

Sault Ste. Marie Tribe of Chippewa Indians
Anishnaabek Community and Family Services
Child Care and Development Fund

Parent/Provider Newsletter

November 2022

OVER INCOME ESSENTIAL WORKER AND CO-PAYMENTS

Our best projection at this time is Over Income Essential Worker and Co-Payment Waivers will **END** December 31, 2022. However, if funds remain, then we will continue until all funds have been exhausted. You will be notified on a monthly basis of the progress. This means that Over Income Essential Workers currently receiving CCDF Subsidies will no longer be eligible on December 31, 2022 because the funds have been exhausted and your child care provider can no longer bill us for child care services. Co-payment waiver will end on December 31, 2022 also. We will inform you of what your Co-payment is in December. Please plan accordingly.

HEALTH AND SAFETY REQUIREMENTS

Health and Safety are priorities when it comes to caring for children. The Tribal CCDF program provides necessary Health and Safety required items to CCDF Families and CCDF Providers. If you find you are in the need of Health and Safety required items such as Fire/Smoke detector (one for each level of the home/center), fire extinguisher, carbon monoxide detector, electrical outlet covers, drawer safety latches, first aid kit, etc. please contact CCDF Coordinator, Trish Sterling at psterling@saulttribe.net or 906-632-5250.

CONSUMER STATEMENT

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Subsidy Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job training program. Eligible parents can choose high quality child care providers that include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers or Family/Group Homes, Relative Care Providers or In-Home Aides. Relative Care Providers and In-Home Aides must complete requirements prior to providing care for your children.

Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit <https://www.michigan.gov/lara/bureau-list/cclb> to find State Licensed Centers and State Licensed Family/Group Child Care Homes in your area. Parents can also access health and safety reports and investigation reports about their State Licensed child care centers or homes on this website also. It is the responsibility and right of any parent seeking child care services to be aware of their child care provider's record.

Sault Tribe Licensed Centers and Homes can be found at <https://saulttribe.com/membership-services/acfs/direct-services/child-care->

RESOURCES

WIC

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_4910---,00.html

LICENSED CHILD CARE

https://www.michigan.gov/lara/0,4601,7-154-89334_106253---,00.html

MEDICAID

<https://www.michigan.gov/mdhhs/>

SNAP

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527_6691---,00.html

SAULT TRIBE EMPLOYMENT

<https://saulttribe.hirecentric.com/jobsearch/>

SAULT TRIBE

<https://saulttribe.com/>

ACFS

<https://saulttribe.com/membership-services/acfs>

DEVELOPMENTAL SCREENINGS

<https://agesandstages.com/>

GREAT START TO QUALITY

<https://www.greatstarttoquality.org/>

UPPER PENINSULA INFORMATION

WWW.mi211.org

CCDF GUIDELINES

Child in need of care must be a Sault Tribe member, aged birth through 12 years old, and reside in the 7 County Service Area. Child's parents must be working, going to school or in a job training program and meet income guidelines. Child Care providers must be licensed through the State of Michigan or the Tribe, be a certified Relative Care Provider or a Certified In-Home Aide.

A Certified Relative Care Provider can be a Grandparent, Great Grandparent, Aunt, Uncle or Sibling not living in the household, must be at least 18 years of age, pass simple background checks, complete the required paperwork and follow the CCDF Program billing schedule.

A Certified In-Home Aide provider must be at least 18 years old, not living in the household, pass Federal Fingerprinting Background Checks, simple background checks, complete required paperwork, complete required training and CCDF Orientation. Certified In-Home Aide can only care for the children in the applicant's household and only the applicant's children.

If you have any questions, please contact Trish at psterling@saulttribe.net or calling 906-632-5250.

Child Development Screenings

Ages and Stages is a set of questionnaires about children's development. It has been used for more than 20 years to make sure children are developing well. A screening provides a quick look at how children are doing in important areas such as communication, physical ability, social skills, and problem-solving skills. Ages and Stages can help identify your child's strengths as well as any areas where your child may need support. I love this screening tool because it involves the parents/guardians, child and the care provider. The parent/guardian fills out the questionnaire while playing with their child and returns it to the care provider or CCDF Coordinator for results. Based on the results, the child's individualized lesson plan can be created and if an area of concern is identified then a referral can be made to an appropriate support agency.

Many Child Care Centers are already providing a child development screening. And it may be Ages and Stages, but for parents who are interested, I can provide copies of the following months in the ASQ-3: 2, 4, 6, 8, 9, 10, 12, 14, 16, 18, 20, 24, 27, 30, 33, 36, 42, and 48. Keep in mind: your children all grow and development in differing rates. And it is okay 😊

I also have the Social Emotional questionnaires in the months: 2, 6, 12, 18, 24, 30, 36, 48, and 60.

They are easy to score and if you see any area of concern, please contact me or your child's teacher or child care provider so we can give you some ideas of how to increase your child's opportunities to grow in those areas.

