

Sault Ste. Marie Tribe of Chippewa Indians
Anishnaabek Community and Family Services
Child Care and Development Fund

Parent/Provider Newsletter

October 2022

OVER INCOME ESSENTIAL WORKER AND CO-PAYMENTS

Our best projection at this time is Over Income Essential Worker and Co-Payment Waivers will **END** December 31, 2022. However, if funds remain, then we will continue until all funds have been exhausted. You will be notified on a monthly basis of the progress. This means that Over Income Essential Workers currently receiving CCDF Subsidies will no longer be eligible on December 31, 2022 because the funds have been exhausted and your child care provider can no longer bill us for child care services. Co-payment waiver will end on December 31, 2022 also. We will inform you of what your Co-payment is in December. Please plan accordingly.

HEALTH AND SAFETY REQUIREMENTS

Health and Safety are priorities when it comes to caring for children. The Tribal CCDF program provides necessary Health and Safety required items to CCDF Families and CCDF Providers. If you find you are in the need of Health and Safety required items such as Fire/Smoke detector (one for each level of the home/center), fire extinguisher, carbon monoxide detector, electrical outlet covers, drawer safety latches, first aid kit, etc. please contact CCDF Coordinator, Trish Sterling at psterling@saulttribe.net or 906-632-5250.

CONSUMER STATEMENT

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Subsidy Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job training program. Eligible parents can choose high quality child care providers that include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers or Family/Group Homes, Relative Care Providers or In-Home Aides. Relative Care Providers and In-Home Aides must complete requirements prior to providing care for your children.

Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit <https://www.michigan.gov/lara/bureau-list/cclb> to find State Licensed Centers and State Licensed Family/Group Child Care Homes in your area. Parents can also access health and safety reports and investigation reports about their State Licensed child care centers or homes on this website also. It is the responsibility and right of any parent seeking child care services to be aware of their child care provider's record.

Sault Tribe Licensed Centers and Homes can be found at <https://saulttribe.com/membership-services/acfs/direct-services/child-care->

RESOURCES

WIC

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_4910---,00.html

LICENSED CHILD CARE

https://www.michigan.gov/lara/0,4601,7-154-89334_106253---,00.html

MEDICAID

<https://www.michigan.gov/mdhhs/>

SNAP

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527_6691---,00.html

SAULT TRIBE EMPLOYMENT

<https://saulttribe.hirecentric.com/jobsearch/>

SAULT TRIBE

<https://saulttribe.com/>

ACFS

<https://saulttribe.com/membership-services/acfs>

DEVELOPMENTAL SCREENINGS

<https://agesandstages.com/>

GREAT START TO QUALITY

<https://www.greatstarttoquality.org/>

UPPER PENINSULA INFORMATION

WWW.mi211.org

CCDF GUIDELINES

Child in need of care must be a Sault Tribe member, aged birth through 12 years old, and reside in the 7 County Service Area. Child's parents must be working, going to school or in a job training program and meet income guidelines. Child Care providers must be licensed through the State of Michigan or the Tribe, be a certified Relative Care Provider or a Certified In-Home Aide.

A Certified Relative Care Provider can be a Grandparent, Great Grandparent, Aunt, Uncle or Sibling not living in the household, must be at least 18 years of age, pass simple background checks, complete the required paperwork and follow the CCDF Program billing schedule.

A Certified In-Home Aide provider must be at least 18 years old, not living in the household, pass Federal Fingerprinting Background Checks, simple background checks, complete required paperwork, complete required training and CCDF Orientation. Certified In-Home Aide can only care for the children in the applicant's household and only the applicant's children.

If you have any questions, please contact Trish at psterling@saulttribe.net or calling 906-632-5250.

Child Development Screenings

Ages and Stages is a set of questionnaires about children's development. It has been used for more than 20 years to make sure children are developing well. A screening provides a quick look at how children are doing in important areas such as communication, physical ability, social skills, and problem-solving skills. Ages and Stages can help identify your child's strengths as well as any areas where your child may need support. I love this screening tool because it involves the parents/guardians, child and the care provider. The parent/guardian fills out the questionnaire while playing with their child and returns it to the care provider or CCDF Coordinator for results. Based on the results, the child's individualized lesson plan can be created and if an area of concern is identified then a referral can be made to an appropriate support agency.

Many Child Care Centers are already providing a child development screening. And it may be Ages and Stages, but for parents who are interested, I can provide copies of the following months in the ASQ-3: 2, 4, 6, 8, 9, 10, 12, 14, 16, 18, 20, 24, 27, 30, 33, 36, 42, and 48. Keep in mind: your children all grow and development in differing rates. And it is okay 😊

I also have the Social Emotional questionnaires in the months: 2, 6, 12, 18, 24, 30, 36, 48, and 60.

They are easy to score and if you see any area of concern, please contact me or your child's teacher or child care provider so we can give you some ideas of how to increase your child's opportunities to grow in those areas.

