

Community Education

Hands-Only CPR & Stop the Bleed

Be ready to save a life!



Wednesday
March 18, 2026
5:30 - 6:30 p.m.

MyMichigan Medical
Center Sault
Main Lobby/Registration Area

500 Osborn Blvd.
Sault Ste. Marie, Michigan



Education is provided free
of charge to participants.

No registration is required.

Taught by certified American Heart Association and Stop the Bleed instructors.

This training does NOT lead to CPR certification.

Join us for this **free** community training
to learn essential lifesaving skills you
can use in an emergency.



YOU WILL LEARN:

- Why bystander CPR is important
- Perform Hands-Only CPR
- Recognize and respond to sudden cardiac arrest
- AED use
- Control life-threatening bleeding
- Apply direct pressure and use a tourniquet

