

Sault Tribe Health Division presents:

WILD NAVIGATORS TRAIL TREK



**JOIN US FOR A HIKE WHILE LEARNING
THE BASICS OF LAND NAVIGATION**



**USING A
COMPASS**



**MAP
READING**



**OUTDOOR
ADVENTURE**

THURSDAY, OCTOBER 22, 11AM-3PM

- * **Setting: Hiawatha National Forest
North Country Trail**
- * **Meeting/Parking disclosed upon event
registraion**
- * **Orienteering Compass and waist pack
provided**
- * **Bring appropriate clothing and
footwear, hiking shoes, raingear, etc.**

**FOR QUESTIONS AND
REGISTRATION, CALL
SAULT TRIBE COMMUNITY HEALTH
906-632-5210**

NOT ALL WHO WANDER ARE LOST

Brought to you by Sault Tribe Community Health's Medical Fitness Program. Supported by the Good Health and Wellness in Indian Country with funding from the Centers for Disease Control and Prevention.