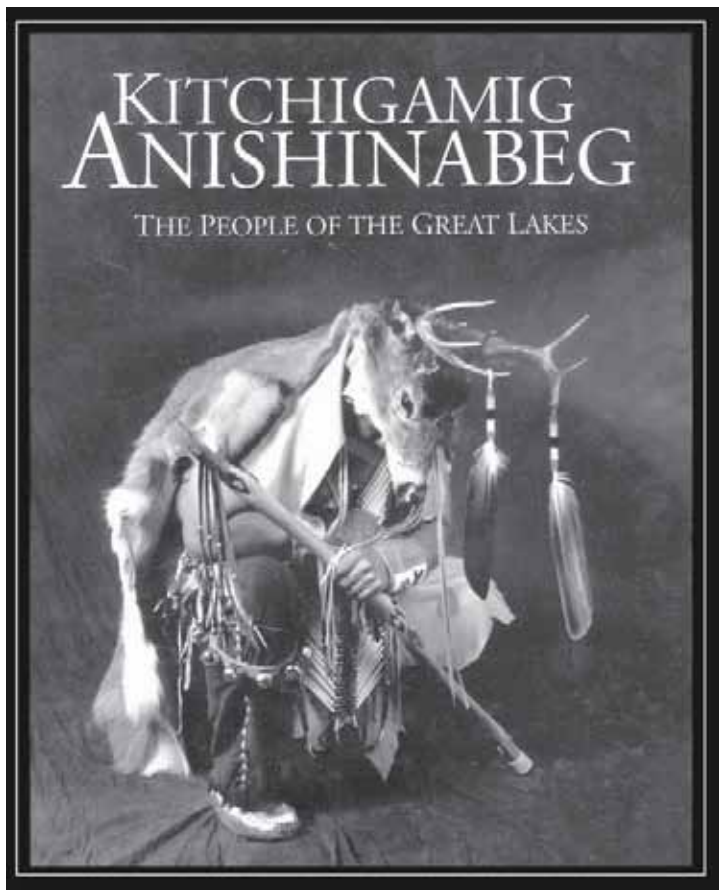
Kitchigamig Anishinabeg: The People of the Great Lakes is an eye-pleasing, 129-page, large format photo essay written by Dwight “Bucko” Teeple of the Bay Mills Indian Community with the beautiful work of professional photographer, Alan Kamuda.

The book, as Kamuda notes in the forward, “is a 1990s look at a vanishing race that never disappeared. It is an essay on the earliest settlers of the Great Lakes region and a look at their descendants.” By that he means the American Indians of the Great Lakes region.

Highlights of the book before reaching the essay include a two-page explanation on the symbolism of the Sault Ste. Marie Tribe of Chippewa Indians flag followed by introductory notes from Sault Tribe Board of Directors Representative Bernard Bouschor, who was the tribe’s chairman during the 1990s.

Teeple’s essay begins with the traditional origin story of the Great Lakes indigenous people, a brief examination of their historical periods and a short review of events in more modern times.

Following the essay, readers take in reflections on times past and present from three



elders, then the gallery of finely rendered full color portraits of young and old from near and far resplendent in traditional regalia taken during the powwow of 1994.

The handsome hardcover work concludes with a list of suggested books for further reading about American Indians

of the Great Lakes.

Kitchigamig Anishinabeg: The People of the Great Lakes lists at \$25 through the Michigan Indian Press, 531 Ashmun Street, Sault Ste. Marie, MI 49783 or through Book World, 404 Ashmun, in Sault Ste. Marie. For any inquiries, call (906) 635-6398.

NMAI awaits your company online

BY RICK SMITH

Folks at the Smithsonian National Museum of the American Indian invite you to engage in lively discussion with them about the museum’s collections, public programs or other matters important to Indian Country or yourself.

Make an online visit to www.blog.nmai.si.edu to learn of the efforts involved in producing exhibitions, research and experiences in preservation and conservation, American Indian historians, artists, community leaders and staff who help guide the museum in achieving its mission.

One can learn many aspects of many different subjects about American Indians. For example, according to the blog, a small, humble exhibit of a Mohawk pincushion generates an inordinate amount of questions from visitors because a symbol on the cushion resembles an old official emblem that represents one of the most offensively tragic developments of humanity — the swastika of Nazi Germany. The symbol on the pincushion appears to be a reversed swastika.

Anna Wilkinson, a contracted staff member of the museum’s Office of Publications, said that this particular likeness conjures particularly painful significance for groups such as Jews and may excite those who follow the Hindu or Buddhist faiths



Mohawk pincushion from the NMAI collection.

who perceive it as a harbinger of good fortune or evil. This is compounded by the fact that this particular pincushion also resembles the form of the Judaic Star of David.

In fact, however, it is a visual representation of the four winds, which figure prominently in the cultures of most American Indians, including the Mohawk. It was around long before any American Indians even heard of Hindi, Buddhists or Nazis.

Blog entries appear to be posted at random intervals. Once a visitor is finished reading entries, feedback can be given through comments links. If one has questions about anything on the blog, look for the comments link to inquire.

In addition, folks can keep in touch with the museum via FaceBook, YouTube, Twitter and Flickr; links are on the museum’s home page at www.nmai.si.edu.

Sainte Marie releases smoking new album of eclectic music

BY RICK SMITH

Distinguished Cree folk singer Buffy Sainte Marie wrapped recording on her 15th studio work, *Running For the Drum*, last year and the eclectic collection was recently released in the United States in a special limited edition CD/DVD set. While the album is drawing critical praise, some are creating a whole new music genre for it called powwow rock.

Listening to just a couple of the songs on the new release fully explains why some felt the need for a new category for this music; it has the charging pulse of hard rock driving the articulation of folk music. The music is a mix of instruments and styles combining electric and acoustic with new and traditional.

Even lyrics display this crossing of cultures. In one of the songs titled, *No, No, Keshagesh*, Sainte Marie uses a Cree term, *Keshagesh*, meaning “greedy puppy,” as the song’s intended addressee or reference. The use of the term in the song appears to compare societal attitudes toward inhumane and criminal corporate greed to a familial view of an overly mischievous puppy.

For example, in spite of

the situation that companies have *Put Mother Nature on a luncheon plate / They cut her up and call it real estate*, the chorus exhorts *Singin’ no, no, Keshagesh / You can’t do that no more, no more, no more, no more*.

Indigenous Americans everywhere are probably going to feel at least just a twinge of vindictive satisfaction when they hear *Ol’ Columbus he was looking good / When he got lost in our neighborhood / Garden of Eden right before his eyes / Now its all spyware, now its all income tax* followed by the reprimanding *Singin’ no, no, Keshagesh / You can’t do that no more, no more, no more, no more*.

In her own words, Buffy Sainte Marie entered the world of folk music in the early ’60s, just after the beatniks and before the hippies. She toured extensively in North America at colleges, concert halls and reservations, becoming known for her sustained vibrato and song writing. Her songs recorded by singing luminaries such as Elvis Presley, Barbra Striesand, Cher and others. She has won numerous international music awards, including an Academy Award Oscar for *Up Where We Belong*,

theme song of the movie *An Officer and a Gentleman*.

Sainte Marie is also a mother who earned a PhD in fine arts and is an adjunct professor for several colleges. Among other pursuits, when she’s not creating music, Sainte Marie heads the Cradleboard Teaching Project, which creates American Indian curricula for elementary, middle and high schools.

The powwow rock pioneering album *Running For the Drum* is available in CD/DVD format from EMI Music on the Appleseed label.



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Join Angel Food Ministries for quality food at less

SAULT STE. MARIE — Angel Food Ministries (www.angelfoodministries.com) is a non-profit, non-denominational organization dedicated to providing financial support in the form of food relief to communities throughout the United States. Established in 1994 to provide relief for struggling families in the Monroe, Ga., area, Angel Food Ministries today serves hundreds of thousands of families across 35 states, including the Eastern Upper Peninsula.

Since its inception, Angel Food Ministries has fed more than 20 million Americans. In the Eastern Upper Peninsula over 150 families have participated in the program since local host sites were established in February 2009.

Angel Food offers a "Signature Box," which is a

medium-sized box of food for \$30 that contains top quality food staples from every food group, including chicken or beef, milk, eggs, vegetables and other nutritious items. One box of food feeds a family of four for about one week, or a single senior citizen for almost a month. The menu varies each month, and consists of both fresh and frozen items with an average retail value of approximately \$60.

"Angel Food allows anyone the opportunity to provide a varied and healthy diet to their family at a fraction of the cost of shopping at traditional grocery stores," said Jennifer Obreiter, local director of Sault Angel Food. "In this tough economy the ability to provide quality meats and vegetables to local families has made a big impact for people who don't

qualify for government assistance but still feel the pinch of rising prices without rising incomes."

"Not only do families have an opportunity to save money on their grocery bill, they also have access to much fresher produce that is coming directly from suppliers instead of working its way through the grocery store systems. Our family relies almost totally on Angel Food for our fresh fruits and vegetables," said Obreiter.

The food provided by Angel Food is purchased directly from some of the top suppliers in the country, including Tyson, ConAgra and General Mills. Those who participate with Angel Food receive brand name food without having to worry about it being fresh. In addition to the Signature Box,

participants can choose from prepared meals designed for senior citizens, an Allergen Free box for families with gluten-free diets and various monthly meat and produce specials.

Unlike some other food programs, there are no limits to the quantity of boxes per individual, nor are there any applications or qualifications for eligibility. All local Angel Food host sites accept Michigan's Bridge Card as a form of payment along with cash and checks. Participants can also order online at www.angelfoodministries.com if they prefer to pay with a debit or credit card.

Three local host sites are available for residents of the Eastern Upper Peninsula:

In the Sault Ste. Marie area Sault Wesleyan Church, Faith

Lutheran Church and Sault Free Methodist Church sponsor Sault Angel Food. Sault Angel Food can be reached at (906) 440-9001 or at sooangelfood@gmail.com.

New Horizons Nazarene Church provides a distribution site in the Pickford area. New Horizons can be reached at (906) 647-2558.

For residents in the Eckerman area, the Church provides a third Eastern Upper Peninsula site and can be reached at (906) 876-2318.

Local ordering periods and distribution times do vary each month, so interested persons should contact their local host site for additional information.

Angel Food Ministries also maintains a database of host sites throughout the United States on its Web site, www.angelfoodministries.com.

JK Lumsden Way road reconstruction project complete

BY BRENDA AUSTIN

SAULT STE. MARIE, Mich. — A road on the south end of the tribe's reservation, JK Lumsden Way, recently underwent reconstruction. Funding came from the Indian Reservation Roads Program co-administered by the Bureau of Indian Affairs and the Federal Highways Administration.

Sault Tribe Planning and Development transportation planner Brenda Cooper said the only part of the project left unfinished is replacing topsoil, seeding and mulch. Sault Tribe Construction, the general contractor on the project, plans to have everything completed by the end of September.

Further work will be completed next year with exten-

sive ditching improvements throughout the reservation area. "The project we just completed was designed with new culverts and a centerline pipe," said Cooper. "During the design stages of this project, the focus was solely on the reconstruction of the road. The ditching that will happen next year is going to be fairly extensive and will require a totally different design, over and above the current road project."

Cooper said she worked closely with the BIA Indian Reservation Roads Program engineering staff in the Ashland office who designed the reconstruction project. "We were lucky to have their help on this project. The BIA engineers did the surveying, staking, project

design and inspections. It is nice to have them involved because they are the funding source," she said.

Also funded under the same source, the walking trail located behind the new playground equipment at Chi Mukwa Recreation Center recently had an overhaul. Sault Tribe Construction performed maintenance activities which included clearing the trail of brush and fallen trees, installing signs and laying down mulch.

Cooper said she will be working with Sault Tribe Construction to put together a maintenance plan for the tribe's roads, trails and bridges to take a proactive approach to preventative maintenance.



Photo by Rick Smith

Sault Tribe Construction recently installed new culverts and a centerline pipe on JK Lumsden Way on the Sault Ste. Marie reservation.

Good catch: Officers nab bird smugglers at Sault border

SAULT STE. MARIE — In a routine inspection, Customs and Border Protection (CBP) officers at the port of Sault Ste. Marie recently found three exotic pigeons inside socks hidden in the engine compartment of a Mercedes. Pet birds, like these pigeons, are restricted and often quarantined when entering the U.S. because they can bring in exotic bird diseases like exotic Newcastle disease.

According to Assistant Port Director Leroy Frazier, one of the three pigeons was dead. They were turned over to the U.S. Department of Agriculture's Animal and Plant Health Inspection Service.

Frazier praised CBP staff for their vigilance and the local authorities for their quick response. In addition, he said the two U.S. citizens who were caught smuggling the pigeons also had falsified visa documents and avian flu vaccine.

According to Centers for Disease Control and Prevention, exotic Newcastle disease is one of the most infectious diseases of poultry in the world, and so deadly that many birds die without showing any signs of disease. A death rate of almost 100 percent can occur in unvac-



These exotic pigeons were stuffed into a sock and placed in an engine compartment for smuggling into the U.S.

inated poultry flocks. The disease can infect and cause death even in vaccinated birds. Newcastle's disease is caused by a paramyxovirus, called PMV-1, which can infect a broad range of animals, including many species of mammals (including humans) and most species of birds.

Smuggling birds is considered the only route by which exotic Newcastle disease could enter the United States. However, once here, it can spread to any susceptible bird.

According to a CBP press release, a passenger arriving on a flight from Vietnam at Detroit Metropolitan Airport tried to smuggle 30 live tropical plants, complete with roots and soil. The live plants were intermin-



gled with artificial plants in the traveler's luggage. CBP agriculture specialists spotted the live plants, seized and destroyed them. The passenger was issued a \$300 penalty.

CBP agriculture specialists at the Detroit land border intercepted the Khapra beetle in a shipment of nuts from Iraq. The Khapra beetle is considered one of the world's most feared stored product pests. These pests, which can live nine months between meals, can chew through paper, wood and even plastic trying to get at groceries like bread, crackers, flour, baby cereals and pet food. With plenty of food, they can live for six years eating and contaminating food in a warehouse or kitchen, according to

the release.

"CBP agriculture specialists have extensive training and experience in agricultural and biological inspection," said Christopher Perry, field operations director in Detroit said in the release. "Our mission of preventing the introduction of harmful plant pests into the United States provides CBP with the expertise to recognize and prevent the entry of organisms that could potentially devastate entire segments of our agriculture-related economy."

According to Frazier, what happens to a seized exotic

animals, plants or pests varies. They could be picked up by the federal veterinary as the birds were, stored for analysis, or preserved for later identification.

CBP agriculture specialists working at Michigan ports of entry intercepted more than 2,900 plant pests and refused entry to 417 shipments because of plant pests and quarantine regulations in the last 12 months, according to the release. They also issued more than 590 civil penalties totaling \$159,000 dollars to passengers who failed to declare foreign fruits, meats, plants and exotic pets.

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Indian leaders discuss IHS health care reforms with new director Roubideaux

WASHINGTON, D.C. – On Sept. 14, 180 American Indian and Alaska Native leaders attended a town hall meeting with Dr. Yvette Roubideaux, director of the Indian Health Service (IHS), at the National Museum of American Indian.

The National Indian Health Board (NIHB) hosted the event to provide an opportunity for tribes to have an open dialogue to discuss the IHS tribal consultation process and internal Indian health service reform.

“We want to improve the way to do business,” said Roubideaux. In her opening statement, Roubideaux explained that recently received input from tribal leaders has been uploaded to a new Web site, www.ihs.gov/reforms. This Web site features current health

reform initiatives that IHS is facing and provides an opportunity for people to contact IHS with comments or questions as they relates to reform initiatives.

Reno Keoni Franklin, chairman of the NIHB, co-hosted the town hall meeting. He said IHS needs to continue having transparency in consultation with tribal governments. In his opening remarks, Franklin expressed appreciation to the many representatives from various tribes in attendance for the meeting.

Among the first speakers was Cathy Abramson, a Unit I director of the Sault Ste. Marie Tribe of Chippewa Indians, who suggested that tribal consultation policy should include a requirement for all IHS staff to receive mandatory training about the

trust responsibility that the U.S. has to American Indian populations. She expressed that once people truly understand the relationships of sovereignty, then they begin to honor the need for consulting with tribes.

Margaret Baha-Walker, vice chairwoman of the White Mountain Apache Tribe, said, “IHS needs to understand that each tribe is unique. Our cultures are different from one another and our health care needs are also different. We are not all the same.”

Andrew Joseph, Jr. of the Confederate Tribes of the Coleville Reservation said, “At one time, our tribes had true consultation. It was back when our tribes sat down and signed the treaty at the same table with the U.S. government. That

was when the U.S. government promised health care.”

Joseph related that his aunt won't go to IHS for health care services because they want her to sign papers. He said that she questions why she should sign papers when her ancestors have already signed the papers. Joseph said his aunt is afraid to sign the papers at the IHS facility because it will ultimately bring bills to her door and she doesn't want a credit bureau to start coming after her like they do with other tribal members.

One by one, tribal leaders shared their thoughts and recommendations for IHS reform such as improving the procurement purchasing process, decreasing waiting time for medical treatment and the desire

to have IHS issue one hospital card that would be accepted by any IHS facility. Some tribal leaders expressed the need for increased funding in critical areas, such as behavioral health services to decrease substance abuse and assist with suicide prevention.

Margaret Baha-Walker best summarized the hope for IHS reform. “In past times we were invited to tribal consultation where IHS made their comments first about what they were going to do and then asked us for a response,” she said. “Today, Dr. Roubideaux, you asked us to speak first and then listened to us. Today the medicine wheel starts spinning again for better health care for all of Indian Country.”