Any questions, please contact Trish Sterling at 906-632-5250 or psterling@saulttribe.net

Monthly Nutrition Tip

Apple Wedge Dip

You will need: muffin pan, muffin papers, popsicle or other stick, apples cut in wedges, peanut butter, caramel, mini marshmallows, chocolate chips, rice crispies, granola, cheerios, melted chocolate, melted white chocolate.

Place apple wedge on a stick, dip in sticky treat and then dip in crunchy or other toppings. Easy to hold and easy to eat!



Making the Link Between Positive Parenting and the Seven Essential Life Skills for Children. How does parenting and child development intersect? The way we parent can nurture the very skills that children need—not just for success in the short-term—but across their entire lives.

Positive Parenting and the Seven Essential Life Skills for Children!

When Parents...

Children Develop Essential Life Skills...

Provide age-appropriate guidelines and limits for child behavior.

Recognize and regulate their own feelings and behaviors before they respond to their children.



Focus and Self Control



Work to understand or imagine the child's point of view.

Respond with sensitivity to their children's cues.



Perspective Taking

Delight in moments of connection with their children.

Act as a role model by seeking help, support or additional information about parenting when needed.



Effective Communication

Making Connections

Balance both parental needs and child needs. Recognize and celebrate their child's strengths, abilities and capacity to learn and develop.

Critical Thinking

Taking on Challenges

Recognize that parenting is process of learning, and, at times, it can be stressful. Missteps are a natural part of child-rearing.



Self-Directed, Engaged Learning



SUPER FUN EXERCISES FOR KIDS

what's fit activity for kids your name!

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME

- | | |
|---|--|
| A jump up & down 10 times | N pick up a ball without using your hands |
| B spin around in a circle 5 times | O walk backwards 50 steps and skip back |
| C hop on one foot 5 times | P walk sideways 20 steps and hop back |
| D run to the nearest door and run back | Q crawl like a crab for a count of 10 |
| E walk like a bear for a count of 5 | R walk like a bear for a count of 5 |
| F do 3 cartwheels | S bend down and touch your toes 20 times |
| G do 10 jumping jacks | T pretend to pedal a bike with your hands for a count of 17 |
| H hop like a frog 8 times | U roll a ball using only your head |
| I balance on your left foot for a count of 10 | V flap your arms like a bird 25 times |
| J balance on your right foot for a count of 10 | W pretend to ride a horse for a count of 15 |
| K march like a toy soldier for a count of 12 | X try and touch the clouds for a count of 15 |
| L pretend to jump rope for a count of 20 | Y walk on your knees for a count of 10 |
| M do 3 somersaults | Z do 10 push-ups |

Halloween Safety Tips

Everything you need to know to keep your kids safe on Halloween.

Everyone loves a good scare on Halloween, but not when it comes to child safety. There are several easy and effective behaviors that parents can share with kids to help reduce their risk of injury.

Walk Safely

- Cross the street at corners, using traffic signals and crosswalks.
- Look left, right and left again when crossing and keep looking as you cross.
- Put electronic devices down and keep heads up and walk, don't run, across the street.
- Teach children to make eye contact with drivers before crossing in front of them.
- Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.



Drive Extra Safely on Halloween

- Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.
- Take extra time to look for kids at intersections, on medians and on curbs.
- Enter and exit driveways and alleys slowly and carefully.
- Eliminate any distractions inside your car so you can concentrate on the road and your surroundings.
- Drive slowly, anticipate heavy pedestrian traffic and turn your headlights on earlier in the day to spot children from greater distances.
- Popular trick-or-treating hours are 5:30 p.m. to 9:30 p.m. so be especially alert for kids during those hours.

On average, children are more than twice as likely to be hit by a car and killed on Halloween than on any other day of the year.



Trick or Treat With an Adult

- Children under the age of 12 should not be alone at night without adult supervision. If kids are mature enough to be out without supervision, remind them to stick to familiar areas that are well lit and trick-or-treat in groups.

Keep Costumes Both Creative and Safe

- Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.
- Have kids carry glow sticks or flashlights to help them see and be seen by drivers.
- When selecting a costume, make sure it is the right size to prevent trips and falls.





Pedestrian Safety

Teaching Kids How to Walk Safely

- ❑ Teach kids at an early age to look left, right and left again before crossing the street. Then remind them to continue looking around until safely across.
- ❑ It's always best to walk on sidewalks or paths and cross at street corners, using traffic signals and crosswalks. If there are no sidewalks, walk facing traffic as far to the left as possible.
- ❑ Teach kids to make eye contact with drivers before crossing the street.
- ❑ Children under 10 need to cross the street with an adult. Every child is different, but developmentally, most kids are unable to judge the speed and distance of oncoming cars until age 10.
- ❑ Encourage kids to be especially alert for cars that are turning or backing up.
- ❑ Teach kids not to run or dart out into the street or cross between parked cars.
- ❑ If kids are walking when it's dark out, teach them to be especially alert and make sure they are visible to drivers. Have them wear light- or brightly-colored clothing and reflective gear.

**SAFE
KIDS**
WORLDWIDE.

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