

Easy Brown Bag Lunches

COOKING CLASS



Sponsored by the
Sault Tribe Diabetes Program

Big Bear 2nd floor kitchen.
Thursday, Sept. 19, 12-2 p.m.

**All participants must call
Community Health at
632-5210 to register due to
limited class size.**



**Learn how to bag up
nutritious and delicious
lunches in this **HANDS ON**
food preparation class!**