Bill to help disabled Indian vets, survivors with housing

WASHINGTON, D.C. – U.S. Representative Ann Kirkpatrick (D-Ariz.) is continuing her efforts on behalf of American Indians who have served in our military by introducing the Indian Veterans Housing Opportunity Act of 2009 on Sept. 10. H.R. 3553 would correct an oversight in the Native American Housing Assistance and Self-Determination Act (NAHASDA) that has caused disabled veterans, their families and their survivors to be denied

help because they are receiving veterans' and survivor benefits.

NAHASDA was passed in 1996 to help Indian Country communities more easily access grants for housing. While it produced results, the law still has some significant flaws. Assistance is limited to families making less than 80 percent of the median income of their area, and the act treats compensation for Veterans with service-related disabilities or for the families of those killed in

service as income. As a result, these benefits can push veterans and survivor families above the limit, making them ineligible and costing them assistance that they badly need.

This flaw was brought to Kirkpatrick's attention by the Navajo Housing Authority, which has been working hard to educate members of Congress about the issue and its consequences for our veterans.

“American Indian veterans have sacrificed so much for this

country and they should not be punished for getting the benefits they have been promised,” said Kirkpatrick. “It is time to right this wrong and ensure our fighting men and women are not disadvantaged by their service.”

The penalty is particularly tough on the seriously disabled in Indian Country, as there are generally few or no private housing options on tribal lands that meet their needs.

Significantly, more severe disabilities make veterans eligible

for more compensation — the worse an injury a veteran suffers, the less likely they are to receive assistance under NAHASDA as it is now written.

H.R. 3553 would change the definition of income to specifically exclude veterans' compensation and survivor benefits, ending this unfair practice and lifting the burden on American Indian veterans.

FCC proposes tribal priority for radio stations

BY RICK SMITH

The Federal Communications Commission (FCC) proposes creating a “tribal priority” in allocating new radio stations in rural areas. The proposal is an effort by the FCC to boost the number of radio stations owned by American Indians.

According to the agency, American Indian ownership of the country's 13,000 radio stations amounts to about 0.3 percent. About 41 non-commercial radio stations belong to federally recognized American Indian tribes with another 41 holding construction permits.

In an effort to increase those numbers, the FCC proposes development of a tribal priority system when awarding new radio station allocations. The proposal is geared toward streamlining the process of allotments and assignments of stations for applicants in rural and tribal areas.

The proposal is put forth in an official notice, FCC 09-30, Policies to Promote Rural Radio Service and to Streamline Allotment and Assignment. “With this Notice of Proposed Rulemaking,” the document reads in the introduction, “we commence a proceeding to consider a number of specific changes to our rules and procedures to carry out the statutory goal of distributing radio service fairly and equitably, and to increase the transparency and efficiency of radio broadcast

auction and licensing processes.” It goes on to add, “Based on the experience the staff has gained in conducting previous auctions, and in processing applications for new or modified services, we believe it is appropriate for the commission to consider rule and procedural changes to better encourage the fair distribution of broadcast licenses, particularly in smaller communities, rural areas and tribal areas, afford greater opportunities to participate in competitive bidding, promote the filing of technically sound applications and deter speculation. The notice also proposes to modify the non-commercial educational fair distribution comparative criterion by establishing a tribal priority.”

In the past, according to the proposal, the FCC gave priority to stations serving areas with large populations.

The National Congress of American Indians welcomes the proposal and adopted a three-page resolution in support of it at the organization's general assembly at the 2009 mid-year session in Niagara Falls, N.Y., last June.

“Whereas,” the resolution reads in part, “the creation of a tribal priority for broadcast spectrum would significantly further the federal goal of tribal self-sufficiency and self-determination and would support several fundamental missions of tribal entities within their

communities, which include increasing the deployment of services, strengthening local programming, providing public safety, obtaining diversity of viewpoint, creating cultural preservation and language revitalization and proving a modern technological outlet to engage community members, especially youth, in the positive development of their values, identity and quality of life . . . be it

resolved that the NCAI does hereby support the commission's proposal, FCC docket 09-30/MB docket 09-52, to establish a new 307 (b) tribal priority to be applied to FM (frequency modulation) allotments, AM (amplitude modulation) filing window applications and NCE (non-commercial educational) filing window applications for federally recognized tribes and their members.”

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White House releases video on health proposals

BY RICK SMITH

President Obama addressed the Congress of the United States last Sept. 9 to set the record straight about his health care reform proposals and to clear the air with those who seem more intent on spreading confusion about the matter rather than addressing facts. It was an opportunity for major mainstream media to shine by clarifying the issues of the proposals for all concerned but, instead, an ill-mannered act by

a Republican congressman from South Carolina took the media spotlight.

Since the proposals are so important to all Americans, the White House is going to extra lengths to get the facts of the proposals out to Americans. First there was the establishment of an innovative Web site, www.healthreform.gov, which should just about answer any question anyone might have on the issues. And now, the White House recently released a brief online

video in which the president outlines the basic purposes of the reform package in a mere four minutes. The principal author of the health care reform proposals put it all in a nutshell.

"The details the president outlines in this video are those that every American needs to know. No matter your political party or whether or not you have insurance, his plan for health care security and stability matters to all of us," said David Axelrod, senior advisor to the president.

"Millions of American citizens cannot get health insurance — and 14,000 are losing their insurance every day. If we do nothing, half of Americans under the age of 65 will lose their health insurance at some point in the next 10 years. That's not right, plain and simple. For Americans with insurance as well as those without it, inaction is not an option. In America, no one should go broke because they get sick."

The video appears to be excerpts of the main points

of Obama's Sept. 9 address winnowed down to the basic concepts of the reforms. Those interested can view the video at www.whitehouse.gov/issues/health_care.

"Bottom line," Axelrod added. "Health insurance reform will provide more security and stability to those who have health insurance, coverage for those who don't and will lower the cost of health care for our families, our businesses and our government."

Hall of fame inducts three more Indian women

BY RICK SMITH

The Michigan Women's Historical Center and Hall of Fame in Lansing, Mich., will be inducting three American Indian women during ceremonies on Oct. 21.

The nation's first American Indian female dentist, Jessica Rickert of Interlochen, joins rights activists Kay Givens McGowan of Grosse Ile and the late Margaret Chandler of Muskegon in the 2009 enshrinement of nine women and one man into the hall.

Besides recognizing her unique place in history, Rickert is also cited for her help in establishing dental clinics for two tribes in Michigan and writing a national dental column for American Indian newspapers. In addition, she wrote other professional works published in numerous magazines and journals.

McGowan is a professor of anthropology who has fought for years in American Indian causes and represented the United States in forming the United Nations Declaration on the Rights of Indigenous Peoples in 2005.

Nominated posthumously, Chandler worked for decades in acquiring federal recogni-



The nation's first American Indian female dentist, Jessica Rickert.

tion for the Little River Band of Ottawa Indians and in the preservation of treaty hunting and fishing rights.

"We were in shock," said Rickert, speaking of when she received notification from the hall. "We're so pleased and so happy." Her brother nominated her for induction two years ago and heard nothing since until recently.

She indicated she was hesitant when her brother mentioned he was going to nominate her as an inductee, until he pointed out that only deceased American Indian women are in

the Michigan Women's Hall of Fame.

"Surely there are living notable American Indian women in Michigan," Rickert said. She came to agree with her brother that living Indian representation is needed in the hall and, if she had to be first, so be it.

Rickert became interested in the medical field when she was in the sixth grade. Citing a keen interest in math and science reinforced by very helpful and encouraging public school teachers, she developed a basic aptitude further fostered by her family doctor. After weighing options, she decided a dental career is more compatible to her family priorities.

A book Rickert wrote in 1983 titled, *Exploring Careers in Dentistry*, published by Rosen Publishing of New York, N.Y., can be downloaded free of charge at www.whtpgn.com. "Some particulars, such as phone numbers, may be outdated but it still applies, she said.

McGowan couldn't be reached for comment.

This year's inductions bring a total of seven American Indian women in the hall, including historic notable, Jane Johnston Schoolcraft of Sault Ste. Marie.

According to the organization, 110 applications were received for consideration for this year's class and 10 inductees were chosen. The other 2009 inductees in the contemporary category are listed below.

— Grace Lee Boggs of Detroit: A long-time advocate for civil rights, labor, and women's issues, Boggs also helped to establish co-ops, community gardens, and youth programs in her adopted city. Detroit's Boggs Center to Nurture Community Leadership bears her esteemed name.

— Glenda Lappan and Elizabeth Phillips of East Lansing: This team of educators from Michigan State University created a comprehensive middle school mathematics curriculum used in all 50 states and donated the royalties from their work back to the university to support further mathematics education research.

— Betty Tableman of Lansing: This former director of the Michigan Department of Mental Health Prevention Services unit helped thousands of young children and their parents move toward the development of healthy, nurturing connections.

— Marlo Thomas, born in Deerfield: Creator and star of the '60s TV show *That Girl* with four Emmys to her credit. Thomas is also famous as a supporter of feminist causes and for continuing her father's work on behalf of the St. Jude Children's Research Hospital.

The honorees listed below are inductees under the hall's historical category.

— Ruth Ellis: Detroit African-American entrepreneur who opened her home and her heart to Detroit's gay and lesbian community. Her life inspired two documentaries and the creation of the Ruth Ellis Center, which provides services for runaway, homeless and at-risk LGBT youth.

— Edna Ferber: Born in Kalamazoo, Ferber is widely regarded as one of the greatest writers of her day. She is the first Pulitzer Prize winner inductee and penned 13 novels including *Cimarron* and *Giant* and Broadway hits such as *Stage Door* and *Showboat*.

Gerald Beckwith received a posthumous Philip A. Hart Award for his work in helping to establish the Michigan Women's Studies Association and the Hall of Fame.

Sandy Reining brings color to Sault Tribe community

BY BRENDA AUSTIN

SAULT STE. MARIE, Mich. — Since her retirement from the tribe five years ago, Sandy Reining has found an interesting hobby and way of staying in touch with the tribal community she was a part of for 22 years.

Volunteering her time, she purchases, plants and takes care of flowers at the tribe's health center, elder division, her home and at St. Isaac Jogues Catholic Church.

Reining worked at the health center as a nurse from December 1983 to March 2005. Rita Bouley, an employee at the tribe's dental clinic, said, "Sandy is one of the sweetest ladies I know. It makes us feel good in the morning to see the flowers. I love the way she does things; in her own quite way she is sending love and beauty to us. Even though we no longer see her every day, she is still contributing to our clinic. Thank you, kwe."

Reining said she loves being retired and can't find enough

time in the day to accomplish everything she wants to do. She attends elder lunches and language class on Thursdays, spends time with her grandchildren and takes care of her flowers. "There are so many organizations out there designed for elders to take part in," she said. "I enjoy taking care of the flowers at the elder building because it helps me stay connected to my tribe. When you retire you could choose to sit home and wait to see if people come to see you. Or you can get out there, mingle and join in. The flowers at all three sites just kind of happened, I wasn't heading in the direction. I want people to feel happy when they see them."

Growing up on a farm on Sugar Island in a very rural community, Reining said they had no electricity until she was in the eighth grade, used an outhouse and boiled creek water on their old wood stove for Saturday night baths. But she also grew up eating some of the

freshest meat, berries and produce in the area. "I have such a respect for nature," she said, "and she continues to amaze me."

See "Reining" on pg. 19

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Moving? Call the tribe's Enrollment Department at 800-251-6597 or (906) 635-3396 to update them with your new address.

New promotions, games and a chance to win \$500,000

There's no lack of excitement at Kewadin Casinos this October with two new weekly promotions, a brand new game and a chance for someone to win \$0.5 million.

Beginning on Sept. 28, Kewadin Sault Ste. Marie will offer "All Canadian Monday" and "All American Wednesday" where Canadian and American citizens can take advantage of great specials including double points for 24 hours, \$15 in gas, hot seat draws for cash, free hot dogs and Canadian money at par up to \$50 (Monday only). In addition, everyone can enjoy \$1 domestic beer from 11 a.m. until 8 p.m.

All casino sites are offering customers a chance to "Fall into Cash" this October with a \$40,000 giveaway. Beginning Oct. 5, customers can receive entries three ways: Earn entries with every 25 points earned with a Northern Rewards card; receive one free entry per day; and receive one free entry per week by bringing in the original Kewadin Klassifieds newspaper advertisement.

Players will need to visit the Northern Rewards Club to

receive and verify entries.

On the grand prize drawing night, there will be a chance to win and play the all-new Kewadin plinko game. Drawings will be held from 6 to 10 p.m. every 15 minutes for chances to win up to \$200. Those selected for a chance at our grand prize game can win up to \$500. Grand prize drawings will be on Oct. 24 in Christmas and St. Ignace; Oct. 25 in Sault Ste. Marie and Manistique; and Oct. 28 in Hessel.

On top of all that, Kewadin Sault is giving players a chance to win \$500,000 with a "Break the Bank" event. Beginning Oct. 1, customers playing with Northern Rewards cards can qualify for daily draws to receive an invitation to our Break the Bank event on Oct. 30. There will be 16 winners from slots (eight VIP) and four winners from table games each day from Oct. 1 to 15 beginning at 11 a.m.

All winners who receive an invitation will return to Kewadin Sault Oct. 30 for a chance to "Crack the Code" for \$250,000. Then, four customers from those in attendance

will have a chance to Break the Bank for another \$250,000.

While visiting throughout the month, take part in the exciting moments taking place at Kewadin casinos such as the BB King concert on Oct. 14 for \$42.50 or REO Speedwagon on Oct. 25 for \$38.50. Then there are the special events such as the hot seat draws every Monday and Wednesday in St. Ignace and the Christmas Casino anniversary and customer appreciation day on Oct. 17 among others.

Keep the casino tournaments in mind: Sault Ste. Marie spin to win tournament for \$15,000 Oct. 2-4, St. Ignace blackjack tournament for \$30,000 Oct. 2-4, Manistique \$8,000 spin to win tournament Oct. 9-11, Manistique, St. Ignace \$15,000 video poker tournament Oct. 16-18, Sault Ste. Marie \$30,000 craps tournament Oct. 23-25, Hessel \$8,000 spin to win tournament Oct. 23-25 or the St. Ignace \$15,000 keno tournament Oct. 30-Nov. 1.

For the complete story of events this month, take a moment to visit us online at www.kewadin.com.



REO Speedwagon is just one of the entertainment acts bound for the DreamMaker's Theater at the Kewadin Casino in Sault Ste. Marie on Oct. 25. Tickets are \$38.50.

Comedic musicians return to DreamMaker's Theater

SAULT STE. MARIE — The Musical Comedians are returning Nov. 14 to the DreamMakers Theatre in Kewadin Casinos, Sault Ste. Marie, for one show only.

You've heard of the Kings of Comedy, Queens of Comedy, Latin Kings of Comedy and the Blue Collar Comedy tours. Introducing the Musical Comedians Comedy Tour, "A comedy show that rocks."

Three exceptional musical stand-up comedians, Michael Mack, Ron Feingold and Kier showcase an evening of music and stand-up comedy along with a closing jam session that has to be seen to be believed.

Guitarist/comedian Michael Mack is known for having one

of the best closing bits in the nation that earns him a standing ovation — in every show. Called "faces of rock," Michael uses music and a cast of zany characters and impressions that defies words or description.

Ron Feingold showcases the "only one man comedy a cappella show in the world." What makes his show special is the fact that Ron performs all of his own vocals including the bass, baritone, tenor, alto and soprano parts, even the drums.

Kier is the tour's highest ranking veteran with over 25 years as a performer. His masterful guitar playing and rock impressions are simply dead on with guest appearances by Sting, Bruce Springsteen, Dave

Mathews, John Lennon, Willie Nelson and U2.

All three comedians have been heard on the nationally syndicated radio program *Bob and Tom* and they have also been seen on national television venues such as Comedy Central and ABC's *America's Funniest People*.

Finally, the Musical Comedians are coming to the DreamMakers Theatre in Kewadin Casinos, Sault Ste. Marie on Nov. 14, 2009, for one show only. For interviews and more information call Ron Feingold at (407) 301-4333 or ron@ronfeingold.com.

Visit www.kewadin.com or www.musicalcomedians.com for more information.

Table improvements made for clients

CHRISTMAS — Todd Archambeau and the entire maintenance staff at the Christmas Kewadin Casino refurbished five blackjack tables to match the décor of the casino and to incorporate new features requested by clients. "Our customers had a hard time at our tables because we didn't have footrests and top rails were uneven," said Todd "Tate" Masters, Christmas assistant casino manager. "So, Todd went to work refurbishing old blackjack tables and incorporating what our guests wanted for their comfort."

Now, the customers and the staff can't get enough of them. "Customers comment on these every time they come into the casino," Masters said. "They look incredible and we are very proud of Todd."

It took under two months to complete all five tables, which are now fitted with pine, the vertical pieces being tongue and groove. "We are really lucky to have such talented staff," said Masters. "Without his expertise in wood working, we would not have been able to accommodate our customers."

Kewadin Casinos Christmas is open 365 days a year offering Vegas style gaming including slots, blackjack, let it ride and three-card poker.

Amenities at Christmas include Frosty's Bar & Grill and the Northern Lights gift shop.



Todd Archambeau is seen here working on one of the blackjack tables of the Kewadin Casino in Christmas.

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Boozhoo!

Aaniin Abinoojiinyag miinawaa Wenijaanisijig! Hey kids and parents!

Amy McCoy indizhi-wiini-goo. My given name is Amy McCoy.

Miskwaanakwadookwe dash indizhinikaaz. But my name is Miskwaanakwadookwe.

