

This event endorsed by



MICHIGAN FITNESS FOUNDATION



Eat Healthy & Play Hard

Fitness Is Life!

Where can I get more information?

If you have any questions or comments, feel free to contact Lori Jodoin at (906) 635-5055 ext. 121. You can email me at: ljodoin@jkl.school.org. You can also fax the JKL office at (906) 635-3805.

JKL Bahweting School
Billy Mills Fun Run/Walk
1301 Marquette Avenue
Sault Ste. Marie, MI 49783

Billy Mills Fun Run/Walk

5K Run, 5K Walk
Youth One Mile, Tot Trot
Featuring
Special Guest Speaker

Billy Mills



May 13, 2017
Sault Ste. Marie, Michigan

WHAT IS THE BILLY MILLS FUN RUN?

The Billy Mills Fun Run/Walk is a road race designed to promote a healthy lifestyle. We anticipate the race to draw runners and walkers from all around the area. In addition to the 5K race, there will be a 5K Walk, Youth One Mile Run, and a Tot Trot for younger children.

WHY PARTICIPATE?

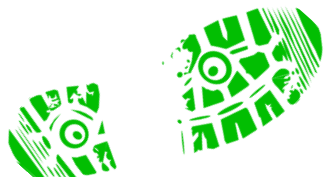
- Promote a healthy lifestyle
- Engage in friendly competition
- Spend time enjoying a fun family activity
- Receive educational information on healthy lifestyles
- Help build a healthier community
- Build self-confidence/Improve morale

WHEN & WHERE DOES IT TAKE PLACE?

The Tot Trot will begin at 8:30 a.m., th Youth One Mile Run will follow. The 5K Run and 5K Walk will begin at approximately 9:00 a.m. **All events begin at JKL Bahweting School.** JKL is located at 1301 Marquette Avenue in Sault Ste. Marie, MI

WHAT ELSE DOES THIS EVENT OFFER?

The top male and female 5K runners in the regular (4-39) masters (40-59) and grand-masters (60 & over) divisions & the top overall male and female 5K walkers will receive a plaque. All other participants will receive medals.



WHO CAN PARTICIPATE?

Anyone of any age or ability can participate in the Billy Mills Fun Run/Walk. The age limits and divisions are listed with the events below:

EVENT OPTIONS?

Tot Trot	5 & Under
Youth 1 Mile	12 & Under
Divisions for 1 Mile: (4 & under, 5 & 6, 7 & 8, 9 & 10, 11 & 12)	
5K Run	All Ages
5K Walk	All Ages
Divisions for 5K Run & Walk: 8 & under, 9-10, 11-12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+)	

REGISTRATION

There is no registration fee. Full Financial support for this year's race is being provided by the JKL Bahweting Fiduciary Committee and Moore Trospser. Remember that race shirts are limited and will be given on a first come first serve basis. Pre-register and arrive early on race day to make sure you get a shirt in the size you

HOW CAN I PARTICIPATE?

All participants are required to register. Simply fill out the attached registration form and mail it to:

JKL Bahweting School
 Attn: Lori Jodoin/Billy Mills Fun Run
 1301 Marquette Avenue
 Sault Ste. Marie, MI 49783

IMPORTANT!

Early registration is preferred, but you may register on race day. **Late registration starts at 7:30 a.m. and will end promptly at 8:15 a.m. Registrations will not be taken and bibs will not be handed out after 8:15. Pre-registered participants also need to arrive by 8:15.**

I, the undersigned, know that a road race is a potentially hazardous activity. I should not enter to run or walk unless I am medically able. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with this event, including but not limited to falls, contact with other participants, effects of weather, traffic and conditions of the course. Being aware of all associated risks, I hereby waive and release the JKL Bahweting PAC, JKL Fiduciary Committee and other sponsors of this event, their representatives and successors from all claims of liabilities of any carelessness on the part of the person named in the waiver.

(Office use only)

Bib#	T-shirt size	Y	N
<input type="checkbox"/>	Youth Small	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Youth Medium	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Youth Large	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Youth XL	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Small	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Medium	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Large	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	XL	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	XXXL	<input type="checkbox"/>	<input type="checkbox"/>

2017 Billy Mills Fun Run/Walk Registration Form

Event	<input type="checkbox"/> 5K Run	<input type="checkbox"/> 5K Walk	<input type="checkbox"/> Youth One Mile	<input type="checkbox"/> Tot Trot
Are you ?	Current JKL Student	Y	N	
	JKL Alumni	Y	N	
	Sault Tribe Member	Y	N	
	JKL or Sault Tribe Employee	Y	N	
	Current or past JKL Parent	Y	N	

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: () _____

Gender: Male Female

Age as of May 13, 2017: _____

Email: _____

Signature _____ Date: _____ Parent/Guardian (if under the age of 18) _____