

Sault Ste. Marie Tribe of Chippewa Indians  
Anishnaabek Community and Family Services  
Child Care and Development Fund

# Parent/Provider Newsletter

April 2022

You are receiving this newsletter because you are either a parent receiving Child Care Assistance from the Sault Ste. Marie Tribe of Chippewa Indians CCDF program, you are a Child Care Provider receiving Subsidies, or you are in a collaboration/partnership with the Tribal CCDF Program.

CCDF is located at 2218 Shunk Road, Sault Ste. Marie, MI 49783 and you can reach us at 800-726-0093 or 906-632-5250. You can contact Trish, CCDF Coordinator at [psterling@saulttribe.net](mailto:psterling@saulttribe.net) or Angel, CCDF Secretary at [apeer@saulttribe.net](mailto:apeer@saulttribe.net). Our fax number is 906-632-5266.

## ***Co-Pays Suspended Until Further Notice***

ACFS CCDF program received more CARES ACT funding (CRRSA). One thing we are doing with the money is paying all the co-pays on behalf of the parents until further notice. If you have any questions regarding this, please contact Trish, CCDF Coordinator at [psterling@saulttribe.net](mailto:psterling@saulttribe.net) or 906-632-5250.

## **HEALTH AND SAFETY REQUIREMENTS**

Health and Safety are priorities when it comes to caring for children. The Tribal CCDF program provides necessary Health and Safety required items to CCDF Families and CCDF Providers. If you find you are in the need of Health and Safety required items such as Fire/Smoke detector (one for each level of the home/center), fire extinguisher, carbon monoxide detector, electrical outlet covers, drawer safety latches, first aid kit, etc. please contact CCDF Coordinator, Trish Sterling at [psterling@saulttribe.net](mailto:psterling@saulttribe.net) or 906-632-5250.

## **CONSUMER STATEMENT**

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Subsidy Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job training program. Eligible parents can choose high quality child care providers that include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers, Relative Care Providers or In-Home Aides. Relative Care Providers and In-Home Aides must complete requirements prior to providing care for your children.

Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit [https://www.michigan.gov/lara/0,4601,7-154-89334\\_63294\\_5529---,00.html](https://www.michigan.gov/lara/0,4601,7-154-89334_63294_5529---,00.html) to find State Licensed Centers and State Licensed Family/Group Child Care Homes in your area.





**We only have a few COVID-Related Cleaning supply items available to CCDF Families and CCDF Providers**

Sault Tribe CCDF program has COVID 19 CARES ACT Fund Dollars available for CCDF Parents and Providers for COVID 19 related items: **disposable face masks, disposable gloves, disinfecting wipes, disinfecting spray, hand sanitizer, antibacterial hand soap.** (depending on availability of supply chain)

All items are sent to your home. I will send you a self-addressed stamped envelope with a form to sign to send back with the packing slips you receive so that I can reconcile with our Purchasing Department. It is the policy of the CCDF Program to deny future orders for failure to return the form and the packings slips. Please make your list and send it to Patricia Sterling, CCDF Coordinator, [psterling@saulttribe.net](mailto:psterling@saulttribe.net) or call 906-632-5250

## **RESOURCES**

<b><u>WIC</u></b>	<a href="https://www.michigan.gov/mdhhs/0,5885,7-339-71547_4910---,00.html">https://www.michigan.gov/mdhhs/0,5885,7-339-71547_4910---,00.html</a>
<b><u>LICENSED CHILD CARE</u></b>	<a href="https://www.michigan.gov/lara/0,4601,7-154-89334_106253---,00.html">https://www.michigan.gov/lara/0,4601,7-154-89334_106253---,00.html</a>
<b><u>MEDICAID</u></b>	<a href="https://www.michigan.gov/mdhhs/">https://www.michigan.gov/mdhhs/</a>
<b><u>SNAP</u></b>	<a href="https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527_6691---,00.html">https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527_6691---,00.html</a>
<b><u>SAULT TRIBE EMPLOYMENT</u></b>	<a href="https://saulttribe.hirecentric.com/jobsearch/">https://saulttribe.hirecentric.com/jobsearch/</a>
<b><u>SAULT TRIBE</u></b>	<a href="https://saulttribe.com/">https://saulttribe.com/</a>
<b><u>ACFS</u></b>	<a href="https://saulttribe.com/membership-services/acfs">https://saulttribe.com/membership-services/acfs</a>
<b><u>DEVELOPMENTAL SCREENINGS</u></b>	<a href="https://agesandstages.com/">https://agesandstages.com/</a>
<b><u>GREAT START TO QUALITY</u></b>	<a href="https://www.greatstarttoquality.org/">https://www.greatstarttoquality.org/</a>
<b><u>UPPER PENINSULA INFORMATION</u></b>	<a href="http://WWW.mi211.org">WWW.mi211.org</a>