Aamoo indigoo gaye. They also call me Bumblebee.

Oshkagoojin wa'aw giizis! It is a new month!

Mii azhigwa ani-binaakwe. Now the leaves are already falling.

Mii iw wenji-izhinikaazod "Binaakwegiizis" noongom wa'aw giizis omaa Baawating. That's why it's called the leaves falling moon now here in Sault Ste. Marie.

Geyaabi ige maawanjichigaa-dem. It is also still harvest time.

Ingii-ozhibii'aan o'ow nagamonens ji-nagamoyeg. I wrote this little song for you to sing.

Gidaa-nagamomaawaag giniijaanisiwaag. You could sing with your children.

Nashke, o'ow! See, here it is!

Gidaa-giishkizhaan miish izhi-agooodog imaa gidakisijigani-waang. You can cut this out and put it on your fridge.

Aniibiishan Nagamon

(Leaves Song)

Dibishkoo inwewin (like the sound)
"The Wheels on the Bus"

Aniibiishan bangisinoon

(Leaves are falling)

bangisinoon, bangisinoon

(falling, falling)

Aniibiishan bangisinoon

(Leaves are falling)

Miskobagaawan, ozaawibagaawan

(Red leaves, yellow leaves)

Maanoo ina ji-waniwebinigyang?

(Is it okay if we make mistakes?)

Mii geget!

(Truly it is!)

Gigagwekendaamin waawiikwajitooyang.

(We learn by trying again and again.)

Gakina awiia waniwebinige.

(Everyone makes mistakes.)

If you have questions, comments or suggestions for this section, please call Sault Tribe language instructor Amy McCoy at (906) 635-6050, extension 26064.

Notes on Anishinaabemowin

According to the Native Languages of the Americas, Ojibwe — otherwise anglicized as Chippewa, Ojibwa or Ojibway and known to its own speakers as Anishinaabe or Anishinaabemowin — is an Algonquian language spoken by 50,000 people in the northern United States and southern Canada.

There are five main dialects of Ojibwe: Western Ojibwe,

Eastern Ojibwe, Northern Ojibwe (Severn Ojibwe or Oji-Cree), Southern Ojibwe (Minnesota Ojibwe or Chippewa), and Ottawa (Odawa or Odaawa).

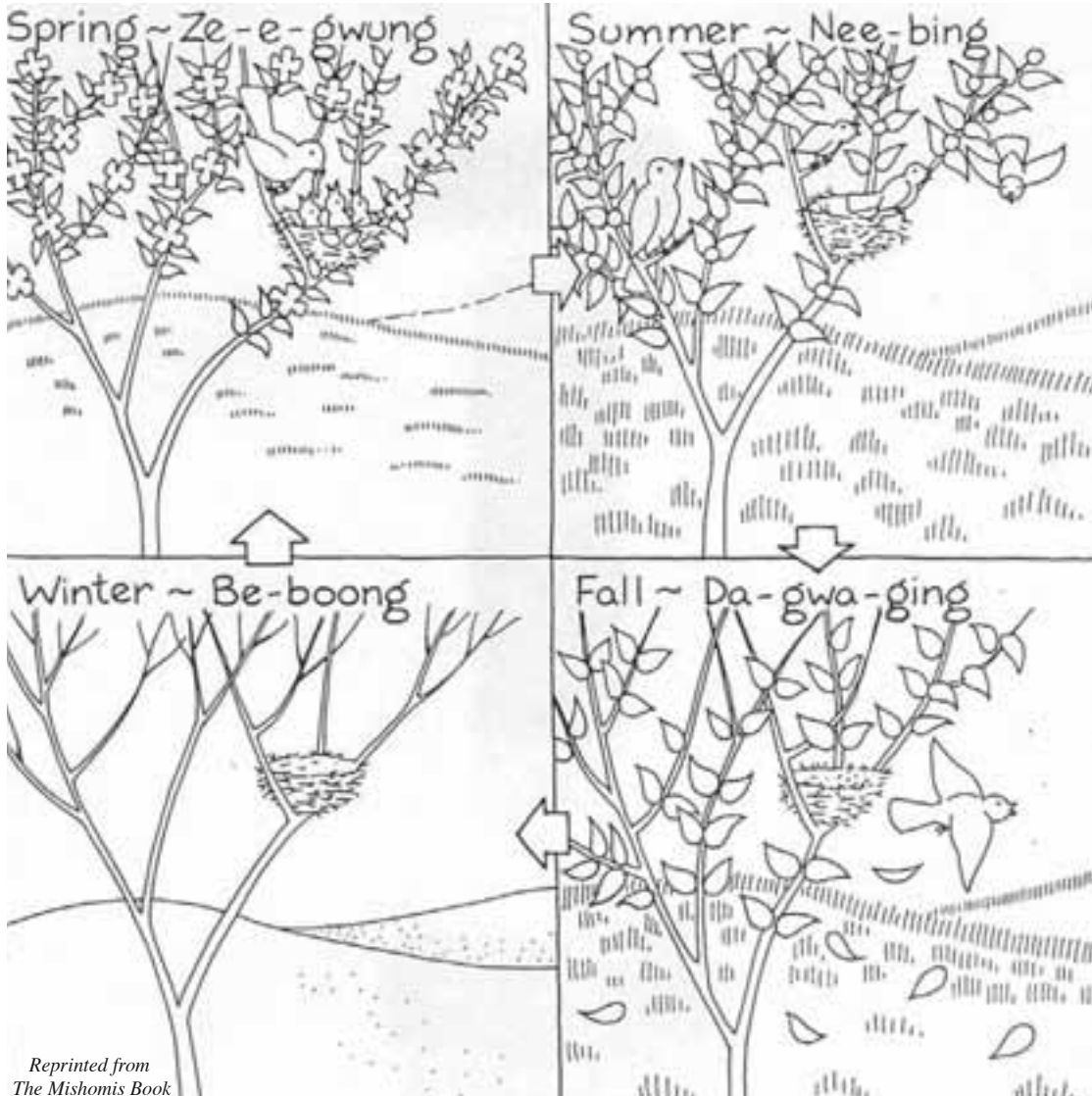
Speakers of all five dialects, including Ottawa, can understand each other readily. Many linguists also consider the Algonquian language to be an Ojibwe dialect, but it has diverged more and is difficult

for Western Ojibwe speakers to understand.

As its name suggests, Oji-Cree has borrowed many elements from Cree and is often written in the Cree syllabary rather than the English alphabet.

Ojibwe knowledge is in the language. It is best understood by learning the language and revitalization is central to strengthening our communities.

Atisibii'an o'ow! (Color this!)



Reprinted from The Mishomis Book

Biidaasigekwe Odibaajimowinens

Angeline Williams from *The Dog's Children*

Gii-aginzod a'aw Waatebagaagiizis imaa Biidaasigekweban odibaajimowining, Biidaasigekweban gii-tibaajimo meminda ge dagwaagig maji-izhiwebad.

Last month (lit. "when the Leaves Changing Moon was counted") in Angeline William's story, she said that, especially in the autumn, there are storms.

O'ow ige gaa-tibaajimod:

This also she told:

Dagwaagong ningii-noondam gii-banaadak gichi-jiimaan.

Last fall I heard of a big boat being wrecked.

Nii'ogwan gii-gichi-noodin.

A big gale blew for four days.

Gii-zhaawana'an.

The storm came from the south.

Gii-gichi-zhaawanong-ondin apiich iw.

A great south wind was blowing.

Gii-gawaashiwag mitigoog.

Trees were blown down.

Gii-gichi-zegiziwag bemaadizijig.

People were greatly frightened.

Niibiwa gii-gawaasinooon gete-wiigiwaamaan.

Many old houses were blown over.

Word Search:

Angeline Williams' Kidowinan (Words)

Aabajitoon Biidaasigekwe odibaajimowin ji-gagwekendaman anow ikidowinan. Use Angeline Williams' paragraph to learn these words.

- Bemaadizijig.....people
- Zegiziwag.....they are scared
- Niibiwa.....a lot
- Gete.....old
- Dagwaagong.....last fall
- Banaadak.....it is wrecked, ruined
- Jiimaan.....boat
- Noodin.....it is windy
- Mitigoog.....trees
- Zhaawanong.....in the south
- Apiich.....when, then, at the time, a certain extent or distance.



Enroll now for "Nish 1," an online Anishinaabe language program, offered by the Sault Ste. Marie Tribe of Chippewa Indians. Cost for one-year registration is \$20.00 USD. Classes are on Monday nights, 7-8 p.m. Contact ocorbiere@saulttribe.net.



There was a little of everything on display at this colorful booth. Above and below, Naubinway elders raised funds with crafts and fish sandwiches.



Local vendor David Derusha sold drums and flutes.



Head female dancer Sarah Walsh and head male dancer John Miller.

This year's Newberry powwow featured many dancers and vendors during good weather, attracting over 400 participants.

Photos by Lois Bryant



Newberry elders raised funds with their booth by selling all kinds of delicious powwow food.



Tony Grondin in regalia.

New playground installed at Chi Mukwa Community Recreation Center in Sault Ste. Marie



Above, part of the crew of Saf-Play Services erecting the new playground equipment at the Chi Mukwa Community Recreation Center during the last week of August. Below, Sydney White of Sault Ste. Marie initiates the new gear on the day of the official grand opening.



Above, a wide view of the new playground just off the southeast corner of the Chi Mukwa Community Recreation Center parking lot.



Above, Ahna Henderson of Kinross obviously approves of the new facilities. Below, a detail view of the appropriately named Grizzlee Climber component of the equipment.



By Rick Smith

Little ones will break into big smiles and wide eyes when they see the colorful, new playground waiting for them just off the southeast corner of the Chi Mukwa Community Recreation Center parking lot in Sault Ste. Marie.

Kids can expend some energy and have a blast on an assortment of slides and climbing stations, swings, monkey bars, ground level play stations and a glider. The equipment sports a predominantly blue, green and red color scheme with some yellow touches.

Tammy Graham of the recreation center's management said the playground structures are designed to accommodate children from five to 12 years of age.

"All of the unique play areas, along with the playground's excellent location makes this play structure a great addition to the Chi Mukwa Community Recreation Center and will, hopefully, provide years of playground memories for the community's youth," said Graham.

Three new park benches stand along the perimeter of the playground for older folks waiting while the youngsters have a blast. Underneath it all, enough sawdust, wood chips and earth to help cushion any falls.

The playground officially opened on Aug. 30 and it wasn't long before the playground was put into use. It appears the very first visitors to try out the new equipment were Sydney and Layne White, brother and sister, along with their father, Greg White of Sault Ste. Marie. Not long afterwards, another family group, Ahna, Caleb and Evah Henderson of Kinross, strolled across the parking lot from the recreation center with their mom, Alyce Henderson, for some sunny fun in the fresh air.

In addition, the entrance to a nature trail is next to the new playground. The trail is a woodchip-covered, 1.4-mile loop path through woods, mostly birch, maple and pine, and features two bridges spanning over a wee stream. It offers a nice hike and a bit of communion with

nature for young and old either alone, in couples or small groups; it's perfect for family strolls.

Saf-Play Services Inc., a commercial recreation contracting company based in Highland, Mich., built the playground.

Funds to build the playground came from the American Recovery and Reinvestment Act through the U.S. Health and Human Services Administration for Children and Families Child Care Bureau via Anishnabek Community and Family Services (ACFS). Management at Chi Mukwa asked for funding for the project through ACFS.

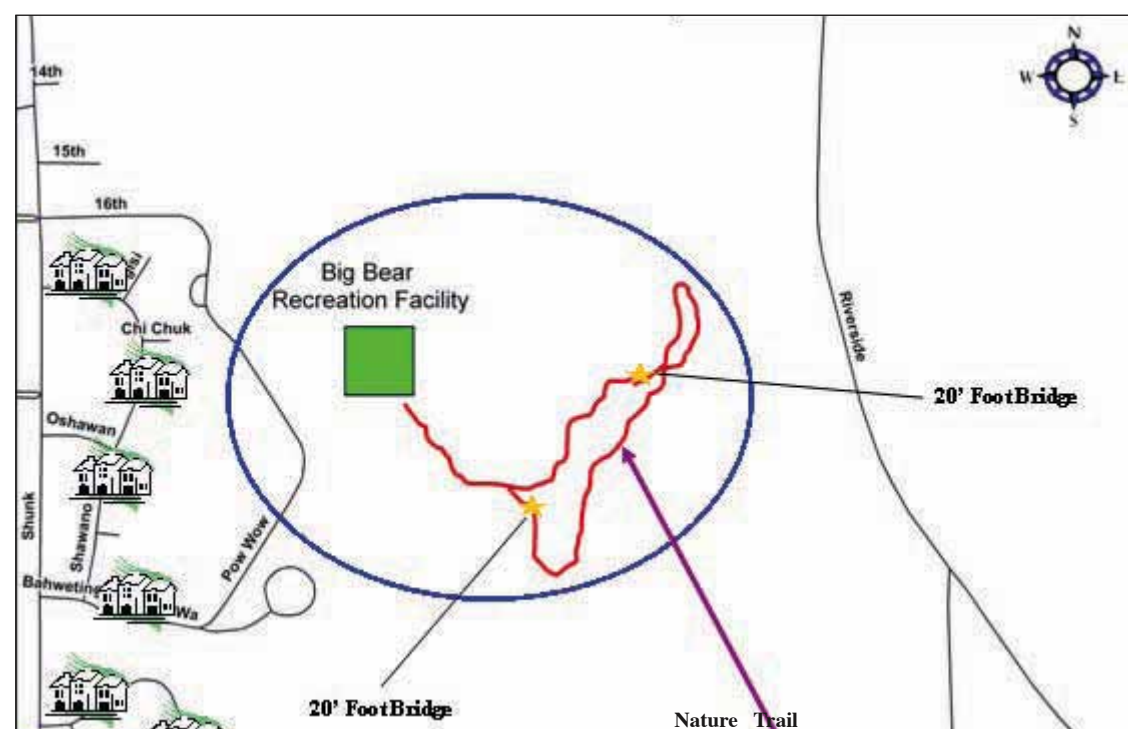
"Miracle of Michigan was selected for the project and were very helpful in every step of the process," Graham noted. "Sales representatives Bob and Carol Tooley from Cedarville, Mich., designed the playground based on what we were looking for. They were also great in suggesting the addition of the Grizzlee Bear climber which fits in perfectly with the name of the facility."



Below, a sample of the winding path folks will follow as they wend their way along the nature trail.

Photos by Rick Smith

Below, the head of the nature trail just several yards south of the new playground. The trail offers pleasant excursions during days of fair weather.



Map shows nature trail course and position relative to the Chi Mukwa Community Recreation Center in Sault Ste. Marie. The stars indicate the sites of the two foot bridges along the trail. The trail head is easily seen from the new playground.





Photo by Ed Furton

Cal Burnside, arena director and master of ceremonies, and his wife, Lisa Burnside, right.



Photo by Ed Furton



Photo by Ed Furton

Two dancers in grand entry.



Photo by Ed Furton



Photo courtesy Ed Furton

Ed Furton and Jennifer McLeod. Below, McLeod poses with some of Newberry's tribal elders.



Photo by Jerry Fighter

Left and right, dancers and, above, drums at the third annual Newberry powwow.



Photo by Jerry Fighter



Photo by Ed Furton

BEVERLY ANDERSON



Beverly Anne Anderson, 52, of Pickford, Mich., died Sept. 9, 2009, at War Memorial Hospital in Sault Ste. Marie, Mich. She was born Jan. 5, 1957, in Sault Ste. Marie, the daughter of Clifford Franklin and Mae Ervadine Matilda (nee Lordson) Anderson.

Bev grew up in Pickford and graduated from Pickford High School. She lived in Wisconsin for over 20 years returning to Pickford in 2002 to help care for her mother. She worked at Pickford Downtown Deli until her illness in 2006.

She was a member of the Law-White VFW Post 7958 Auxiliary. She enjoyed picking berries, making jam and cooking as well as watching and feeding wildlife. She also had several pet cats and a pet parakeet.

She is survived by two sons, Steve and Robbie Koscak of New Berlin, Wisc.; one sister, Brenda (Paul) Smith of Kinross, Mich.; an uncle, Francis Lordson of Pickford; and friends Betty and Tom Bumstead of Hessel.

Bev was preceded in death by her parents and brother, David Robert Anderson.

A memorial service took place on Sept. 12 at the Hessel Tribal Community Center. Condolences may be sent to the family online via at www.reamergalerfuneralhome.com. Reamer Galer Funeral Home assisted the family.

BRIAN MARK BUSWA



Brian Mark Buswa of Sault Ste. Marie, Mich., walked on Sept. 14, 2009, at his home. He was born in Sault Ste. Marie, April 12, 1963, to Helen and Francis Buswa.

Brian enjoyed cooking for the Palace and Frank's Place for over 25 years and won the Best of Tri-County Best Chef/Cook in 2004. He liked to visit and joke with family and friends. He was a member of the Whitefish River First Nation, Birch Island, Ont.

He is survived by his son, Brian Mark Rennels, 19; his

sisters, Ruth Ann (John) Goorhouse, Victoria Buswa and Jane (Steve) Schwander; his brothers, Binaaswi (Connie) Biiaswah and Steve Buswa; his mother, Helen Buswa; and many nieces, nephews and friends who enjoyed his humor, laughter and warm heart.

His father, Francis Buswa, preceded him in death.

Services were held Sept. 20, 2009, at the Niigaanaagizhik Ceremonial Building with Brother John Hascall officiating. Clark Bailey Newhouse Funeral Home assisted the family with arrangements.

