

HESSEL ELDER MEAL SITE

Elder Services-Hessel

906-484-2710

Lunch served 11:30-12:30

Monday thru Thursday



January

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy New Year				Closed for the New Year Holiday ¹		
4	BBQ Chicken Sweet Potato Fries Baked Beans Applesauce	5 Pancakes w/butter and syrup Scrambled egg w/cheese Sausage patties Pears	6 Sault Meeting	7 Lasagna Garlic Bread Green Beans Peaches	8 Mun/MQT Sliced Ham Red Skin Potatoes Carrots Fruit	9
11	Baked Cod French Fries Coleslaw Fruit	12 Chicken Noodle Soup Egg Salad Sandwich Oranges	13 Manistique/Escana ba	14 Shepard's Pie with Mixed Vegetables Biscuit Fruit	15 St Ignace Chicken Tenders Wild Rice Broccoli Mixed Fruit	16 Newberry
18	Hessel Meeting Cook's Choice	19 Creamy Potato Soup Turkey & Cheese Sandwich Fruit	20 Spaghetti with Meat Sauce Garlic Stix Green Beans Fruit	21 Beef Stew Cornbread Apples	22	23
25	French Toast w/syrup & Butter Bacon Peaches	26 Cheeseburger on a Bun Baked Beans Coleslaw Banana	27 Meatloaf Mashed Potatoes w/Gravy Cream Corn Pears	28	29 Chicken Chili Tortilla Chips Cottage Cheese Fruit	30
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MENU IS SUBJECT TO CHANGE.