## Carbon Monoxide Poisoning Prevention Tips

Everything you need to know to keep your kids safe from carbon monoxide.

Fuel-powered devices can provide wonderful benefits to families when used properly. But they also underscore an important necessity in the home: the need for a carbon monoxide alarm. Carbon monoxide poisoning can result from faulty furnaces or other heating appliances, portable generators, water heaters, clothes dryers, or cars left running in garages. At its worst, carbon monoxide can cause severe side effects or even death.

### Install Carbon Monoxide Alarms

- Make sure your home has a carbon monoxide alarm. If you don't have one, please go out and get one.
- As with [smoke alarms](#), make sure you have a carbon monoxide alarm on every level of your home, especially near sleeping areas, and keep them at least 15 feet away from fuel-burning appliances.
- You won't know that you have a carbon monoxide leak without a working alarm. So test alarms regularly and replace them every five to seven years depending on the manufacturer's label.
- For the best protection, have carbon monoxide alarms that are interconnected throughout the home. When one sounds, they all sound.
- Carbon monoxide alarms are not substitutes for smoke alarms, and vice versa. Combination smoke and carbon monoxide alarms are available.



### Understand How Carbon Monoxide Can Be Harmful

- Don't use a grill, generator or camping stove inside your home, garage or near a window.
- If you need to warm a vehicle, remove it from the garage immediately after starting it. Don't leave a car, SUV or motorcycle engine running inside a garage, even if the doors are open.
- Never use your oven or stovetop to heat your home.
- On the outside of your home, make sure vents for the dryer, furnace, stove and fireplace are clear of snow and other debris.
- Carbon monoxide can accumulate in or around your motorboat, so install an alarm on your boat.



**CO**

*Carbon monoxide (CO) is a gas that you cannot see, taste or smell. Each year, 184 children in the United States die due to carbon monoxide poisoning and more than 20,000 children visit the emergency room.*



### Leave the House If the Alarm Sounds

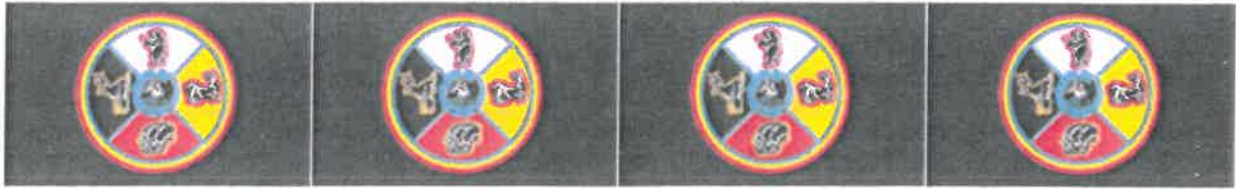
- If the alarm goes off, immediately go outdoors or to an open window or door for some fresh air. Make sure that everyone inside your home is safe.
- Call 911 or the fire department. Stay outside or by an open window until emergency personnel arrive to assist you.

### Store Gasoline Properly

- If using gasoline-powered devices, store gasoline in a locked location where children cannot access it. Keep only small quantities in an approved container that has child safety features.
- Keep gasoline away from any source of heat, spark or flame. Even common household appliances such as water heaters and clothes dryers can start a gasoline fire. Be sure to store your gasoline away from anything that could ignite it.
- Store gasoline in a well-ventilated area outside your vehicle and living space. The safest place to store the container is in a detached garage or shed.
- Never mix gasoline with fire. There is no safe way to start a fire with gasoline.