DONALD KEYANDWY and ROBERT KEYANDWY



Donald D. Keyandwy (Big Indian), was born Nov. 28, 1938, in Cranbrook, B.C., Canada. He passed on Sept. 19, 2009, in Lakeland, Mich. He suffered a lot of illness during these last years, including a liver transplant. His beloved daughter, Linda Lee, took care of him and made sure he received the best medical care.

Surviving him are his daughters, Linda Lee, Dawn, Leona and Robin; sons, Robert L. and Ronald Keyandwy; brothers, Gerald and Eugene Keyandwy; and sister, Yevonne (Keyandwy) Horton. God be with him.



Unfortunately, two days after Donald's death, his son, **Robert Leslie Keyandwy**, passed on. Robert was born April 26, 1973, in Westland, Mich. He passed on Sept. 21, 2009, from injuries he received in an auto accident.

Surviving Robert is his wife, Kelly; son, Robert L. Keyandwy (born Aug. 21, 2007); and a stepson, Jay Berry. Also surviving are his mother, Janice; sisters, Linda Lee, Leona, Dawn and Robin; brother, Ronald Keyandwy; uncles, Gerald and Eugene Kewandwy; an aunt, Yevonne (nee Keyandwy) Hortotn; numerous nieces and nephews.

RONALD E. LACOY

Ronald Eugene LaCoy, 84, passed away on Sept. 8, 2009,

at the Jacobetti Home for Veterans in Marquette, Mich. He was born on March 26, 1925, in Baie de Wasai, Mich.



He was a member of the Sault Ste Marie Tribe of Chippewa Indians.

Ronald is survived by his daughter, Rhonda LaCoy Cruz of Reisterstown, Md.; granddaughters, Fern Humphrey and Emily Humphrey Chacon, both of Olympia, Wash.; grandsons, Logan Humphrey of Aberdeen, Wash., and Anthony Cruz, Reisterstown; great-grandchildren, Shayna, Hayden, Elijah, Makailah, Natiliah and Meliah, all of Olympia, and Aeris of Maryland; his sister, Charmaine Sharpe of Ephrata, Wash., and his brother, Paul Crawford of Kansas; his dear cousin, Diane Moore of Sault Ste. Marie, who spent the last few years taking loving care of Ron; and his good friend, Sadie LaLonde, of Ephrata.

He was preceded in death by his parents, Joseph LaCoy and Louise Bebo Clarke of Sault Ste. Marie, Mich.; his wife, Arvida Pearson LaCoy; his daughter, Idyllis LaCoy Humphrey in 2009, both of Olympia.

Ron served in the U.S. Army during WWII and the Korean Conflict. He retired from the Army in 1966 and settled his family in Olympia. He worked for the state of Washington Liquor Control Board until he retired in the late '70s.

Ron's love of horses kept him busy in his retirement, caretaking on a horse ranch in Montana and Washington for many years. Ron enjoyed hunting, deep-sea fishing and had a great love of animals.

In lieu of flowers, donations can be made to the American Diabetes Association. A graveside service was held at the cemetery on LaCoy Hill, Sugar Island. Clark Bailey Newhouse Funeral Home assisted the family.

ROBERTA MANITOWABI

In loving memory of our beloved companion, mother, sister and aunt, Roberta Joan Manitowabi, who passed into eternity at her home on Sept. 17, 2009. Roberta was born on Feb. 28, 1965, in Sault Ste. Marie, Mich.

She was a member of Wikwemikong Unceded Indian Reserve. She attended and graduated from Sault Area High School. Roberta enjoyed spending time with her family, listening to music, going for rides and especially spending time with her nephews and nieces. She was a kind, gentle person who always had time for her

family and friends and will be greatly missed.

She was predeceased by her parents, Myra and Bernard Manitowabi and brother, Kenneth Green.



She is survived by her son, Ryan Manitowabi and life-long companion, Paul Figuli; siblings, Mary Lenore Green (Rick Steinhaus), Raymond Manitowabi, Bernard P. Manitowabi and Virginia Manitowabi of Sault Ste. Marie, Joseph Manitowabi of Kinross, Lorraine Bouley of Rapid River, Luanne Manitowabi of Escanaba, Roger Manitowabi (Jessica McCullough) of Wilson, Mich., Louis Manitowabi of Duluth, Minn., Lisa Manitowabi of Oshkosh, Wis.; nephews and nieces, Carla (David) Feinauer of Bay City, Mich., Weston Cooper of Sault Ste. Marie, Teresa Maviglia of Chicago, Ill., Jennifer Bouley and Sarah Bouley of Rapid River, Mich., Joseph Manitowabi, John Manitowabi and Martin Manitowabi of Kinross, Mich., Anthony Manitowabi, Vincent Manitowabi, Eric Rodgers and Stevie Rodgers of Escanaba, Mich., Nick Pavlat, Rachel Pavlat, Autumn Pavlat of Sault Ste. Marie, Mich., Christie Blue, Amy Blue, Heidi Blue and Travis Blue of Oshkosh, Olivia Manitowabi, Sophie Manitowabi, Natalie Manitowabi of Wilson and Landon Manitowabi of Duluth; great-nephews and nieces: Weston LaCross and Mariah LaCross of Bay City, Haley Cooper and Kylie Cooper of Sault Ste. Marie and Evan Closs of Gladstone, Mich.

Visitation with prayers was held at Clark Bailey Newhouse Funeral Home and Mass of Christian Burial took place Sept. 22, 2009, at St. Isaac Jogues Catholic Church with Brother John Hascall as celebrant. Burial is at Riverside Cemetery.

KATHERINE PAVLAT

Katherine Margaret Pavlat, 85, of Sault Ste. Marie, Mich., passed away Aug. 13, 2009, at Tendercare Nursing Home. She was born in Pickford, Mich., on Feb. 9, 1924, the daughter of the late Frank and Margaret (nee Be audin) Santiago.

Katherine was a member of the Sault Tribe of Chippewa Indians. She loved people and had lots of friends. She enjoyed getting together and spending time with them.

Katherine is survived by 10 children, Larry (Janet) Pavlat, Veronica Caskey, James (Kathy) Pavlat, Rosaline (Lynn)

Armstrong, Howard (Angie) Pavlat, Gene (Mar) Pavlat, Anton Pavlat, Gloria (Tony) Kangas, Dale (Sue) Pavlat, Phillip (Debbie) Pavlat; and several grandchildren, great-grandchildren, and great-great grandchildren.

Katherine was preceded in death by her parents; her husband, Alois Pavlat; two children, Richard and Tina; her granddaughter, Tina Marie Pavlat; and her daughter-in-law, Ann Marie Pavlat.

Visitation and services were on Aug. 16 at the C.S. Mulder Funeral Home with Brother John Hascall officiating. Burial is at Riverside Cemetery.

Condolences may be left online at www.csmulder.com.

DEANNA PROUT



In loving memory of Deanna Elizabeth Prout, of Kincheloe, Mich., who died Sept. 6, 2009, at her home with her family. She was born July 22, 1938, in Brevort Township, Mich., to John and Marie (nee Frazier) Prout.

Deanna was an artist, adventurer, nanny and great humanitarian. She was a champion of children and animals everywhere and a dear friend to many. Deanna loved movies, art and music. She had a great sense of humor and lived by the words "Live well, laugh often, love much."

She is survived by her brother, Charles "Richard" Prout; sister, Theresa McIntyre; daughter, Christina Rose M. Pixley; step-children Jay Kalisek, Judy Kocjan, Jeffery Kalisek and Joseph Kalisek; numerous grandchildren, great-grandchildren, nieces and nephews who miss her dearly.

Deanna was preceded in death by her parents and brothers, George "Jack" Prout, Eugene Prout, Jim Prout, and Donald "Joe" Prout, and her sisters, Beatrice Russell, Madonna Kreger, Yvonne Leota, Sue Branstetter, and Melva Miron.

A memorial service took place on Sept. 26, 2009, at the Niigaanagizhik Ceremonial Building in Sault Ste. Marie.

Those who wish to make a contribution in memory of Deanna, please consider your local animal shelter.

Reamer Galer Funeral Home, 24549 S. M-129 in Pickford, Michigan served the family. Condolences may be sent to the family online via the site www.reamergalerfuneralhome.com.

TERRY A. PROUT

Terry A. Prout, 61, of Marquette, Mich., died Aug. 23
— *Continued on page 18.*

From Walking on, pg. 17— at Marquette General Hospital following a lengthy battle with leukemia.

He was born Dec. 19, 1947, in Epoufette, Mich., a son of the late Charles and Ellen (Ganyon) Prout.

Terry attended and graduated from the DeTour Schools. He earned bachelor and master degrees from Northern Michigan University and taught technology courses as an adjunct professor there.

Terry was a Vietnam veteran having served in the Army.

He was employed for several years as the airport manager at KI Sawyer AFB while it was operated by the Air Force. Following the base closure, Terry went to work for FEMA as a field agent.

He held a private pilot's license, was a member of the Marquette Mountain Ski Patrol and local Harley motorcycle chapter. Terry's interests also included history.

Terry is survived by two sons, Chris Prout of Meridian, Miss., and Andrew Prout of Marquette; sister, Madeleine (Jim) Alderson of Gwinn; brother, Calvin (Eola) Prout of Negaunee and numerous cousins, nieces and nephews. He was preceded in death by his parents and an aunt, Ann Wilson.

A Mass of Christian Burial was held at St. Peter Cathedral Aug. 25 with Rev. Michael Steber officiating. Interment was in the Epoufette Cemetery.

In lieu of flowers, memorial

contributions can be made to the American Cancer Society.

Canale-Tonella Funeral Home www.canalefuneral.com.

MARLOW SMALE

Born Nov. 23, 1957, to Marlow Sr. and Beverly Ann (nee Morrow) Smale, Marlow Minor Smale was 51 years old when he passed away at Northern Michigan Regional Hospital in Petoskey, Mich., on Sept. 23. He was a lifelong Cedarville, Mich., resident.

For 35 years, Marlow, known to many as Mushaway or Mud Puppy, worked construction, primarily installing cedar boat docks or repairing old boathouse docks, first with family at Snows Dock and later for Breezeswept. Handy with a chainsaw and sledge hammer, always ready with a spike, if you borrowed one of his tools, you better respect and return it in as good a condition as when you borrowed it. Like his uncle Jack and uncle Glen, Marlow had a voice, which, on a foggy day, one could hear on a tugboat chugging across these bays and you knew he was out there.

Marlow was well known as a county and rock singer. With a genuine heart full of gold, Marlow would give the shirt off his back to help someone in need. He loved to rev his truck's pipes while leaving a patch of rubber. With a warm laugh at the end of a work day, like many here, he enjoyed a nip and a dance or a hug with a pretty lady.

Marlow's kind spirit will be

missed.

Marlow leaves behind one sister, Rebecca (Donald) Solomonson of Cedarville; one brother, John A. (Judy) Smale of Cedarville; niece and nephews, Danielle Solomonson, Donnie (Tina) Solomonson, and Eric Solomonson; and great nieces, Deserray and Ciara Solomonson.

Marlow was preceded in death by his parents, and by one sister, Lisa Ann King.

A memorial service was held Sept. 28 at Reamer Galer Funeral Home in Pickford, Mich., followed by an inurnment in Cedar Cemetery in Cedarville.

Condolences may be sent to the family online via www.reamergalerfuneralhome.com.

MARGUERITE SMITH



Marguerite "Muggs" Smith, 71, of Manistique, Mich., died Sept. 6, 2009, at the Schoolcraft Memorial Hospital in Manistique.

She was born June 7, 1938, at Burnt Bluff, Fayette, Mich., the daughter of

Benjamin and Bertha (nee Jensen) Johnson. She lived on the Garden Peninsula until the age of 9 when her family moved to Manistique. She attended schools in Fayette and Manistique.

On June 21, 1958, the former Marguerite C. Johnson married Robert L. Smith in Manistique. They made their home and raised their family in Manistique. Robert preceded her in death on Sept. 11, 2003.

For 20 years, Muggs was an Avon lady in the Manistique area. In recent years, she worked as a gift shop clerk and cashier at the Manistique Kewadin Casino. She loved her work and the many people she worked with over the years.

She was a member of St. Francis de Sales Church in Manistique, St. Anne's Altar Society and was a past president of St. Christopher's circle. She was also a past president of the Schoolcraft County American Legion Post #83 Auxiliary.

Muggs loved to have company and entertain, cook and bake and was known for her delicious homemade pasties. She also loved to bowl, go to the casino, listen to country music, work in her gardens, go shopping and do arts and crafts. She always had a smile on her face and was kind to everyone.

She is survived by daughters, Phyllis M. Smith of Milwaukee, Wisc., and Julie (Vidar) Nygren of Gulliver; sons, John (Beatrice) Smith of Manistique and Jamie (Nicole)

Smith of Manistique; eight grandchildren; three great-grandchildren; her sister, Carol (Dave) Daigneault of Hazel Park; brothers, Daniel (Eva) Johnson, Gerald (the late Donna) Johnson and Michael (Sandra Smith) Johnson, all of Manistique; several nieces and nephews; and her "adopted" daughters, Sharon Zuehlsdorf, Tammy Vincent and Kim Smith. She also leaves her special little friend, her cat, Harry.

In addition to her parents, she was preceded in death by her sisters, Bertha "Babe" Peterson, Beverly Johnson and Marjorie Johnson; and her brother, Benny Johnson Jr.

Visitation and funeral services were at the Messier-Broullire Funeral Home in Manistique with Deacon Gilbert Sablack officiating. Burial is in the Fairview Cemetery at Manistique.

Memorial donations may be directed to the Schoolcraft County Humane Society. Online condolences may be expressed at www.mbfuneral.com.

WAYNE L. TADGERSON

Wayne Levi Tadgerson, 26, of Racoon, Mich., passed away unexpectedly on Sept. 18, 2009, in Sault Ste. Marie, Mich.

Wayne was born on April 7, 1983, in Anchorage, Alaska. He graduated from Sault High School with the class of 2002. He was a member of the Sault Tribe of Chippewa Indians and Kuskokwim Native

See "Tadgerson" on, pg. 21

Toys for Tokens

Kewadin Manistique

October 1-31, 2009

Bring in a new, unwrapped toy of \$10 or more and receive tokens!

Fall Into Cash

All Sites

Earn Entries Oct. 5-28, 2009 for Grand Prize Cash Draws. Plus...Receive *One FREE entry per day when registering. *Must register each day to receive.

Fall Into Cash COUPON!

Bring this original coupon to any Northern Rewards Club and receive ONE FREE ENTRY for the Grand Prize draw. (one entry per person per week)

Tournaments

\$8,000 Spin To Win

Manistique

Oct 9-11, 2009

\$35,000 Craps

Sault

Oct 23-25, 2009

\$15,000 Video Poker

St. Ignace

Oct. 16-18, 2009

\$8,000 Spin To Win

Hessel

Oct 23-25, 2009

KEWADIN KLASSIFIEDS

1.800.KEWADIN | WWW.KEWADIN.COM

B.B. King
Wednesday, October 14th
Sault Ste. Marie,
Michigan



REO Speedwagon
Sunday, Oct. 25th
Sault Ste. Marie
Michigan

Kewadin Lounge Acts

Sault Ste. Marie
Oct. 9 & 10 - Jager 4.0
Thursday Night Comedian
Oct. 8th - Vince Carone & Jim
Flannigan
Show begins at 9:00 p.m.

St. Ignace
Oct. 9 & 10 - BDR
Wednesday Night Comedian
Oct. 7th - Vince Carone & Jim
Flannigan
Show begins at 9:00 p.m.

Manistique
October 3rd - Karaoke

Break the Bank

Kewadin Sault

Oct. 1st-15th, 2009

Random Draws for an invite to the Break the Bank Event Night for a chance to win up to

\$500,000!

All Canadian Mondays

Kewadin Sault Ste. Marie

Every Monday beginning Sept. 28th

&

All American

Wednesdays

Every Wednesday beginning Sept. 30th

Christmas

Anniversary

Kewadin Christmas

Oct. 17th, 2009

Hot Seat Draws

Kewadin St. Ignace

Every Monday & Wednesday in October

Red Stripe Promo

Kewadin St. Ignace

with WKLT

Oct. 9th, 2009

6:00 - 8:00 p.m.



There's no place like Kewadin.

Sandy Reining brings color to Sault Tribe community

From "Reining" pg. 10

Her parents were William and Mary Murray, who donated the land the tribe built the Mary Murray Culture Camp on.

Reining shops for flowers for the elder building with money donated by passing a hat around at one of the elder meetings. Each spring Glen's Market holds a big flower sale. Reining was on her way out the door at 5 a.m. hoping to have a good choice of plants before the early morning rush. As she and some other women were standing in line with their carts full of plants, the sky burst open overhead and thunder and lightning soon followed.

Reining was soaked and another woman whose purse was open to the elements had a mini flood to contend with. Trying to get indoors and out of the storm, the women found the waxed floors a bit slippery from all the water dripping from them and their



Photo by Brenda Austin

One of five barrels of flowers Sandy Reining planted and cares for in front of St. Isaac Jogues Catholic Church on Marquette Avenue in Sault Ste. Marie.

carts. "There was this one lady who couldn't stand up inside because her shoes kept slipping out from under her. She was hanging onto her cart and kept bobbing up and down trying to stand up. She finally ended up on her knees on the floor in

front of the cash register," she said. "The other lady was still pulling stuff out of her flooded purse and shaking it off and an elderly woman approached me in the midst of all this and tells me 'Hi, how are you? I haven't seen you in such a long time!' I

know she didn't know me, but she carried on a conversation with me for about five minutes. I just stood there dripping wet and agreeing with everything she said."

