



SAULT TRIBE HEALTH DIVISION PRESENTS

FALL PREVENTION WORKSHOP

Falls are one of the leading causes of injury among older adults, but they aren't an inevitable part of aging. Please join Sault Tribe Community Health Educator, Lyndee Zeigler, for an interactive, practical one-day workshop designed to give you the tools, knowledge, and confidence to prevent falls before they happen.



Friday
October 2, 2026



Time
10:30am to 12:30pm



St. Ignace Public Library
110 Spruce Street
St. Ignace, MI 49781

TO REGISTER:



906-632-5210

**OPEN TO
TRIBAL AND
COMMUNITY
MEMBERS**



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