APRIL 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 MAKE UP A JOKE	2 DRAW & COLOR A SELF PORTRAIT
3 READ FAVORITE BOOK	4 WALK THE LINE LAY TAPE ON FLOOR	5 MAKE MUSIC	6 GO ON A WALK	7 MAKE A SNACK TOGETHER	8 BOIL EGGS AND EAT THEM FOR A SNACK	9 DANCE PARTY DANCE TO YOUR FAVORITE SONGS
10 MATCH THE SOCKS	11 COUNT ITEMS UP TO THE NUMBER 5	12 PLAY I SPY ON THE WAY TO SCHOOL	13 MAKE A SHADOW PUPPET	14 HOP OFF WHO CAN HOP 15 TIMES...	15 STAND ON ONE FOOT AND TOUCH YOUR NOSE	16 RUN IN A CIRCLE RUN IN A LINE RUN IN A TRIANGLE
17 PLAY SIMON SAYS	18 MAKE A PAPER BAG PUPPET	19 PUT SLED AWAY GET BIKES OUT	20 HELP WITH THE DISHES	21 PRACTICE BUTTONING ZIPPING TYING	22 SORT THE LAUNDRY	23 TAKE A WALK
24 MAKE A PATTERN OUT OF YOUR SOCKS	25 SCAVENGER HUNT	26 SCISSOR SKILLS CUT PAPER INTO STRIPS	27 LAY TAPE ON FLOOR INTO A CIRCLE JUMP IN/OUT OF CIRCLE	28 OUTSIDE CHALK DRAWINGS	29 JUMP IN PUDDLES	30 WRITE YOUR NAME WITH A PENCIL, PEN, MARKER, OR CRAYON



### Child Development Screenings

Ages and Stages is a set of questionnaires about children's development. It has been used for more than 20 years to make sure children are developing well. A screening provides a quick look at how children are doing in important areas such as communication, physical ability, social skills, and problem-solving skills. Ages and Stages can help identify your child's strengths as well as any areas where your child may need support. I love this screening tool because it involves the parents/guardians, child and the care provider. The parent/guardian fills out the questionnaire while playing with their child and returns it to the care provider or CCDF Coordinator for results. Based on the results, the child's individualized lesson plan can be created and if an area of concern is identified then a referral can be made to an appropriate support agency.

Many Child Care Centers are already providing a child development screening. And it may be Ages and Stages, but for parents who are interested, I can provide copies of the following months in the ASQ-3: 2, 4, 6, 8, 9, 10, 12, 14, 16, 18, 20, 24, 27, 30, 33, 36, 42, 48. Keep in mind: your children all grow and development in differing rates. And it is okay 😊

I also have the Social Emotional questionnaires in the months: 2, 6, 12, 18, 24, 30, 36, 48, 60.

They are easy to score and if you see any area of concern, please contact me or your child's teacher or child care provider so we can give you some ideas of how to increase your child's opportunities to grow in those areas.

Any questions, please contact Trish Sterling at 906-632-5250 or [psterling@saulttribe.net](mailto:psterling@saulttribe.net)

### CCDF GUIDELINES

Child in need of care must be a Sault Tribe member, between the ages of birth and 13 years old, reside in the 7 County Service Area, both parents must be working, going to school or in a job training program and meet income guidelines. Child Care services must be licensed through the State of Michigan or the Tribe, be a certified Relative Care Provider or a Certified In-Home Aide.

A Certified Relative Care Provider can be a Grandparent, Great Grandparent, Aunt, Uncle or Sibling not living in the household, must be at least 18 years of age, pass simple background checks, complete the required paperwork and follow the CCDF Program billing schedule.

A Certified In-Home Aide provide must be at least 18 years old, not living in the household, pass Federal Fingerprinting Background Checks, simple background checks, complete required paperwork, complete required training and CCDF Orientation. Certified In-Home Aide can only care for the children in the applicant's household and only the applicant's children.

If you have any questions, please contact Trish at [psterling@saulttribe.net](mailto:psterling@saulttribe.net) or calling 906-632-5250.



### ZIISBAAKDOKE GIIZAS (SUGAR MOON) – MARCH

The third moon of Creation is Sugar Moon, as the maple sap begins to run, we learn of one of the main medicines given to the Anishnaabe which balances our blood and heals us. During this time, we are encouraged to balance our lives as we would our blood sugar levels. This moon also teaches us the time of year when the sap is running for maple sugar harvest. This is celebrated as the Anishinaabe new year.