Reining also planted, watered and pruned five barrels full of geraniums and pansies in front of St. Isaac Jogues Catholic Church this year. Next year she plans to take on one barrel and adopt out the others. She said, "When I am working with the plants I see the same people from church at the elder building and then sometimes at the health center, too."

Reining said she would like to thank elder Doreen Nelson for helping her care for the flowers at the elder building and Chairman Joe McCoy for digging a hole while dressed in his suit and helping her plant "Joe's" rosebush, as she now calls it. Reining said the casino donated some of their extra plants this spring to the elder

building, including the rose bush, hostas and lilies.

If you have been to the tribe's health center this past month maybe you noticed the large multi-colored blooms on the potted geraniums on either side of the buildings entrance. "They were so pitiful this spring when I first put them outside. They all fell over and the wind and rain tore their leaves up. I don't know what happened, but they started to grow and now you can't help but notice them," she said.

Reining also volunteers with the tribal volunteer center, Maagwejjig, or gift-giver, in partnership with the United Way of Chippewa County. For an online database of volunteer opportunities visit www.1800volunteer.org. Reining's job as listed with the volunteer center, is of course facility upkeep and beautification coordinator.

Carr accepts ANA position working in nation's capitol

SAULT STE. MARIE

— Elizabeth Carr, Sault Tribe Alive Youth (STAY) Project administrative assistant in Sault Ste. Marie since last spring, is moving on to Washington, D.C. She accepted a position as a program specialist with the Administration for Native Americans (ANA), which operates under the Dept. of Health and Human Services.

"I loved it here. I've learned a lot about the processes of grants and how they work," Carr said. "You really don't get a feel for it from the classroom — it's been a great first experience."

The STAY program, under Sault Tribe's Education Department, saw Carr off on Sept. 23. The 25-year-old tribal member will assist with grant goals for the tribes she is assigned to, making site visits once or twice a year.



Carr was interested in the position as an opportunity to go to a bigger city with a more diverse environment, and to further her career, with an eye to gaining her Ph.D. to teach and research.

Carr graduated from Grand Valley State University with a Bachelor of Science in athletic training and from the University of Michigan with a Master of Science in kinesiology.

STHC emergency preparedness coordinator earns certification

Sault Tribe Health Center Emergency Preparedness Coordinator Gail Marsh recently completed Homeland Security training at the Center for Domestic Preparedness in Anniston, Ala., earning certification to "train the trainer."

Marsh is now an authorized trainer for the Intermediate Incident Command System and Advanced Incident Command in the state of Michigan.

Earning the training certification means Marsh has become a valuable tool in the teaching and training process for the country and the Sault Tribe's health services.

An internal trainer will be a great asset with emergency preparedness management and planning.

Marsh has been holding scheduled training sessions in Sault Ste. Marie, St. Ignace, Manistique and Munising for our tribe's health services.

Courses offered are intro-



Sault Tribe Health Center emergency preparedness coordinator Gail Marsh (front, left) recently completed Homeland Security training at the Center for Domestic Preparedness in Anniston, Ala., earning "train the trainer" certification.

ductions to the incident command systems. The systems are designed toward management and will be offered upon request by staff of facilities and departments of the Sault Tribe Health

Division.

If you are Sault Tribe employee interested in attending these training sessions, please call Gail Marsh at (906) 632-5200.

Nolan receives 2009 Bemidji Area Director's Award for Excellence

SAULT STE. MARIE

— Joseph A. Nolan recently received the 2009 Bemidji Area Director's Award for Excellence, according to a press release. Nolan is an Engineering Technician for the IHS Sault Ste. Marie Field Office, which serves eight Michigan tribes by providing sanitation facilities assistance to individual tribal members and tribal communities.

Joseph Nolan was hired as an engineering technician for the Sanitation Facilities Construction (SFC) program, part of the Office of Environmental Health and Engineering (OEH&E), in 1982. At the time, the office was located in Kincheloe, Mich., and served three Michigan tribes. Since that time, the office was relocated to Sault Ste. Marie and the number of tribes served increased to eight, after five tribes in lower Michigan were federally recog-



From left, Dan Wallis, Joseph Nolan and John Butler.

nized in the 1990s.

As a technician with the SFC program, Nolan's duties include completion of individual site evaluations, environmental reviews, material estimates, soil testing and construction inspection. According to the release, Nolan has served as the "anchor" for the SFC program

services in this area. Since he was hired, at least 20 engineers have been stationed in the Michigan OEH&E offices. Particularly in light of this turnover, according to the release, in engineers and extended engineer vacancies at various times, Nolan's continued service to the program has been invaluable,

providing critical program continuity. His willingness to work with and mentor new staff are particularly noteworthy and has benefitted the program greatly.

In addition to his dedication, Nolan is respected for his technical expertise both within the program and by tribal staff that he works with. His vast knowledge of area soils, expect-

ed well depths, and so forth, have helped ensure sanitation facilities installed by IHS were properly designed, improving the health of the hundreds of individuals served, ensuring that the costs of the facilities to be installed were budgeted for properly and obtaining reasonable construction prices, according to the release.

McLeod hired as principal of Saginaw Chippewa Academy

Sault Tribe member Jennifer McLeod has accepted a position as principal of Saginaw-Chippewa Academy, a private tribal school funded solely by the Saginaw Chippewa Tribe of Michigan, which is located near Mt. Pleasant, Mich.

"They have really taken charge of the education of their children," said McLeod.

Events just came together to lead McLeod to her new vocation. A K-12 language instructor

at Ojibwe Charter School in Bay Mills Indian Community, McLeod will soon be completing a master's program in school principalship. At a meeting on language curriculum, a Saginaw Chippewa participant encouraged her to apply for the principal's position at the academy.

"It's in line with what I've fasted and prayed for — to make an impact on Indian

See "McLeod" on pg. 20

Births . . .

COLEMAN LESTER
LOEBACH

Jeremy and Deanna Loebach are proud to announce the arrival of their son, Coleman Lester, who was born on Sept. 10, 2009, at 10 a.m. at Carolinas Medical Center in Charlotte, N.C. He weighed 7 pounds, 9 ounces and measured 20 inches in length.

He joins his sister, Ally, 4, and brother, Vern, 2, at home.

Grandparents are Jeanne Matchinske of Charlotte, Marianne King of Engadine and Jerry Loebach of Charlotte.



Great-grandfather is Gilbert Matchinske of Engadine.

MACKINLEY KAVANAUGH
Mark and Mindy (nee Killips) Kavanaugh are



the proud parents of a son, Mackinley Christopher Kavanaugh, born June 29, 2009, at 8:56 p.m. He weighed 8 pounds, 9.5 ounces and was 20.25 inches in length.

Grandparents are Harry and Jonelle Killips and Ken and Dorothy Kavanaugh, all of Sault Ste. Marie. Great-grandparents are Annette and the late

Harry Killips, Dorothy and the late Raymond Gervais of Sault Ste. Marie and Kenneth and the late Elaine Kavanaugh of Ossineke, Mich.

FELIX LEROUX MEDLEY

Jason and Jaime Medley wish to announce the birth of their son,

Felix Leroux Medley, born March 9, 2009. He weighed 8 pounds, 8 ounces and was 20.5 inches in

length. Proud siblings are Miles and Lucy. Proud grandparents are Randy and Judy Merrill and great-grandmother Pauline Hickman.



Book uses novel approach in weight loss

By RICK SMITH

The authors of *Water with Lemon* are a couple of those folks in the field of human health who have a small train of letters following their names. Zonya Foco is a RD (registered dietitian), CHFI (certified health and fitness instructor) and CSP (certified speaking professional). Stephen Moss is a CFT (certified fitness trainer) and LWMC (lifestyle and weight management consultant).

In addition to all that, Foco is a cookbook author and television chef who focuses more on healthful eating rather than dieting; Moss writes novels and both have personal experience overcoming excessive body weight. Together, the pair wrote *Water with Lemon*, a novel described as the first in a new genre of literature — health novels.



The novel centers on Karen, an obese wife and mother whose life is crumbling around her because of her weight. Then she meets a neighbor who shows her how simple daily choices and the painless and gradual adoption of eight habits create the changes she seeks.

The book features a forward by the senior vice president and chief medical officer of the Health Alliance Plan of Michigan, Mary Beth Bolton, as well as introductory remarks by Foco and Moss. Words of motivation are found just before the prologue and at the end of the story. In addition, some pointers and online links are provided for those who want to put lessons learned from the novel into practice.

Water with Lemon can be ordered through better bookstores for \$16.95 in paperback or online at www.waterwithlemon.com. Associated material can be downloaded free of charge on the Web site. Promotional questions about the book may be directed to Sault Tribe Community Health in Sault Ste. Marie at (906) 632-5210.

Sault Tribe health programs committed to quality care and patient education

The Sault Ste. Marie Tribe of Chippewa Indians spans across much of the Upper Peninsula of Michigan. There are health centers in St. Ignace, Manistique, Munising and Sault Ste. Marie. The Sault, Manistique and Munising health centers participate in the Healthy Heart Project. “Even before the Healthy Heart project, the tribe was committed to diabetes education and quality care,” said Sarah Willey.

“Healthy Heart has provided the resources for us to build on that foundation and open up our classes to the whole community,” she added.

The entire community is also hearing and seeing Healthy Heart program successes on the street, in tribal newspapers and on television. Patty Teeple, a Healthy Heart participant, has been featured in local newspaper articles as well as Indian Country Today. Most recently, she appeared with Manistique dietitian Gail Sulander on WNMU’s Public TV Media Meet about diabetes.

Teeple had the opportunity to share how she was able to

shed 120 pounds (over 1.5 years) and avoid bypass surgery and insulin. Her A1C also dropped from 11 percent to an amazing 5.9 percent.

“For me, meeting with Gail, a registered dietitian and diabetes educator, and getting support and help from my family was and will continue to be critical to my success,” said Teeple.

Sault Ste. Marie’s health programs focus on helping the patients who come to their tribal health centers to be healthy, whether they are coming for disease management or prevention. “We work cooperatively with our traditional medicine program,” said case manager Linda Cook, RN. “That was our original medicine. Our old ways are just as important for treating our people.”

The team continuously receives positive feedback about the effectiveness of the Healthy Heart program from internal as well as external health care providers.

“We are getting positive feedback from doctors and other health care providers not affiliated with our tribal health sys-

tem about the effectiveness and success of our program,” Cook said. “We have also received a referral for our pregnancy program from an outside OB practice.”

“We really work as one big team and we think it has made a big impact on the depth of education and care we can provide,” said Sarah Willey, project coordinator and data coordinator.

Sault Ste. Marie Healthy Heart Project staff — project director Marilyn Hillman, RN, MPH, and project coordinator and data coordinator Sarah Willey, ANP, BC-ADM, CDE; Sault Ste. Marie Tribal Health Center diabetes nurse case manager Linda Cook, RN, BSN, diabetes dietitian case managers Kristy Hill, RD, and Stacy Storey, RD; Manistique Tribal Health Center diabetes dietitian case manager Gail Sulander, RD; Munising Tribal Health Center diabetes dietitian case manager Cassie Britton, RD.

Reprinted by permission from *Special Diabetes Program for Indians demonstration projects SPOTLIGHT*, Jan. 1, 2009.

McLeod hired as principal of Saginaw Chippewa Academy

From “McLeod” on pg. 19 education,” she said. She’s been very active in her own tribe, on several committees including the constitution committee and culture committee, and thought that she would be staying here, so it was a hard decision to leave.

“I know it’s part of the Creator’s plan for me,” she said. “It might sound hokey, but it’s how I live my life — obedient to what the Creator wants.”

She can impact her students as an individual teacher. But as a principal, she can work to ensure that tribal values and sensibilities are reflected in curriculum, and all policies of the school. “I hope it will turn out that I can help a lot of children,” she said.

McLeod had an “amazing” interview. “I feel so honored, by the tribal community and by the Creator,” she said. “It is a sacred trust that I have been given.”

Interviewing and accepting the job, moving and starting her new job by Oct. 5 has been a whirlwind. When she gets there,



she has a lot of support in the form of friends and family who live in the area.

Thus far, McLeod has no “pat” vision for the academy. “I am looking to help the Saginaw Chippewa Academy be second to none. By empowering the students and staff, everyone can be their absolute best.”

She said it’s an idealistic vision for the future, but she’s eagle clan and the eagle clan has vision to see the big picture, as well as focus in on the details. “When you are given a vision, your path is laid out for you ... I am proud to follow my vision.”

Health conference held in Big Rapids to prepare for pandemic

Spectrum Health recently held a conference to help plan and prepare for a pandemic thanks to funding received by the Center for Domestic Preparedness through the State of Michigan.

Session topic *You Shouldn’t Do That*, explored ethical questions and answers for pandemic planning. *Legal Considerations* covered authority and liability protection for the development of emergency plans. *Let Me In* covered pre-ed screening during an influenza pandemic. *Essential Services During a Pandemic* focused on essential services and history of service for hospitals and health care during a pandemic. *The Call In* reinforced the importance of emergency staffing and resource

requirements during a pandemic. *Technical Support* discussed assumptions, processes, objectives and communication. *Working Together* discussed the importance of partnerships among multiple agencies and disciplines as did other topics.

Attending conferences and education opportunities are a couple of the many ways staff of the Sault Tribe health services develops plans for the emergency preparedness program.

Staff attending this conference were Amy Powers, Community Health nurse; Marlene Glaesman, Rural Health manager; Nancy Fulcher, Community Health nurse; Tara Duchene, Community Health nurse; and Gail Marsh, emergency preparedness coordinator.

Billboards promote healthy living



The Sault Tribe Strategic Alliance for Health developed billboard advertisements in four communities. Billboards in Munising, Manistique, St. Ignace and Sault Ste. Marie promote the Strategic Alliance for Health Community Coalitions and the work they are doing to build healthful environments for physical activity and nutrition. For more information on when and where the coalitions meet in each of these communities, please call Donna Norkoli, project coordinator, at (906) 635-8844.

HUD issues smoke-free recommendation

BY LAUREN EVELEIGH, SAULT TRIBE COMMUNITY HEALTH, CHIPPEWA COUNTY TOBACCO FREE LIVING COALITION

The U.S. Department of Housing and Urban Development's (HUD) Office of Healthy Homes and Lead Hazard Control and its Office of Public and Indian Housing recently issued new recommendations for non-smoking policies for public housing. These recommendations strongly encourage public housing authorities to adopt non-smoking policies in some or all of their public housing units.

These important recommendations could result in protection for residents of public housing across the country,



especially children, the elderly and people with chronic lung diseases. Residents of public housing are among those most at risk from unhealthy air from a variety of factors, including a high prevalence of secondhand smoke.

The American Lung Association strongly recommends that all public housing units adopt non-smoking policies to ensure no one – especially children, the elderly and those with chronic diseases – has to breathe dangerous secondhand smoke.

Because tobacco smoke can migrate between apartments in multi-unit housing, it can cause respiratory illness, heart disease, cancer and other adverse health effects in neighboring families. Exposure to secondhand smoke impedes the development of a child's lungs, aggravates asthma, often resulting in hospitalizations and causes scores of other health problems. Smoking is also a major cause of fires

and fire-related deaths and injuries.

Implementing non-smoking policies is also beneficial to landlords. Going smoke-free can save money by leading to maintenance savings, decreased risk of fire and improved resale opportunities. There are 31 Housing Commissions in Michigan with partial or 100 percent smoke-free policies in place. The Sault Ste. Marie Housing Commission adopted a smoke-free policy for three of their apartment buildings in December 2006.

The Menominee Housing Commission was one of the most recent housing authorities to implement a smoke-free policy, which took effect on Aug. 1,

2009, covering all 83 units for the elderly and 44 family units.

For more information on smoke-free housing policies, call the Chippewa County Tobacco-Free Living Coalition at (906) 635-3636 or 495-6409. For a list of smoke-free housing units available in your community, visit www.mismoke-freeapartment.org. For more information on tobacco cessation resources available in your community, call the Chippewa County Tobacco Free Living Coalition at the number listed above or contact Sault Tribe Community Health at 632-5210.

The HUD notice is posted at www.hud.gov/offices/pih/publications/notices.

Why should I exercise?

SUBMITTED BY LINDA COOK RN, DIABETES CASE COORDINATOR

I once read somewhere, "Any person who does not find the time for exercise will have to find the time for illness."

I thought about how I feel when I am walking regularly and I do feel better. It is proven that exercise can decrease your risk of many diseases.

People might start an exercise program to get in shape, to lower blood glucose readings and to stay off medications, all of which are great reasons, but the one I hear the most is to lose weight. We lose weight by exercising off more calories than we take in during the day. When we breathe we burn calories, when our heart is pumping we are burning calories, everything that we do throughout the day burns calories at a certain rate.

You must burn food calories to lose weight. Calories are the result of carbohydrates, proteins and fats that we eat at mealtime,

each of which breaks down at a different rate.

Exercise intensity (how hard) and duration (length of time) are important in calculating the amount of calories burned during exercise. It is a simple formula: (Calorie intake – calories burned) = (weight gain, maintenance or loss). Therefore, if we take in more calories than we use during the course of the day, chances are we will gain weight. If we eat the same amount of calories that we use in daily activity, we should maintain present weight. If we eat the usual amount of calories and add exercise to our daily routine, the result should be weight loss.

Why does exercise help burn calories? Oxygen consumption — the rate at which we breathe — is important in this simple formula for weight loss. When you increase your rate of breathing you increase the intensity of the exercise that you are doing and this should increase the amount of calories

you burn. You should be able to walk and talk but still walking fast enough to be slightly breathless.