Any questions, please contact Trish Sterling at 906-632-5250 or psterling@saulttribe.net

Monthly Nutrition Tip

Picky Eaters and What to Do

Your child might not like every food you give him or her on the first try. Give your child a chance to try foods again and again, even if he or she does not like them at first. Children may need to try some foods many times before they like them. Here are some tips that might make trying foods again and again easier.

- Try freezing small bites of different foods. You can use these later and it avoids throwing a lot of food away.
- Wait a week before you try the new food again.
- Try mixing the new food with a food your baby likes, such as breast milk.

As your child gets older, he or she may start refusing foods he or she used to like or he or she may start showing signs of picky eating. Favoring just a couple of foods or not wanting foods to touch each other on the plate are normal behaviors. These behaviors often go away by the time your child is about 5 years old.

To learn more about picky eaters and what to do, watch [Tips for Feeding Picky Eaters](#) from the American

Make a Placemat Collage

Make snack or mealtime more fun with your own placemat! What you need: Old magazine pictures of healthy food Glue stick Scissors 1 piece of heavy paper (like cardstock, or use the back of a cereal box, an old file folder, etc.) to use as the background Clear packing tape to laminate What to do: 1. Look through old magazines and cut out an assortment of foods. Try to concentrate on healthy foods. 2. Cut the cereal box or file folder to the size you would like to use. (Skip this step if you're using cardstock) 3. Arrange the foods on your background in a pleasing display. 4. Glue the pictures to the background. 5. To keep your placemat looking good, laminate it with clear packing tape.

Fruit and Yogurt Parfaits

These cool and creamy parfaits are a great source of fruit and yummy yogurts. Round them out with your favorite cereal for a bit of crunch. You will need: Yogurt Fruit Cereal A glass Spoon What to do: 1. Place two spoonfuls of yogurt in the bottom of the glass. 2. Add some chopped fruit. You can chop it or squash it up so it's nice and juicy. You can use canned fruit, fresh fruit, or frozen fruit (thaw it a bit first!). 3. Layer a spoonful of cereal next. 4. Put on some more yogurt. 5. Add another fruit layer. 6. Finish off with a cereal layer!

Potato Scramble

The recipe for potato scramble came from Annie Buckle and her staff at the Aklavik Child Development Centre. It contains protein, vegetables and carbohydrates. Round it out with a glass of milk, and you've had each food group! You will need: Potatoes, washed, peeled and cubed (you can leave the skin on if you like) 1 onion, chopped into small pieces Green peppers, celery, broccoli or any other vegetables that you like (you can use fresh or frozen). Wash and cut these into bite sized pieces. 2 eggs Cooking oil Meat (optional), pre-cooked and cubed. Salt and pepper What to do: 1. Fry the onion in a small amount of cooking oil, until soft. 2. Add the cubed potato, and fry until it begins to cook. 3. Add the other vegetables and stir around the pan. 4. Add the meat if you're adding meat. 5. Break eggs and scramble into the pan. 6. Stir the egg and veggie mixture together. 7. Continue stirring until the egg is cooked.

More Preschool Cooking Ideas

- Stirring batter in a bowl.
- Rinsing and straining fresh fruits and vegetables.
- Mixing and kneading pizza or other yeast dough.
- Pouring liquid ingredients.
- Spreading peanut butter and jelly on bread.
- Mashing potatoes and other cooked vegetables.
- Rolling bread or pie dough.
- Using cookie and biscuit cutters.
- Whisking pancake batter.
- Cutting soft fruits and vegetables with a dull butter knife or plastic knife.
- Measuring liquid and dry ingredients.

November Crafts for Kids

- [DIY Thanksgiving banner](#) from Art Bar. How gorgeous will this painted banner look up on your wall!
- [Thanksgiving Pie Garland](#) from Joy in the Works Decorate for Thanksgiving with a garland made out of delicious looking pieces of pie, so fun!
- [Thanksgiving napkin rings](#) from Projects with Kids. Color in and make these gorgeous printable napkin rings, and color and fill in the fun 'thankful' activity sheets.
- [Styrofoam cup pilgrim hat craft](#) from I Heart Crafty Things. This mini pilgrim hat is adorable!
- [Thanksgiving dinner plate craft](#) from Glued to My Crafts. This kids craft is such a fun way to learn about and Thanksgiving, and there is a free printable template to get you started.
- [Thankfulness Tree](#) from Coffee Cups and Crayons This is such a lovely way to get the kids learning about gratefulness, and the big tree will make a great Thanksgiving decoration.
- [Lollipop stick Thanksgiving puzzles](#) from The Inspiration Edit. This is such a fun idea and you could make puzzles out of any drawings you like.
- [Beaded Napkin Rings for Thanksgiving](#) from Buggy and Buddy These kid-made napkin rings will look gorgeous on your Thanksgiving table!

