

Sault Tribe Health
Division Presents

DIABETES PREVENTION SERIES



Eating well to
improve health

**Tuesday,
November 3
from 5pm-7pm**



Physical activity to
feel better

**Thursday,
November 5
from 5pm-7pm**

Location: Sault Tribe
Health Center
2864 Ashmun St.
Sault Ste. Marie

Open to
community

Traditional meal
provided



Please list food
allergies upon
registration



906-632-5210

**Call Sault Tribe Community Health to Register
Registration Deadline is November 1st.**



Brought to you by Sault Tribe Community Health Education and Good Health
and Wellness in Indian Country grant. Made possible with funding from the
Centers of Disease Control and Prevention.