The longer you continuously exercise at a greater intensity than usual the more calories you will burn. It is always best to start small and work to bigger. If you work too hard or too fast you may injure yourself and that will cause you to take longer to get into shape. Start your new routine slowly. If you have not exercised in a long time and feel it is necessary contact your regularly seen doctor to get the okay for starting a new exercise routine.

It is equally important to do exercises that you enjoy to get started. If the exercise that you start is something that you like, chances are you will stay with it longer. Exercise can be fun and rewarding. More and more I see it is a necessary part of health. Get started now. Call (906) 632-5210 to speak to someone about how to get started. Chi miigwech.

Elder advisory briefs . . .

SUBMITTED BY BOB MENARD

Chairperson Menard opened the meeting at 12:25 p.m. and Dolores LeVeque offered a prayer. A moment of silence was observed for those of our community who recently walked on and for our armed forces and their families.

There was a quorum present. Voting members who were absent and excused were Ilene Moses and Brenda Garries. There were three alternate members and five guests in attendance.

Holly Kibble, Elder Services Division Director, Erik Clark, Biologist, Sarah Chalmers, Americorp Vista were also in attendance.

The agenda for this meeting and the minutes of the July 27, 2009 meeting were both approved as submitted.

Guest speaker, Erik Clark explained what his job as tribal biologist entailed and fielded a number of questions regarding

hunting, fishing and gathering. There is obviously much confusion about the various regulations (state, federal and tribal) and permitting procedures. Erik was offered the help of the Elders Advisory Committee for the dissemination of information.

Under old business — Award 2009 scholarships: Bob Menard reported that only two judges were able to review the applications and that the review process was completed. The judges were in agreement on their selections and that of the 23 applications they reviewed; Andrea Trembath and Melissa Beard expressed their goals well, demonstrated achievement and were already taking leadership roles. On a motion by Phil Payment supported by Dolores LeVeque and carried, the selection of the judges was accepted. Bob Menard will write the letters to the winners and also to those who were unsuccessful.

Holly will see that the checks are processed. Bob will write a letter thanking the judges for donating their time to support the Scholarship Program.

There was no new business.

Holly Kibble, Elder Services Division director spoke briefly about the "entertainment policy," the funeral assistance program and informed the group that the reason that Ilene Moses wasn't present was that she had taken a new job outside the tribe. Holly introduced Sarah Chalmers who gave a brief summary of the *Preserving Your Legacy* book project.

By vote, the group elected to table until the August meeting, the agenda item What's Going On In Your Unit.

There were no questions or comments from the elder audience.

The meeting was adjourned at 2:40 p.m. with the next regularly scheduled meeting to be Monday, Sept. 28, 2009 at 12:30 p.m.



JKL Bahweting School observed Walk to School Day on Oct. 1. Tyler Fish, second grade, helps his sister, Jewell, kindergarten, cross the street during her first time participating in the event.

Photo by Shari Robertson

Cash for clunkers a win-win, say feds

Cash for Clunkers wrapped up with \$2.9 billion in rebates, with Michiganders claiming over over \$132 million. The program worked far better than anyone anticipated at moving consumers out of old trucks and SUVs and into more fuel-efficient cars — out of the 690,000-plus transactions across the country, 84 percent of trade-ins were trucks and 59 percent of purchases were cars, according to the Dept. of Transportation. There was an overall all 58 percent improvement, with the 690,114 new vehicles running at an average of 24.9 mpg and the trade-ins at 15.8 mpg. The program is expected to create or save 42,000 jobs and increase production, therefore increasing economic growth and the GDP in the fourth quarter, according to the Dept. of Transportation, which touted the program as a win for both the economy and the environment.

About 200 Sault Tribe members living in agreement areas took advantage of the rebate program coupled with a tax exemption, according to the tribe's tax office.

From "Tadgerson," pg. 18 —

Corporation. He loved animals and spending time outside. He enjoyed snaring rabbits, hunting and going to sweat lodges.

Wayne is survived by his father, Thomas Tadgerson of Raco; his mother, Ruth Guier of Clark Fork, Idaho; a brother, Joey Tadgerson of Raco; and two Sisters, Shana Tadgerson of Sault Ste. Marie and Thomasina (Jason) Brown of Mason, Mich. He is also survived by a special uncle, Robert Tadgerson of Sault Ste. Marie and a special aunt, Joanne (Rod) Caskey of Mason, Mich.

Wayne was preceded in death by his sister, Kathleen

Tadgerson.

Traditional Native American memorial services were held Sept. 22, 2009, at the Migizi Cultural Center in Bay Mills with Dwight "Bucko" Teeple assisting as pipecarrier. A gathering was held at the cultural center until the memorial service with a Pipe Ceremony. Interment was in Mission Hill Cemetery. In lieu of flowers, memorials may be left to the New Hope Residential Treatment Center.

C.S. Mulder Funeral Home assisted with arrangements. Condolences may be left online at www.csmulder.com.

Many concerns with proposed amendment



DARWIN "JOE" MCCOY
TRIBAL CHAIRMAN

Aanii! Hope this report finds you well.

OFFICE HOURS

I am pleased to report that I have tribal commitments in the St. Ignace area on Wednesday, Oct. 28, and I plan to attend the Unit III meeting that evening hosted by directors Pat Rickley and Keith Massaway. We are at a critical point with our Greektown Casino venture and that would be the only thing that would change this plan. If you would like to schedule an appointment with me before the unit meeting, please contact my office at 635-6050, or toll free (800) 793-0660 and Lona will schedule a time with you.

SECRETARIAL ELECTION

For the past several months, I have been writing about the proposed Constitutional amendment to separate the chief executive officer position from that of the chairperson's position. I have had several concerns related to the way the proposed language is written, several of our board members have voiced concerns and tribal members have also voiced their concerns to me and the board of directors. On Sept. 15, my office received the letter from the Midwest Regional Office of the Bureau of Indian Affairs, Department of the Interior. As a reminder, the regional director's review of our proposed amendment language is a requirement for the Constitutional amendment process. As I indicated previously, I believe it is important to provide any and all information to our membership when we are asking you to vote on something that affects our tribe overall. Following are the concerns that were noted in the

letter from the regional office. I have reprinted the letter in its entirety:

The board of directors for the Sault Ste. Marie Tribe of Chippewa Indians has requested that a Secretarial Election be held on a proposed amendment to Article II Subsection 1 of the Bylaws of the Tribal Constitution. The proposed amendment was received via Resolution No. 2009-105, duly adopted by the board of directors of the tribe on May 19, 2009.

If adopted, the proposed amendment would eliminate the duties of the tribal chairperson as the chief executive officer of the tribe, currently found in Article II, subsection 1 of the Bylaws.

If approved, Article II Subsection 1 would read as follows:

Section 1. The chairperson shall preside over all meetings of the board of directors and exercise any lawful authority delegated the chairperson by the board of directors. The chairperson shall vote only in case of a tie unless otherwise provided in the tribe's constitution and bylaws.

The proposed amendment does not appear to be contrary to federal law. However, there are concerns with this proposed amendment as drafted.

The intent of the proposed amendment appears to be to remove the authority of the chief executive officer from the tribal chairperson. Interestingly, the constitution and bylaws do not otherwise mention the chief executive or define that authority. The concern is that this creates a constitutional void where executive authority, though constitutionally undefined, previously existed in the tribal chairperson. The proposed amendment does not address how that void will be filled other than the board of directors delegating lawful authority to the tribal chairperson. Filling such a void may be difficult politically and administratively as there will likely be differing opinions among individual addressing this issue. Further, when legislation is enacted addressing the potentially thorny issue of executive authority, that crafting of

the legislation will be critical. A potential problem when resolving executive authority legislatively is that it can be changed by the next board of directors or even the same board at a later date. This can create problems. There is the potential of creating a confusing patchwork of executive authority with pieces delegated to different positions. Another alternative may be to have day to day executive decisions made by the politically elected board of directors as it will seem to default to with this amendment. This could have the unintended effect of politicizing day to day operating decisions rather than removing politics. Each option can be problematic and will require careful consideration and good crafting of any legislative solution.

As noted above the proposed amendment does not appear to be contrary to federal law so a Secretarial election can proceed. Upon written notification from the Sault Ste. Marie Board of Directors, the Secretarial Election process will proceed with the regional director issuing an authorization letter to call and conduct the election. Secretarial elections must be conducted consistent with the election regulations found in the Code of Federal Regulations found at 25 C.F.R. Part 81. Please be aware that the authorization of a Secretarial election does not carry with it a presumption of Secretarial approval of the amendment should it be accepted by the voters. Finally, if adopted, an amendment does not become effective until approved by the regional director.

Closing salutations of the letter was the final paragraph, indicating who we are to contact with questions.

I print this letter only to show our membership that I, a number of board members and a number of tribal members are not the only ones who have concerns with the way the existing amendment language is drafted. Our legal staff, after consultation with the board of directors, have drafted language that would address our concerns as well as those of the BIA regional director. As of the date of this report, we will be

reviewing the letter from the regional director as well as the proposed amended draft language from our legal staff at a workshop for further direction.

I campaigned on the separation of the chief executive officer position from the chairman's position and I strongly believe in and support it. One of the key things I had thought this would accomplish is to separate the politics from the business of the tribe. As you can see from the language above from the regional director, the existing language would not accomplish separating the politics from the day-to-day operations of the tribe. It would appear that it creates more politically motivated decisions because at this point in time, we do not have this entire separation planned out as far as who will have what authority. It is critical to our future success and I cannot state strongly enough how much I support the separation of politics from the business operations of our tribe.

TRIBAL OPERATIONS

I want to take a moment and extend my gratitude and appreciation for all of the guidance, input and assistance the board of directors, employees and tribal members have given me through the year-plus I've been chairman. With your assistance and input, I have gained a better understanding of our tribal operations and the issues that face us. Not one of us could lead this tribe alone, working as a team we can accomplish many things. Chi miigwech to all of you!

I have also been providing you with updates on the work the health services staff and other internal and executive staff have been performing as far as reviewing different policies and procedures to ensure we are operating as efficiently as possible while ensuring that each of our board approved policies have built in checks and balances, whether these exist within the policy itself or procedures have been developed that conform with policy and assist our managers in conducting their day to day business.

We are at the point in this review process that we will be asking our division direc-

tors and program directors and managers for their input on the proposed revisions to existing policies. The final step in this process is to review final recommendations with the board of directors and explain to justify the reasons the recommendations are being made. We hope to accomplish this by the end of October to the beginning of November.

The board of directors and I are working together with the assistance of our planning specialist, Michelle Hank, to set the priorities of our tribe through the strategic planning process. We have held several sessions on identifying what the priorities for the tribe are from each individual board members' perspective and Michelle will be consolidating this information for the next session to review with the board as a whole.

BOARD WORKSHOPS

We continue to hold Wednesday workshops twice monthly for the purpose of reviewing quarterly updates of our membership services, internal services, business updates and casino updates. There have been a few cancellations in the last few months due to other priority business so I encourage you to please contact the board of directors office for additional information on the coming month's schedule or to inquire about any changes to posted agendas toll free at (800) 793-0660 or 635-6050. All quarterly reviews are held at the Sault Kewadin Casino location and begin at 9 a.m.

I would like to say "Chi Miigwech" to the Hessel tribal community members for welcoming my son, Cody, and I to their annual fall feast held Saturday, Oct. 3. We were able to witness the naming ceremony of Cal and Lisa Burnside's nephew, Christopher Littrell, who received his Ojibwe name which translates to "Little Elk." It was an honor and a privilege to be a part of the feast.

If you have any questions, please feel free to contact my office or email me at jmccoy@saulttribe.net.

Miigwech,
Chairman Darwin "Joe" McCoy

Stupak reappointed to interparliamentary group

WASHINGTON, DC — The Speaker of the U.S. House of Representatives has reappointed U.S. Congressman Bart Stupak (D-Menominee) to serve as a member of the Canada-United States Interparliamentary Group.

"On a wide range of issues, including trade, tourism, natural resources, the Great Lakes and law enforcement cooperation, the United States and Canada have common interests that affect Northern Michigan directly and deeply," Stupak said.

Stupak was first appointed to serve as a member of the Interparliamentary Group in



Bart Stupak

2007. One recent resolution from the group encouraged the governments of the United States and Canada to develop a North American Energy Framework focused on enhanced cooperation in existing projects and a joint investment in alternative energy sources and technology. Another resolution made recommendations on ways to further improve the health of the Great Lakes, encouraging cooperation between the U.S. and Canadian

governments.

Stupak recently met with Canadian Prime Minister Stephen Harper and discussed a number of shared issues between Michigan and Canada, including the Soo Locks and the Detroit River International Crossing project.

The aim of the group is to find areas of agreement in the respective national policies of Canada and the United States, initiate dialogue in cases where there is disagreement, encourage the exchange of information, and promote a greater understanding of the issues. The group was first established in 1959.

FLU CLINIC OCT. 19

When: Monday, Oct. 19, 7 to 5 p.m.

Where: Sault Tribe Health Center Auditorium

This flu shot clinic for Sault Tribe members, their families and Sault Tribe employees. The clinic is free for Sault Tribe members and members of other federally recognized tribes. The fee for non-Native employees and non-Native spouses is \$10 (with or without insurance; co-pay up to \$10 for insured).

Please call Community Health at 632-5210 for more information or any questions.

Work continues on many fronts facing our tribe



TOM MILLER,
DIRECTOR, UNIT IV

Healthy, wealthy and wise. I will take two out of three and I hope everyone is doing well. Fall is upon us and the beautiful September we experienced is

gone, but I did manage to enjoy it as I hope you did.

The board of directors has been conducting tribal business as usual with most of our efforts ensuring that the budgets are maintained and adhered to. We are getting very close to not spending more than we get. Recently, the board has been interviewing for a general council and I believe we have found an excellent candidate. We have needed this position to help our legal department with overall direction and efficiency. The board will be making a decision in the second week of October.

The saga of Greektown continues with the tribe definitely still in the owners seat and close to developing a plan to submit to the bankruptcy court

to continue a role in the casino. This source of potential revenue is essential to any plans to expand services to membership in the future. Nov. 3 is the confirmation hearing by the bankruptcy judge and there will be a decision on which plan is approved. It will probably be six months after that before anything becomes final. On a final Greektown note, there is no tribal money going down to that casino.

Two percent applications have been received and Denise and I will be reviewing the applications for Unit IV. The fall amount of two percent is down, which will mean less money to award to the organizations requesting money. We will do our best to meet the needs of

local governmental units with a limited amount of money.

The work continues on the potential expansion of the JKL Bahweting PSA. This expansion is being necessitated due to a waiting list to get into the school of around 100 students. This is a school of excellence and the tribal community should be proud to be associated with it. I do not see expansion happening before next year.

This year's National Indian Education Association annual conference will be held in Milwaukee, Wis., in October. I, along with two other board members will attend. The education director with a number of students will be attending and this is the closest this conference will ever be held. There

are 2,500 to 3,000 persons attending the annual conference on average, making it the largest conference of this type.

ARRA (Stimulus) monies are being addressed and the amount of paperwork that is required is staggering, to say the least. Considerable monies have been requested, approved and will be used in the program operations over the next two years. I will request a page breaking down the amounts and the programs that received them be put in the tribal paper so the membership is aware of the ARRA monies when we discuss or refer to such.

I hope this is helpful. If you have any questions, please call me at (906) 644-3334 or 322-3827. Have a good fall.

LIHEAP open to help those with heating needs



DENISE CHASE,
DIRECTOR, UNIT IV

Normally, I and Director Miller try to attend elders' meetings in our unit. Unfortunately, sometimes we can't make it because of other tribal or personal commitments. If we are available, one or both of us will show up to address your issues or concerns. If you need an

issue addressed immediately and we could not attend your meeting, call either one of us and we will make sure your issues are immediately addressed.

On Oct. 1, LIHEAP opened. This program provides heating assistance to low income tribal families meeting guidelines and qualifications. To see if you are eligible for the program or to inquire about more information, call Viola Neadow, direct services worker, at 341-6993 or (800) 347-7137 in Schoolcraft and Delta counties, or Heidi Cotey, direct services worker, at 387-3906 or (800) 236-4705 in Marquette and Alger counties, or call either office and ask to have a LIHEAP application mailed to you.

If your furnace or water heater is old, malfunctioning and you need assistance to buy new ones, call the above numbers and ask for a weatherization application. Again, you have

to meet income guidelines to qualify for assistance.

TWO PERCENT FUNDING

As of this date, we still do not have the dollar amount that will be available for distribution in the Unit IV service area. In each round of spring and fall distributions, we usually receive a large number of requests for funding for various projects in our unit. We would like to fund all of them but, unfortunately, we can't. Once the tribal tax office meets with the board and gives us the final number we have to work with, then the requests will be reviewed and selected.

After the board of directors met with Blue Cross/Blue Shield representatives of Michigan for a lengthy presentation, the board authorized the chairman to negotiate and sign a contract with Blue Cross/Blue Shield to provide a health care insurance plan for employees.

The preliminary cost savings projected by BC/BS could save the tribe a substantial amount of money and provide a more recognizable insurance card and a much larger medical provider list for employees to access.

The board again met with the BC/BS reps last Tuesday and they answered the concerns and questions of board members who still wanted more information. There were some changes to the contract requested and, hopefully, after those are done, the contract will be brought

back to the board for a final vote.

GREEKTOWN CASINO

The tribe is still in the Chapter 11 bankruptcy process. Some interested parties and individuals have been met with and the tribe's goal is to submit a financial plan on Greektown so we could retain all or majority ownership of this revenue producing casino.

Thank you, please call with your issues or concerns at (906) 341-6783.