### NAMEBINE GIIZIS (SUCKER MOON) – APRIL

The fourth moon of Creation is Sucker Moon, when sucker goes to the Spirit World in order to receive cleansing techniques for this world. When it returns to this realm, it purifies a path for the Spirits and cleanses all our water beings. During this time we can learn to become healed healers. Another teaching is that the sucker gave up his life for the Ojibwe in the month of February. The previous month, January, is the hardest time of year to get food because of the scarceness of game. In February it is easier to net these fish and it is believed that the sucker is giving his life for the Anishinaabe. 13 MOONS – Teacher's Guide 10



### WAAWAASKONE GIIZIS (FLOWER MOON) – MAY

The fifth moon of Creation is Flower Moon, where all plants display their Spirit sides for all the world to see. This life giving energy is one of the most powerful healing medicines on Mother Earth. During this moon we are encouraged to explore our Spiritual essences.



### ODE'MIIN GIIZIS (STRAWBERRY MOON) – JUNE

The sixth moon of Creation is Strawberry Moon. The medicine of the strawberry is reconciliation. It was during this moon cycle that communities usually held their annual feasts, welcoming everyone home, regardless of their differences over the past year, letting go of judgment and/or self-righteousness. The strawberry is the first berry to ripen it is thought to be a good medicine for the heart and the teeth.



### MSKOMINI GIIZIS (RASPBERRY MOON) – JULY

The seventh moon of Creation is Raspberry Moon, when great changes begin. By learning gentleness and kindness, we may pass through the thorns of its brush and harvest its fruit, as we gain knowledge that will help in raising our families.



### DATKAAGMIN (BLACKBERRY or THIMBLEBERRY MOON)

The eighth moon of Creation is Thimbleberry Moon (Blackberry Moon), when we honor the blackberry which produces an abundance of fruit once every three years. It was one of the first plants put on Mother Earth, and its purpose is to protect the Sacred Circle of life by allowing us to recognize and understand the teachings that come from the Spirit World. The eighth moon can fall in either July or August, depending on the year. In 2011 it falls on July 30th.

# Thirteen Grandmother Moon Teachings

The cycles of the moon determine our yearly calendar. The changes that come with each passing moon indicate the times for planting, harvesting, hunting and gathering. In the Anishnaabe calendar the names of each month include the word 'moon' and reflect the close connection between the cycles of the moon and the plant and animal life on Turtle Island. The names of the Moons vary according to Tribe and what is taking place in their region.

It is said that Grandmother Moon watches over the waters of the Earth. We see this in her regulating of the tides.

Grandmother Moon controls all female life. Much of the water life spawns according to the cycles of the moon.

Just as Grandmother Moon watches over the waters of the Earth, it is said that women watch over the waters of the people. Water always comes before new life.

## Moontime

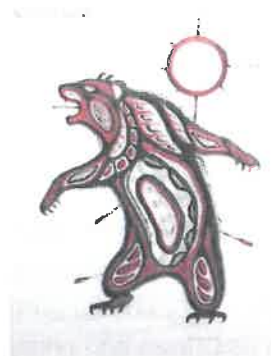
It is said that Grandmother Moon is especially close to women because she governs the woman's cleansing cycle, the natural cycle of menstruation known as the moon time. The moon cycle is a gift to women. It is a time to cleanse her-self mentally, physically, emotionally and spiritually and to prepare for new life. It is considered a time of power, second only to the ability of the Great Spirit to give life. That is how strong that power is. Some teachings say that when women are on their moon time, the Creator comes closer to them.

When women are on their moon time, their power is at its strongest and this is acknowledged in that they do not prepare foods or medicines, take part in ceremonies or use the pipes and other sacred items. The moon time is a ceremony of life for women and a time for renewal and reflection.



### MNIDO GIIZIS (SPIRIT MOON) – JANUARY

The first moon of Creation is Spirit Moon. It is manifested through the northern lights. It is a time to honor the silence and realize our place within all of Great Mystery's creatures.



