

SAULT TRIBE HEALTH DIVISION PRESENTS:

# Group Functional Fitness Class



*Committed to Giving You Our Very Best*

## 6-week class on Fridays

- May 22, 2026 to June 26, 2026
- 10am-11am

## Eligibility

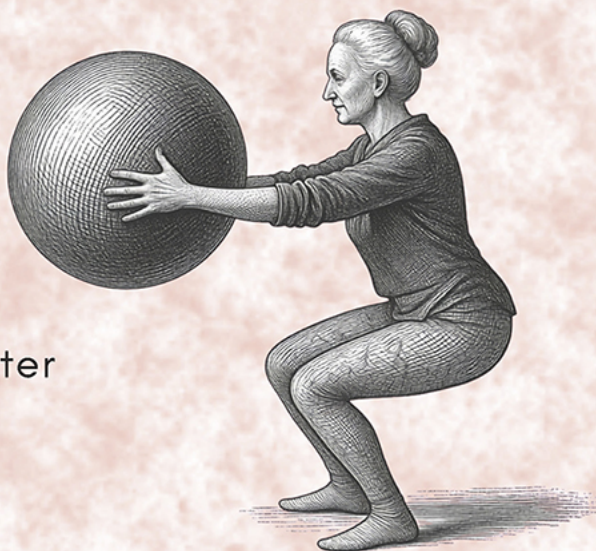
- Open to the community
- 50+ years of age

## Location

- McCann Community Center
- 399 McCann St.  
St. Ignace, MI 49781

## Register

- Sault Tribe Community Health: **906-632-5210**
- 10 participants



**WEAR COMFORTABLE LOOSE-FITTING  
CLOTHING, SECURE FITTING SNEAKERS,  
AND BRING WATER TO DRINK.**

Brought to you by Sault Tribe Community Health's Medical Fitness Program.  
Supported by the Good Health and Wellness in Indian Country with funding  
from the Centers of Disease Control and Prevention.