Denise Chase

Staying on top of tribal issues, needs



LANA CAUSLEY, DIRECTOR,
UNIT II

This past month, the board was busy attending financial reviews, updates and presentations from our casino and governmental departments and strategic planning sessions.

As reported in the past, our Planning and Development Department will be holding meetings in the community to gather input from members on the priorities and direction we need to focus on. I will be in attendance at those meeting and will keep you updated as we proceed.

This month, the chair and board will attend a legislative session in Lansing. We will meet with many state representatives, such as State Rep. Gary McDowell, Sen. Jason Allen, Majority Leader Mike Bishop and Speaker Andy Dillon. We will discuss the issues and needs of our tribe. Our role as a board is to also educate state and federal representatives so

that they better understand our sovereignty and the responsibility THEY have to us as a tribe and tribal members. I will have a full report next month on the outcome of the meeting.

On Oct. 28, Chairman McCoy, Director Lapoint and I will be holding a unit meeting in Naubinway. The meeting will take place at the Naubinway pavillion at 5:30 p.m., with the elders' dinner and meeting to follow.

I would like to say "miigwech" to the Newberry community for such a wonderful powwow — the day was very good and because of many requests, they will try to hold a two-day powwow next year.

Miigwech to the Hessel community and our drum. We held our annual fall feast this past weekend; it's the medicine we need to keep going. Miigwech.

As always, if you would like to meet with me, please call or e-mail at lcausley@saulttribe.net, (906) 484-2954.

Baamaa pii,
Lana Causley

Keeping guard on the issues



JOE EITREM,
DIRECTOR, UNIT I

The past few weeks have been very busy for our tribe. While dealing with many difficult issues, we have still made great strides to move the tribe forward and stabilize it for the long term.

— We, as a board, have eliminated the evergreen contracts that have loomed over the tribe for the past 6-plus years.

— We continue to fight to retain Greektown for the long-term financial stability of our tribe.

— We are working towards resolution of past discrepan-

cies with our charter school and commencing the development of a new parking lot in the rear of the facility to ensure safety for all of our community's children.

— We are exploring options to reduce tribal expenses without impacting services and employee benefits or rights. One option, switching to Blue Cross/Blue Shield appears to be promising, however, all of the details must be closely examined to make a definitive decision on this matter.

While the above is merely a portion of the actions that have occurred to aid our tribe in positively moving forward, many additional actions are being worked upon for the benefit of the tribe as a whole.

Greektown is, and has been, an increasingly troubling issue for some time. With the state of the national economy, and the outstanding debt load of the project, many have written us off in the bankruptcy process.

Yet we still push hard to retain equity in an effort to provide funding for future services and generations to come. As I write this article, I continuously remind myself that even though

these reports are intended for our tribal paper and for our tribal membership, they are also exposed to our competitors and too many other outside influences that can and will damage our tribe. Therefore, I must generalize on this topic and refrain from specifics.

The economy has also had an effect on our northern operations. We need to ensure that we remain efficient, and aggressively seek to retain, and obtain past and future customers.

Our tribe's programming and services are dependent upon the revenues generated by our northern operations and we as a tribe must ensure that they are efficient.

In closing, I look forward to actively meeting with the membership in Unit I, and throughout the tribe. Once again, please look for the schedule of unit meetings in this and the local newspaper.

If you have any questions, please feel free to contact me at any time.

Sincerely,
Joe Eitrem
Unit I Director
(906) 632-8567
josepheitrem@yahoo.com

Read the newspaper
online at
www.saulttribe.news.
Lost an issue?
Check out previous
issues archived on
the Web site!

Some surgery is long overdue for our tribe



**DJ HOFFMAN, DIRECTOR,
UNIT I**

In an effort to change things we must sometimes hit the proverbial "reset button."

This is precisely where the tribe currently sits. The great potential of our tribal nation lays stymied by inaction, indecision and unfortunately incompetence.

Our tribe is governed by 12 unit representatives and a chairperson. This is the structure that most assume "sets the direction" of the tribe. Unfortunately, the truth is that the direction that OUR TRIBE is heading is at the whim of a collection of employees and board members. This group, without any authorization from the board of directors, does pretty much whatever they want. If they are instructed by the board to accomplish a task or to make changes – they simply ignore the directive or delay it until such time as they deem necessary.

How can something like this occur? Imagine in the "real world" if an employer directed staff to accomplish a task or goal. What would happen if those directives fell on deaf ears? I think we all know the answer. Why this does not occur within the tribe stems directly from the lack of accountability within the tribal board and the overall diminished state that we have allowed our roles to incur.

If a position requires acquiring new knowledge, practice and good old fashioned sweat equity – then that is exactly what must be done. If individuals wish to skate or merely "show up," then they should step down. Leadership is not about what you do when people are watching; it is the actions you take when they are not.

How does this get fixed? In order to fight a cancer, you must ultimately cut it out. This is not limited to individuals in employment roles, but the board members as well. We all work for the betterment of the membership of the tribe. The sole reason that we, as board members and employees, have jobs is to ensure that the membership of the tribe is provided with services for our generation and generations to come.

In the workplace we are often perplexed by the question of what is right and what will be liked. Too often it is forgotten that **WORK IS WORK**. While it is true that people make long lasting relationships with fellow co-workers, at work the job at hand is the priority.

It has been noted that

I have upset some from a demand of accountability and adherence to board-adopted policy. Regardless of whom is involved, "friend or proverbial foe," all must be held accountable for actions or inactions. Those who believe they are immune from policy or accountability do not serve the tribe, they serve themselves.

CONSTITUTIONAL AMENDMENT

On May 19, 2009, the board passed a resolution calling for a secretarial election to amend the Constitution by separating the chairman and CEO positions. This change would ensure that an elected official would NO LONGER be running the day to day operations of our tribal government. In place, a tribal manager (CEO) would be hired to efficiently and effectively manage tribal governmental operations. While some are attempting to make the argument that this would cost the tribe money to fill this position, the facts are quite the contrary. The position can be funded by indirect cost support; this is no increased expense to our tribe. In addition, what is often left out of many allegations on this topic is that there will be considerable savings from management restructuring.

Unfortunately it is a near impossibility to hold an elected official accountable for their performance in managing OUR TRIBE's governmental operations, at least until the next scheduled election. An employee serving in this position would be held accountable for their performance. In short, if they are not performing then we find someone who can.

The resistance to this type of change, not surprisingly, stems from current politicians and employees hesitant to lose their individual authority. Current actions and inactions of staff, as well as those empowered politically with their oversight, has demonstrated the dire need to make this change to ensure OUR TRIBE's efficient and progressive future.

BLUE CROSS/BLUE SHIELD

After a year of "review," the tribe is set to decide within the next few days whether to switch to BC/BS from NGS, a change that will save the tribe over \$1 million a year and leave employees with the same insurance plan, the same co-pays and an extended coverage area. This process has been filled with conflicts internally; in fact, a majority of the delay in consideration has been generated by internal politics. Hopefully, the board will elect to save OUR TRIBE a considerable amount of money and enhance the coverage area for our employees.

EVERGREEN CONTRACTS

After six months, the personal submission of two resolutions on the matter, and a resounding vote of the board of directors – **THE EVERGREEN CONTRACTS HAVE BEEN ELIMINATED**. Make no mistake – **NO ONE SHOULD HAVE EVER BEEN GIVEN A CONTRACT OF**



Min Waban Dan

Administrative Office

523 Ashmun Street
Sault Ste. Marie

Michigan

49783

Phone

(800) 455-6850

Fax

(800) 455-6850

Government Services

Membership Services

RESOLUTION NO: 2009-190

VOIDING EVERGREEN CONTRACTS

WHEREAS, the Sault Ste. Marie Tribe of Chippewa Indians' Legislative Director, Executive Director for the Gaming Commission, Chief Financial Officer for Gaming, Comptroller, Chief Financial Officer, Vice President of Hotel Operations, Chief Operating Officer, Casino General Manager for Kewadin Shores, Vice President of Marketing and Sales and Casino Manager IV for Hessel have employment contracts that are referred to as Evergreen Contracts; and

WHEREAS, the Evergreen Contracts are unfavorable to the Tribe, unconscionable in their terms and conditions and not in the Tribe's best interest; and

WHEREAS, the existence of these contracts has caused the Tribe to suffer undo harm and expense; and

WHEREAS, the Board of Directors desires to protect the Tribe from continued harm and expense by taking the following action.

NOW THEREFORE BE IT RESOLVED that in furtherance of and pursuant to Resolution No: 2008-155 the Board of Directors hereby offers each of the above employees the opportunity to select one of two employment contract options that shall be communicated to them forthwith.


BE IT FURTHER RESOLVED that the employees shall make their selection by fully executing with the Chairman one of the two employment contract options by five o'clock p.m. September 4, 2009.

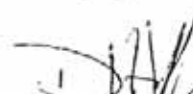
BE IT FURTHER RESOLVED that the Tribe shall recognize as void any employee's current employment agreement who has not made a selection as identified above.

BE IT FINALLY RESOLVED that the action taken herein does not affect the employee's status under Resolution No: 2005-199, as may be applicable.

CERTIFICATION

We, the undersigned, as Chairperson and Secretary of the Sault Ste. Marie Tribe of Chippewa Indians, hereby certify that the Board of Directors is composed of 13 members, of whom 12 members constituting a quorum were present at a meeting thereof duly called, noticed, convened, and held on the 1 day of September 2009; that the foregoing resolution was duly adopted at said meeting by an affirmative vote of 10 members for, 0 members against, 1 members abstaining, and that said resolution has not been rescinded or amended in any way.


Darwin "Joe" McCoy, Chairman
Sault Ste. Marie Tribe of
Chippewa Indians


DJ Hoffman, Secretary
Sault Ste. Marie Tribe of
Chippewa Indians

THIS NATURE AS THEY WERE NOT IN THE BEST INTEREST OF THE TRIBE.

These contracts were called "evergreen" as they were designed with no end date, automatically renewing with a minimal performance benchmark. (Please see Resolution No. 2009-190 "Voiding Evergreen Contracts" on this page.)

LICENSE PLATES

We have finally received all of the information necessary to issue license plates for our membership. There are certain restrictions for where the plates can be issued, however it is a

Web site offers fast and easy help for folks in hard times

By RICK SMITH

The State of Michigan recently established an online site to render fast and easy help for folks experiencing hard times.

Visitors to www.michigan.gov/helpinghand will find tabs titled jobs and training, unemployment benefits, health care, family support and housing help. Clicking on one of those tabs will give you a drop sheet of links for more specific information. Looking into the family support tab, for instance, will give you 14 links about getting emergency help, receiving cash assistance, getting groceries from food banks and much more. The links lead to overview and specific information about services available,

benefit that can be offered to many of our tribal members. This process can be implemented with no burden upon the tribe itself. I will bring a resolution to commence the issuance of tribal plates in January 2010. Ultimately it will be up to the board of directors if we pursue this opportunity.

I will continue to push forward with members of the board who wish to be progressive.

We will work to ensure the protection of services for the membership of the tribe. Make no mistake when I say WE, no one does anything alone to

make this tribe move forward; it takes a majority of the board as well as the membership. But make no mistake, one person can make a difference, whether on the board or not.

I can be contacted at home at 635-6945, by cell at 322-3801, toll free at (866) 598-5804 or e-mail djwhoffman@hotmail.com.

In addition, please feel free to visit me on the Web at www.djwhoffmanblog.com.

Sincerely,
DJ Hoffman
Unit I Representative
Sault Tribe of Chippewa
Indians

requirements, application forms, resources and publications.

In addition, the state provides a link on the main page that directs one to a searchable database listing some counties where additional sources of help are available through United Way agencies. Links are listed with the counties or people can call 211 to contact the agencies. People living in unlisted counties can find the information by calling toll free, (800) 552-1183.

The state is working with United Way, the Community Action Agency Association and the Michigan Association of Broadcasters in introducing Helping Hand to the public. A series of television and radio public service announcements

about the new site should be on the airwaves soon.

An announcement from Governor Jennifer Granholm's office noted the site as a major change that will save people time and speed processing for services. For the first time, people can apply for food assistance online and help people determine if they may be eligible for unemployment benefits or certain types of public assistance or benefits.

"Helping Hand is a clear, innovative way to provide crucial information to Michigan citizens who need help during these tough economic times," Granholm said in the announcement. "We're determined to serve people better, and this one-stop center will help them

New for 2009: Migratory bird hunting

SUBMITTED BY ERIC CLARK,
INLAND FISH AND WILDLIFE

The 2009 hunting season is officially under way. As most members already know, the tribe made many changes to the permitting process. The effects of these changes are two-fold.

First, the program is more cost effective and, second, the Inland Fish and Wildlife Department substantially increased the quality of data we have regarding membership participation in activities related to the tribes' treaty rights, which is of the highest importance.

While the 2007 Inland Consent Decree is signed and in place, the tribe is in the constant position of negotiation on everything from hunting and fishing harvest quotas to suitable locations for gathering forest resources. The more information we have regarding our harvest, the easier it is to negotiate a favorable position.

We also implemented a migratory bird hunting season for 2009. Getting our regulations approved by the United States Fish and Wildlife Service was a long process and we are pleased Sault Tribe members can now hunt ducks, geese and other migratory birds with a Sault Tribe migratory bird permit. Members do not need to purchase the federal duck stamp if they have the Sault Tribe

migratory bird permit.

Hunting under the authority of the tribe allows our members to have increased bag limits, lengths of seasons and daily shooting hours.

ATTENTION DUCK
HUNTERS

In conjunction with our migratory bird hunting program, the Inland Fish and Wildlife Department, along with Lake Superior State University, will be conducting a mallard and American black duck harvest study.

In order to make this study a success, we need the help of Sault Tribe duck hunters. We are asking hunters to save the wings from harvested mallards, black ducks and mallard-black duck hybrids, label the wings with a harvest date, general harvest location and hunter ID number (this number will only be used to document that the wing was a hunter-collected sample). The wings can then be placed in the freezer.

Then hunters can contact Eric Clark at (906) 635-6050 or eclark@saulttribe.net to make arrangements for collection.

We will use the wing samples to determine the age and gender of the ducks. This information will help us to ensure sustainable duck populations and protect the tribe's treaty rights.

Miigwech.

Migratory bird regulations

21,801 MIGRATORY BIRD
REGULATIONS

(1) Open seasons

(a) For ducks, mergansers, common snipe, Sept. 15 through Dec. 31.

(b) For geese, coot, gallinule, sora and Virginia rails, Sept. 1 through Dec. 31.

(i) In addition to the above season, any portion of the ceded territory which is open to state-licensed hunters for goose hunting after Dec. 1 shall also be opened concurrently for tribal members.

(c) For woodcock, Sept. 2 through Dec. 1.

(d) For mourning dove, Sept. 1 through Nov. 14.

(2) Bag Limits

(a) For ducks, 20 per day with the following species restrictions:

(i) Five canvasbacks per day

(ii) Ten mergansers per day in the aggregate

(iii) Five black ducks per day

(iv) Five wood ducks per day

(v) Ten mallards per

day, only five of which may be hens

(b) For coots and common moorhens (common gallinule), 20 per day, in the aggregate.

(c) For Canada geese and other geese, 20 per day, in the aggregate.

(d) For woodcock, 10 per day.

(e) For sora and Virginia rails, 20 per day, in the aggregate.

(f) For common snipe, 16 per day.

(g) For mourning dove, 10 per day.

(3) Possession limits are double the daily bag limit, except for rails, for which the possession limit equals the daily bag limit (20). On the opening day of the season, the possession limit equals the daily bag limit.

(4) Shooting hours are one-half hour before sunrise to 15 minutes after sunset.

(5) With the exception of the above shooting hours, tribal members must comply with all regulations in 50 CFR part 20 including the use of non-toxic shot.

Five steps to drive greener and cheaper

It doesn't matter if the car you're driving is new or old, big or small. By following five simple steps, you can improve gas mileage and save money at the pump.

— **Drive green:** How you drive has a lot to do with fuel economy. Avoid sudden starts and stops and go the speed limit. Jerky and aggressive driving decreases your miles per gallon (MPG) and increases wear and tear on your vehicle. Minimize unnecessary miles by combining errands in one trip.

— **Get a tune-up:** Regular tune-ups, maintenance and having clean air filters will help your car pollute less and burn less gas. Tune-ups can save 4 percent on the cost of gas and up to 40 percent by replacing a

faulty oxygen sensor. Changing the car's air filter can improve efficiency by 10 percent.

— **Lighten the load:** Get the junk out of the trunk and the stuff out of your car, with the exception of emergency items such as a spare tire, flares and a first-aid kit. Extra items weigh the vehicle down and cause an increase in gas usage.

— **Tire checks:** Around 2 billion gallons of gas each year could be saved if the tires on every American's car were properly inflated. Optimal tire pressure for your vehicle is listed in the owner's manual. Tires that are not properly inflated add rolling resistance that makes the engine work harder to move the vehicle, increasing

fuel costs as much as three to \$.05 per gallon and the risk of engine damage.

— **Gas caps and fill-ups:** About 17 percent of vehicles have loose, damaged or missing gas caps, causing 147 million gallons of gas to vaporize every year. "Topping off" your gas tank can release harmful vapors into the environment — it's gas you never use.

Vehicle owners who do their own maintenance should remember to recycle or properly dispose of fluids and other vehicle components, including used motor oil, tires and batteries. For more information, visit www.carcare.org and check out the popular digital Car Care Guide.

— *From the Car Care Council*

Calling all hunters! Send in your photos!