### MKWA GIIZIS (BEAR MOON) – FEBRUARY

The second moon of Creation is Bear Moon, when we honor the vision quest that began in the fall. During this time, we discover how to see beyond reality and to communicate through energy rather than sound. This moon also gives us a special teaching about the birth of bear cubs. In February, there is one morning when there is a heavy fog in the air and the traditional person knows that this is happening.





#### **MDAAMIIN GIIZIS (CORN MOON) – AUGUST**

The ninth moon of Creation is the Corn Moon, during which time we learn about the cycle of life. Each cob of corn has thirteen rows of multi-colored seeds which represent all the spirits waiting to begin their Earth Walk. These will be the future generations for whom we must prepare.



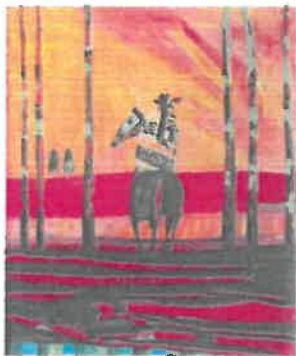
#### **BIINAAKWE GIIZIS (FALLING LEAVES MOON) – SEPTEMBER**

The tenth moon of Creation is the Falling Leaves Moon, a time when Mother Earth is honored with the grandest of colors. As all of Creation makes their offerings to her, we become aware of all the miracles of Creation before us and our spiritual energies are once again awakened.



#### **MSHKAWJI GIIZIS (FREEZING MOON) – OCTOBER**

The eleventh moon of Creation is the Freezing Moon, a time when the Star Nation is closest to us. As every creature being prepares for the coming fasting grounds, we are reminded to prepare ourselves for our spiritual path by learning the sacred teachings and songs that will sustain us.



#### **MNIDOONS GIIZIS OONHG (LITTLE SPIRIT MOON) – NOVEMBER**

The twelfth moon of Creation is the Little Spirit Moon, a time of healing. By receiving both vision of the spirits and good health, we may walk the Red Road with purest intentions, and we can share this most positive energy with our families and friends for the good of all.



#### **MNIDOONS GIIZIS (BLUE MOON – BIG SPIRIT MOON) – DECEMBER**

The thirteenth moon of Creation is Blue Moon or Big Spirit Moon. Its purpose is to purify us, and to heal all of Creation, a process which may take a three month long spiritual journey. During this time, we receive instructions on the healing powers of the universe and transform into our own vision of the truth.

The 13 Grandmother Moon teachings are from "Kinoomaadiewinan Anishinaabek Bimaadinzinwin, Book Two. Author Arlene Berry and United Three Fires Against Violence

# Rainbow Fruit Skewer

## Ingredients

- 7 raspberries
- 7 hulled strawberries
- 7 tangerine segments
- 7 cubes peeled mangos
- 7 peeled pineapple chucks
- 7 peeled kiwi fruit chucks
- 7 green grapes
- 7 red grapes
- 14 blueberries

## Method

**step 1** Take 7 wooden skewers and thread the following fruit onto each 1 raspberry, 1 hulled strawberry, 1 tangerine segment, 1 cube peeled mango, 1 chunk of peeled pineapple, 1 chunk of peeled kiwi, 1 green grape, and 1 red grape, and finish off with 2 blueberries.

Arrange in a rainbow shape and let everyone help themselves.



Come  
Show your  
support!

# Child Abuse PREVENTION MONTH



## Drive Thru Event

When: April 21, 2022 5-7 PM

Where: Niigaanagiizhik Cultural Building Parking Lot  
11 Ice Circle, Sault Ste. Marie

\* Free t-shirts & goodie bags

Brought to you by Anishnaabek Community and Family Services

Contact Ashley Morrow with any questions

at (906)495-1232





# ADVOCACY RESOURCE CENTER

*presents*

## SEXUAL ASSAULT AWARENESS



# DRIVE THRU EVENT

JOIN US ON TUESDAY, APRIL 26, 2022 FROM 4-6 P.M AT THE  
NIIIGAANAGIIZHIK PARKING LOT. THE FIRST 100 PARTICIPANTS WILL  
RECEIVE AWARENESS ITEMS FROM ARC AND OTHER COMMUNITY PARTNERS.  
CAN'T WAIT TO SEE YOU THERE! CALL CULTURAL HEALING EDUCATOR  
ASHLEY GRAVELLE FOR INFO 906-632-1808.