Turkey Crafts for Kids

- [Paper bag turkey craft](#) from The Best Ideas For Kids This cute turkey craft is great for little ones to make.
- [Colorful paper turkey craft](#) from Messy Little Monsters. You could fill a whole wall with these colourful turkeys to make a fabulous display.
- [Yarn wrapped turkey](#) from Fantastic Fun and Learning. There is lots of fine motor skill practice going on while you make these cute turkeys.
- [Paper plate yarn weaving turkey craft](#) from I Heart Crafty Things. I love how the woven yarn makes the colours on the turkey's tail feathers!
- [Paper plate turkey wreath](#) from Non-Toy Gifts. This would look so gorgeous hanging on your front door!
- [Turkey finger puppet](#) from Red Ted Art. Do you know any turkey songs or stories you could use with this cute finger puppet?
- [Coffee filter turkey craft](#) from Buggy and Buddy. I love the gorgeous blended colors in this turkey's tail.

Acorn Crafts for Kids

- [Acorn marble necklace craft](#) from Rhythms of Play. These would make gorgeous gifts or party favours!
- [Acorn mice](#) from Kids Craft Room. How adorable is this little family of acorn mice!
- [Felted pom pom acorn craft](#) from Adventures in a Box These felted acorns would also make a gorgeous necklace, or a mobile, or use them in pretend play.
- [Sequin acorn magnets](#) from Glued to My Crafts. These would make such a pretty gift!
- [Torn paper acorn craft](#) from No Time for Flash Cards. Kids love tearing paper, so they'll love making this acorn craft.

Crafts for November

Plus don't miss these November crafts for preschoolers and these **november arts and crafts** that are sure to delight your children.

- [Paper plate cherry pie craft](#) from Glued to My Crafts. Celebrate pie season with this fun cherry pie craft, or try [this pumpkin pie version](#)!
- [Paper confetti indian corn craft](#) from School Time Snippets. The kids will love using the hole punch to make the confetti for this craft.
- [Eyedropper indian corn](#) from What Can We Do With Paper and Glue. Eye dropper painting is another activity kids love, and it makes this gorgeous indian corn craft.
- [Pinecone rolling painting activity](#) from Crafts on Sea. You can also do this fun painting activity with acorns instead of pinecones!
- [Nature Owls](#) from Messy Little Monsters Use pinecones or conkers to make these cute owls.

Parents and Caregivers,

Cooking is the No. 1 cause of home fires and home fire injuries. This year's Fire Prevention Week™ (FPW) campaign, "Serve Up Fire Safety in the Kitchen!™", works to educate everyone about simple but important actions they can take to keep themselves and those around them safe.

FPW is a perfect time to complete this cooking safety checklist together. If you checked **YES** on all the boxes, great job! If some boxes are checked **NO**, work together as a family to turn them into a **YES**.



SERVE UP Fire Safety IN THE KITCHEN!™

The Family's Cooking Safety Checklist

- YES NO Does a grown-up always pay attention to things that are cooking?
- YES NO Does a grown-up watch the stovetop when he or she is frying, boiling, grilling, or broiling food?
- YES NO If a grown-up must leave the kitchen for even a short period of time, does he or she turn off the burner?
- YES NO Are things that can burn, such as dish towels, curtains, or paper, away from the stovetop?
- YES NO Are the stovetop, burners, and oven clean — no spilled food, grease, paper or bags?
- YES NO Are pot handles turned toward the back of the stove when a grown-up is cooking?
- YES NO Do children and pets stay out of the kid-free zone (3 feet or 1 meter from the stove) when a grown-up is cooking?
- YES NO Are containers opened slowly when removing from the microwave? Hot steam can escape from containers and cause burns.
- YES NO Does your family have working smoke alarms on every level of the home, outside all sleeping areas, and in each bedroom?
- YES NO Does your family have a home fire escape plan?
- YES NO Do you practice the plan?



**FIRE
PREVENTION
WEEK™**

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**SAFE
KIDS
WORLDWIDE.**



Fire Safety Checklist

TIPS FOR PARENTS

CHECK SMOKE ALARMS

- Make sure there is a working smoke alarm on every level of your home, inside bedrooms and near sleeping areas.
- Test smoke alarms every month.
- Replace smoke alarms every 10 years.

CREATE AND PRACTICE A FIRE ESCAPE PLAN

- Create a home fire escape plan with two ways out of every room.
- Practice a home fire drill at least twice a year with your family.
- Choose a place to meet outside that is a safe distance away from your home.

IN AN EMERGENCY, LEAVE HOME IMMEDIATELY

- Make sure your family leaves the home immediately if there is a fire.
- Choose the safest escape route. If there is a lot of smoke, get low and crawl out of the house as quickly as possible.
- Call 911 after you are a safe distance away from your home.