Whether hunting deer, mushrooms or maybe a Great Lakes' whitefish, if you have any photos of your successes, send them in for this fall's *Win Awenen Nisitotung's* hunting hall of fame. If you're taking digital shots, please set your cameras on the fine setting for quality. Send your pho-

tos with a description of the photo and subjects from left to right, and be sure to include your name and a phone number in case of questions. E-mail submissions to jdburton@saulttribe.net or mail to Sault Tribe Communications Department, 531 Ashmun Street, Sault Ste. Marie MI 49783.

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We're here to see that YOU get the best loan at the right price for your budget, no matter what your need. If YOU want a new car for your family or a newer truck for your business, maybe even an SUV that can be used for both, come see us today and let's see if we can arrange a loan that fits your lifestyle and your wallet. There are a lot of reasons to buy a car or truck, but only one bank where we're all about YOU.

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Sault Ste. Marie

Anishinaabemowin classes, Thursdays, 6-8 p.m., at the Niigaanagizhik Ceremonial Building.

The classes are immersion in the Ojibwe language and begin with a potluck dinner. Bring your favorite dish.

It's a great time to eat, visit and enjoy our culture.

Everyone is welcome.

Call (906) 635-6050 for more information.

Drumming, Mondays, 7-9 p.m., at the Niigaanagizhik Ceremonial Building.

The drum is the heartbeat of the Anishinaabe people.

Hear different songs and styles of singing. It's a great time for family participation in singing and dancing or just listening.

For more information, call 635-6050.

Anishinaabemowin language class, Wednesdays, 12-1 p.m., at 531 Ashmun Street.

No registration is necessary. Please bring your brown bag lunch.

For more information, call 635-6050.

Nov. 3: Sault Tribe Board of Directors meeting, 6 p.m. at the Kewadin Casino and Convention Center.

Open community hour, 5 p.m. to 6 p.m.

For further information, call 635-6050 or (800) 793-0660, extensions 26337 or 26338.

Nov. 4: Culture Committee meets, 6 p.m. at the Niigaanagizhik Ceremonial Building.

For more information, call Jackie Minton at (906) 322-4975 cell or 495-5165.

Nov. 4: Unit I Elderly Committee meets after the noon meal at 2076 Shunk Road.

For questions, call 635-4971.

St. Ignace

Anishinaabemowin language classes, Tuesdays, 7-8 p.m., at the McCann Center.

Participants will enjoy a potluck dinner at 6 p.m. followed by a language lesson at 7 p.m.

Everyone is welcome to attend.

For more information, call 635-6050.

Oct 27: Sault Tribe Board of Directors meets, 6 p.m., location to be announced. Community hour 5-6 p.m. Call (800) 793-0660, extensions 26337 or 26338, for any questions.

Oct. 28: Unit III constituents meeting, 6 p.m., at the McCann Center.

For more information, Keith Massaway at 643-6981 or Patrick Rickley at 440-5149.

Nov. 13: Unit III Elderly Committee meets after the noon meal at the McCann Center.

For questions, call (888) 711-7356.

Hessel

Anishinaabemowin classes, Mondays, 5-7 p.m., at the tribal center.

For more information, call 635-6050.

Oct. 19: Unit II Hessel Elderly Committee meets after the noon meal at the tribal center.

For questions, call (888) 711-7356.

Newberry

Oct. 23: Unit II Newberry Elderly Committee meets, 11 a.m. at the tribal center.

For questions, call (888) 711-7356.

Oct. 26: Elderly Advisory Board meets, 12:30 p.m. at the tribal center.

For questions, call (888) 711-7356.

Naubinway

Oct. 28: Unit II Naubinway Elderly Committee meets at 6:30 p.m. at the pavilion.

For questions, call (888) 711-7356.

Escanaba

Oct. 15: Unit IV Escanaba Elderly Committee meets, 5:30 p.m., on the second floor of the Willow Creek Professional Building, 3500 Ludington St.

For questions, call (888) 711-7356.

Munising

Oct. 19: Unit V Elderly Committee meets at the tribal center, 5:30 p.m.

For questions, call (888) 711-7356.

Nov. 12: Unit V constituents meeting, 6 p.m. at the tribal center.

For more information, call Shirley Petosky at 387-2101.

Marquette

Nov. 12: Unit V Marquette Elderly Committee meeting, 6 p.m., at the Holiday Inn.

For questions, call (888) 711-7356.

Announcements

Crossing the Canadian border became much more complicated after June 1.

Sault Tribe members may no longer use tribal cards to cross the border, since they are not approved by the Western Hemisphere Travel Initiative.

Fortunately, you can easily obtain an enhanced driver's license rather than applying for a United States passport.

For more details, visit your nearest Secretary of State office or www.michigan.gov/sos.

If you would like more details on the Western Hemisphere Travel Initiative, visit the U.S. Department of Homeland Security online at www.dhs.gov.

Foster homes provided by Sault Tribe members are needed for our young.

Make a difference in the life of a child, consider being a foster parent.

Call Anishinaabek Community and Family Services at 495-1232 or (800) 347-7137.

Sault Tribe Youth Education and Activities needs your help.

We are looking for volunteers to serve on our Parent Advisory Committee.

The committee is instrumental in developing programs for our children throughout the seven-county service area, creating policy and representing their communities to determine where spending will be most beneficial to the greatest number of our youngsters.

The committee is comprised of volunteers from throughout our tribe's service area and meets once a month on the third Wednesday.

We encourage all relatives of children or anyone interested in their welfare to join us.

All meetings are open to the public and we welcome your participation.

For more information, please call Youth Education and Activities at (906) 635-7010.

Sault Tribe Youth Education and Activities in Sault Ste. Marie offers many fun and educational services to youth from kindergarten age to high school seniors.

Computer lab, Monday through Friday, 3:30-6:30 p.m., and on Saturday, 11-4 p.m.

Computers are available for use in a relaxed atmosphere with opportunities for socializing and other fun.

Free tutoring is available daily for everyone. Young folks can learn how to animate objects, customize Web sites and other exciting media projects every Monday.

On Tuesdays, we can conduct science experiments concentrating in school core subject areas such as chemistry and physics.

We dabble in art on Wednesdays, creating all sorts of masterpieces.

On Thursdays, the local tribal youth council works on developing projects for our community and gets some play in as well.

We have parties on Fridays, we show off our moves in Dance Dance Revolution tournaments.

Board game lovers of all ages can enjoy a peaceful afternoon dueling in a fierce game of Scrabble or other games every Saturday.

Come visit for a good time and to meet new people or old friends. Free drinks and snacks are everyday.

We're waiting for you at 2428 Shunk Road next to the enrollment office.

If you have any questions, please call Rachel Mandelstamm at 440-4494.

Book your party at the Chi Mukwa Community Recreation Center.

We're equipped to accommodate skating parties, group parties and birthday parties and we rent our hospitality

room, basketball and volleyball courts.

Call (906) 635-7465.

DeMawating Development Property Sales and Rentals offers three and four bedroom duplexes for rent. Low move in costs only \$200 for Sault Tribe and Kewadin team members.

First three months of payroll deducted rent will be increased to cover cleaning and pet fees, if applicable. Rent must be deducted from pay to receive the low move-in cost benefit.

Attention American Indians: lease to purchase three bedroom 1.5 bath duplexes available if qualified.

DeMawating is within one of the Sault Tribe's tax agreement areas and an equal opportunity company.

You do not need to be American Indian to rent a home.

For information on any of our properties, please contact the DeMawating office at 42 Wood Lake, Kincheloe (906) 495-2800.

Silent Hearts, bereavement support groups — Loss of a child support group meets on the first Monday of each month, 6:30 p.m.-8:30 p.m., Chippewa County Health Department, Superior Room, 508 Ashmun Street.

Infant support group meets on the second Monday of each month, 6:30 p.m.-8 p.m., same time and place as above.

Silent Hearts is a support group for parents who have lost a child due to miscarriage, stillbirth or infant death.

Melanie Greenfield and Margaret Swedene run the group for Hospice at the Chippewa County Health Department.

The groups can become a source of emotional support and help through education and sharing free of charge.

For more information or to register, please call the Hospice office at 253-3151.

Hospice of Chippewa County is a United Way Agency.

The Sault Tribe Housing Authority is pleased to announce the opening of the waiting list for our Rental Assistance Program that provides rent subsidies for income qualified working families.

First come, first served; limited number of vouchers available.

Tenant-based program, the tenant is subsidized, not the rental unit. Participants must find their own housing within the Sault Tribe service area. This allows participants to select quarters that meet their needs and program requirements.

Participants will be required to pay 25 percent of their adjusted income to the landlord and the Housing Authority will pay the remainder up to fair market rent for the areas. Rentals must pass a housing quality standards inspection prior to leasing.

Sault Tribe Housing Authority recognizes many needs cannot be met by the existing low-income rental program. This new program was created

to expand housing opportunities while meeting unique needs of members' families, thus providing rental assistance off trust land.

The funding for this program is limited. We will be able to assist families for a maximum of two years. During those two years, we will be able to work with families on home ownership counseling and advocacy if they are interested.

For more information or to request an application, call Heather Alstrom at 495-1450 or (800) 794-4072.

Starline Ferry gold token offer at all Kewadin Casinos.

Explore Mackinac Island by day and Kewadin Casinos by night.

Bring in your ticket stub from the Starline Ferry and redeem it for \$5 in Kewadin gold tokens. Just earn 25 points on your Northern Rewards Club card on the same day as you redeem the coupon stated on the back of any Starline Ferry ticket.

For more information, call 1-800-KEWADIN or visit www.kewadin.com.

New hours at the All-In-One Fitness Club in Sault Ste. Marie.

Monday-Friday: 6 a.m. to 9 p.m., Saturday and Sunday: 9 a.m. to 1 p.m.

Take advantage of the Sault Tribe employee discount, \$20 per month.

Sault Tribe members free.

For more information, please call the club at 635-4935.

Call 1-800-273-TALK for help if you are in a suicidal crisis, emotional distress or concerned about someone.

The STAY Project encourages you to call the 24-hour National Suicide Prevention Lifeline at (800) 273-TALK, or (800) 273-8255, and you will be directed to the crisis center closest to you.

The Sault Tribe Alive Youth (STAY) Project is a new program available through a substantial grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to work on preventing suicides and attempts for youth ages 10-24 across the seven-county service area.

If you have any questions or would like to join us in our efforts, please contact the STAY staff at (906) 635-8629 or via stayproject@saulttribe.net.

SAMHSA also has a number of suicide prevention materials, free to order or download, to help you support suicide prevention efforts in your community.

For more information, visit www.suicidology.org, www.suicidepreventionlifeline.org, or www.samhsa.gov.

Sault Tribe Golf Scholarship Classic jackets available.

2009 Jackets (sizes M-XXL) are available for \$25 plus six percent sales tax. Shipping is \$3.95. Pay with cash or check.

Please contact Jessica Dumbuck at (906) 635-7770 or jdumbuck@saulttribe.net.

Chef's passion is American Indian cuisine

By Rick Smith

The rudimentary doughnuts called fry bread aren't among the many dishes chef John Farais knows as traditional American Indian food. "I think you can say it is a tribute to American Indian ingenuity that they turned something they were given, wheat flour from the white man, to an American Indian signature dish," Farais said. "On the other hand, does it not serve as a reminder of reservation life, the breakdown of traditional food ways, and present-day obesity and diabetes? It is fried wheat flour."

Farais points out that wheat flour is among many foods not known to American Indians prior to contact with Europeans. Those are introduced foods, he says, not traditional foods. Some may argue his point, others may counter that calling fry bread a traditional food is akin to calling sneakers traditional American Indian footwear.

After years of studies, the chef sees traditional American Indian food as healthful and delicious cuisine that has been long overlooked. He focuses

his professional specialty on the history, taste and promotion of the indigenous cuisine of the Americas. He grows his own vegetable garden full of traditional favorites such as corn, beans, squash, berries and much more. Farais is also a proponent of the "three sisters" method of planting crops, an American Indian horticultural example of symbiosis in action.

Because he wants absolute authenticity, Farais does a lot of researching into ingredients and recipes. It is widely known, for example, that grains, nuts, berries and seeds were among the staples of the American Indian diets, but he is determined to learn which varieties are the originals.

Farais might prepare pulled bison stew with maple and pecans or a stuffed pumpkin stew for his clientele. The food comes from all over the American continents — from quinoa to wild rice, cacti to hazelnuts.

It appears American Indian cuisine is gaining popularity around the San Francisco Bay area in California, thanks to



Photo courtesy John Farais
Chef John Farais and actor, author and director Peter Coyote at a recent soiree in the San Francisco Bay area.

Farais and his catering company. He conducts workshops for a local chapter of the global, grassroots organization, Slow

Food U.S.A., works closely with the California Native Garden Foundation, frequently cooks for American Indian

feasts on special occasions and is planning a cookbook. Recently, he produced an amazing benefit dinner of indigenous cuisine for the Marin Museum of the American Indian in Novato, Calif., where he is also a member of the board.

"I am studying the ethnobotany of native plants on my own," said Farais. "I can't explain the attraction, but it is deep and respectful. I feel that this is my life's work. It has gotten attention and people's curiosity. The food has to go with the history, it is so much more authentic and people tend to 'get it,' what's more local than native? People have a hunger for this, presented in the proper light."

Farais would like to hear from American Indians, especially elders and chefs, who are knowledgeable about the traditional foods of their ancestors prior to Europeans arriving in the Americas. He can be reached online via e-mail at zencowboy.1@netzero.net. Some of his recipes and more can be found online at www.ezchef.net/thecowboychef.

Photo by

Robert Geroux Jr.

Pictured at right are head female dancer Virginia Schansema, head veteran Tony Davis and head male dancer Jerry Dutcher (L-R) for the Mackinac Bands of Ottawa and Chippewa Indians powwow held in Roger City last month. Even the light rain didn't chase away a much larger crowd than expected, according to photographer Bob Geroux.



How to salvage your green tomatoes and other unripe edibles

FROM CHIPPEWA COUNTY MSU EXTENSION OFFICE

The weather forecast says "chance of frost" and your garden is loaded with green tomatoes. Can you save them? Will they ripen? Or are you looking at the makings for gallons of green tomato relish and more fried green tomatoes than you really want to think about?

You can pick the tomatoes green and ripen them indoors. With careful harvesting and proper storage, you can extend the fresh tomato season four to six weeks.

Pick mature green tomatoes carefully and place them gently into shallow containers. Any with minor blemishes should go into the "use right away" pile — they won't keep. Any with major problems should go into the compost pile.

Some people wrap each fruit in newspaper or wax paper; others simply place them in a single layer on open shelves. The keys to successful storage and ripening indoors are to store only unblemished fruits and to place them in a dark area where temperatures range



Pick your tomatoes green and ripen them indoors.

from 55 to 75F.

Indoors or out, fruits will be damaged by temperatures below 50F. Indoors, they'll ripen slowly at temperatures from 55 to 60F and more rapidly as temperatures increase up to about 75F. At higher temperatures, they may turn yellowish instead of red; at temperatures below 50F, they will break down and rot. If your storage area is at the cool end of this range, you can speed ripening by moving a

few fruits at a time to a warmer area.

Tomatoes that have already been injured by temperatures below 55F may not ripen satisfactorily. And those that have been frost-nipped or frozen will break down at storage temperatures.

OTHER VEGETABLES

Peppers and eggplant can also be harvested and held this way for two to three weeks, though they ought to be wrapped or bagged in plastic to prevent moisture loss and shriveling. To save cherry tomatoes from frost, pull up the whole plant, shake off any rotten fruits and hang the plant upside-down in the storage area until the fruits ripen.

Check all stored fruits regularly for mold and other signs of rot or decay, and remove these immediately. They're like the proverbial rotten apple that will indeed spoil the rest.

For more information on gardening or food preservation, contact the MSU Extension office in Chippewa County at (906) 635-6368 or msue17@msu.edu.



Photo courtesy Garden River First Nations
Garden River Chief Lyle Sayers and Batchawana Chief Dean Sayers (L-R) hold up a copy of the Robinson Huron Treaty of 1850.

First Nations celebrate Robinson Huron Treaty

GARDEN RIVER FIRST NATION — On Sept. 9, 1850, the chiefs and principal men of the Ojibwe nations "inhabiting and claiming the Eastern and northern shores of Lake Huron," along with William B. Robinson on behalf of the queen of England, entered into the Robinson Huron Treaty of 1850.

On Sept. 9, 2009, Batchewana First Nation and Garden River First Nation celebrated the 159th anniversary of the treaty signing.

Honoring the anniversary of the Robinson Huron Treaty means acknowledging the responsibilities and rights outlined in the agreement. As the federal government of Canada continues to uphold its inherited responsibility of paying a perpetual annuity, the nations signed to the agreement shall

continue to exercise their rights to the treaty as well — rights including full and free privilege to hunt over their territory, fish in the waters of their territory as they had done so in the past, reside in reservations for their own use and benefit and dispose of any part of their reservation, mineral or other valuable production for their sole benefit to the best advantage.

The treaty was signed with the intent of being "fully, freely and forever." Batchewana First Nation and Garden River first Nation embrace this intent by exercising inherent rights.

The anniversary of the Robinson Huron Treaty of 1850 is the perfect time to educate all Ojibwe and Canadians on the importance of this historical agreement to better understand the First Nations peoples inherent rights that hold true today.

KEWADIN ENTERTAINMENT



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October

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November

Jack Ingram - Sault Ste. Marie
3rd | 7:00 p.m. Tuesday | \$22.50 | On Sale Now

Ace Frehley - Sault Ste. Marie
13th | 7:00 p.m. Friday | \$28.50 | On Sale Now

Musical Comedian Comedy Tour - Sault Ste. Marie
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